



Daily Programme

Friday, 14 November 2025

Tonight: Gala Evening (Red & Gold)

Queen Mary 2 Voyage M535

Time Zone: UTC +1

Sunrise 9.20am Sunset 3.05pm

Happy birthday Your Majesty!

Today is His Majesty King Charles III's birthday. At Cunard, we're delighted to be able to say that the King attended his first Cunard event in 1968, when he was just 20 years old. As the young Prince of Wales, he joined Queen Elizabeth 2 (QE2) as she sailed from her birthplace of Clydebank downriver to Greenock. Happy Birthday to His Majesty.

At sea, en route to Ålesund, Norway



From the Navigator



Queen Mary 2 departed Tromsø late last night, re-entering the Norwegian Sea and beginning our passage to Ålesund. Sailing South along the rugged snow-capped Norwegian coast, past the Lofoten archipelago and the small island of Røst, we will cover just over 600NM between Tromsø and Ålesund. Ålesund is located at the entrance of the impressive 15km Geirangerfjord.

Today's Activities

Morning 6.00am - 1.30pm

Zumba with Georgia

9.15am, Queens Room, Deck 3, Stairway D

- 6.00am Good Morning Queen Mary 2 – Stateroom TV, Channel 24
- 8.00am Cunard Insights Talks – Stateroom TV, Channel 47
- 9.00am Christian Fellowship Gathering (unhosted) – Commodore Club, Deck 9, Stairway A
- 9.15am Zumba with Georgia^{1,2} – Queens Room, Deck 3, Stairway D
- 9.30am Solo Travellers Get-Together – Carinthia Lounge, Deck 7, Stairway B
- 9.30am Beginners Bridge Lesson with Instructor James DiNapoli – Atlantic Room, Deck 11
- 10.00am Cunard Insights: Rod Repton - Forensics & Criminology – Illuminations, Deck 3
- 10.00am Watercolour Art Class with Patricia Langewis^{2,3} – Britannia Restaurant Upper, Deck 3
- 10.15am Line Dancing with Assistant Entertainment Director Chris^{1,4} – G32, Deck 3L, Stairway D
- 10.30am Morning Trivia – Carinthia Lounge, Deck 7, Stairway B
- 10.45am Intermediate Bridge Lesson with Instructor James DiNapoli – Atlantic Room, Deck 11
- 11.00am Art Talk: Beyond The Life & Works of L.S. Lowry – Illuminations, Deck 3, Stairway B
- 11.00am Featured Speaker: Ann Daniels - Polar Explorer – Royal Court Theatre, Decks 2 & 3
- 11.00am Masonic Brethren Get-Together – Boardroom, Deck 9, Stairway A (Port)
- 11.15am High Low Darts Competition^{3,5} – Golden Lion Pub, Deck 2, Stairway C
- 11.15am Ballroom Dance Class with Alexey & Iryna: Samba^{1,5} – Queens Room, Deck 3
- 11.30am Blackjack Tournament Qualifying Round – Empire Casino, Grand Lobby, Deck 2
- 12.00pm Movie: Alarum - Duration: 1hr 35 minutes – Stateroom TV, Channel 24
- 12.15pm Cunard Insights: Dr Alison Norrington - Novelist & Playwright – Illuminations, Deck 3
- 12.30pm Queen Mary 2 Guest Choir Rehearsal – G32, Deck 3L, Stairway D
- 1.30pm Classical Concert: Maria Garzon – Queens Room, Deck 3, Stairway D

¹ For any exercise or dance classes, we ask you to bring your own drinking water. Please wear appropriate footwear for movement and fitness classes. ² Requires an art kit or craft kit at an extra cost. ³ Space limited to 20 guests. Must be 18 years or older to participate. ⁴ Activity is on a first-come, first-served basis. ⁵ Mega-Jackpot Bingo tickets are on sale at the Casino Cashier's Desk from 10.00am and outside the Golden Lion Pub from 2.00pm. ⁶ If you win the event that has this symbol next to it, you will receive a sticker, which you will redeem at the end of your voyage. ⁷ Please ensure to arrive 5 minutes before the showing for safety reasons, the doors remain closed after start of show.



Rod Repton

Murder Most Foul

He will tell you "Every contact leaves a trace" As a historian and criminologist he will look at the development of DNA and how Crime scene management and intelligence in the investigation of the most heinous crime in the world is essential. He will illustrate how he worked with the Mounties to investigate the murders of two hitchhikers using the Polygraph.

Illuminations 10.00am

Featured Speaker: Ann Daniels

Polar Explorer

Ann Daniels has worked with NASA, The European Space Agency and many scientific institutions globally to better understand the difficulties facing one of the last great wildernesses on earth. Drilling through thick ice, collecting samples and tracking ice movements at the extreme ends of the planet. This is an account of those journeys including live footage and photography on the ice.

Royal Court Theatre 11.00am



Dr Alison Norrington

Everyone Has a Book in Them : How to take your life story and turn it into a book

Everyone has a story worth telling - learn how to turn yours into a novel. Discover where to begin, what to include (and what to leave out), and how to shape your real-life experiences into a confident, compelling narrative that reads like fiction. Perfect for aspiring authors ready to share their truth through story.

Illuminations 12.15pm

Live Entertainment

Cunard Insights

Learn Something New

Social Gatherings

Let's Play

Something Special

Afternoon - Evening 2.00pm - 7.30pm

Harpist Yoana Shirkova

7.45pm, Commodore Club, Deck 9, Stairway A

- 2.00pm Quick Hit Music Trivia – Carinthia Lounge, Deck 7, Stairway B
- 2.00pm Watercolour Art Class with Patricia Langewis^{2,6} – Britannia Restaurant Upper, Deck 3
- 2.00pm Duplicate Bridge Tournament with Instructor James DiNapoli – Atlantic Room, Deck 11
- 3.00pm Cunard Street – Illuminations, Deck 3, Stairway B
- 3.00pm Hobby Corner – Carinthia Lounge, Deck 7, Stairway B
- 3.15pm US\$2,500 Mega Jackpot Bingo[^] – Golden Lion Pub, Deck 2, Stairway C
- 3.30pm Afternoon Tea with the Brevis Strings – Queens Room, Deck 3
- 4.00pm E-Sports Golf: 7 Iron Challenge^{3,6} – The Fairways, Deck 12, Stairway B
- 4.00pm Gallery Focus Tour: From Beach To The Bar – Philip Gray & Fabian Perez – Art Gallery
- 4.15pm Friends of Bill W. – ConneXions Room 5, Deck 2, Stairway A
- 4.30pm Afternoon Trivia – Carinthia Lounge, Deck 7, Stairway B
- 5.00pm LGBTQ+ Social Hour – Commodore Club, Deck 9, Stairway A
- 5.15pm Jewish Sabbath Service – ConneXions Room 4, Deck 2, Stairway A
- 5.15pm Commodore Pianist Craig Edwards – Chart Room, Deck 3, Stairway C
- 5.15pm Harpist Yoana Shirkova – Commodore Club, Deck 9, Stairway A
- 5.15pm Pub Melodies with Night Club Band 'Island Rhythm' – Golden Lion Pub, Deck 2
- 5.30pm Solo Travellers Evening Get-Together – Champagne Bar, Deck 3, Stairway B
- 5.30pm Timeless Lounge Melodies with the Vivian Clement Duo – Carinthia Lounge, Deck 7
- 6.00pm Movie: Better Man - Duration: 2hr 15m – Illuminations
- 6.45pm Harpist Yoana Shirkova – Commodore Club, Deck 9, Stairway A
- 6.45pm Cocktail Pianist David Crathorne – Chart Room, Deck 3, Stairway C
- 7.30pm Wipeout Trivia – Carinthia Lounge, Deck 7, Stairway B

Classical Concert: Maria Garzon - Musical Jewells

Maria Garzon has chosen to play some of the most beautiful pieces written for the piano for the third concert onboard.

It will include F. Chopin Berceuse and a Schubert impromptu amongst other piano works.

1.30pm, Queens Room, Deck 3, Stairway D



CUNARD STREET

Matinee Performance: Cunard Street

Originally written and performed on Queen Mary 2 by the Royal Academy of the Dramatic Arts, our Entertainment Team presents this artful and poignant glimpse into Cunard's storied past in the style of a radio play.

3.00pm, Illuminations, Deck 3, Stairway B

MAREEL

WELLNESS & BEAUTY

Mareel Wellness and Beauty® schedule of fitness and well-being seminars taking place.

- 7.00am Stretch Out – Queens Room, Deck 3, Stairway D
- 8.00am Complementary Wake up Eye Treatment Application – Mareel Wellness and Beauty
- 8.00am Total Tone Pilates* – Queens Room, Deck 3, Stairway D
- 8.30am INBODY 570 Body Composition Analysis – Mareel Wellness and Beauty, Deck 7
- 10.00am Health Seminar: Arthritis Pain Solution Dr Masanobu – Mareel Wellness and Beauty
- 11.00am Health Seminar: How to Increase Your Metabolism – Mareel Wellness and Beauty, Deck 7
- 2.00pm Relieving Back, Foot and Leg Pain – Mareel Wellness and Beauty, Deck 7, Stairway A
- 3.00pm Chinese Herbal Formula For Health with Dr Masanobu – Mareel Wellness and Beauty
- 4.00pm Slow Flow Yoga* – Knightsbridge Tender Lounge, Deck 1, Stairway C
- 5.00pm Spinning Class* – Knightsbridge Tender Lounge, Deck 1, Stairway C
- 5.00pm Complimentary Massage Tasters – Mareel Wellness and Beauty, Deck 7

* A fee applies.

Tonight's dress code: Gala Evening (Red & Gold)
Alternative dining option: Nordlys

Evening 7.45pm - Late

Music Icons who Changed the World - The Vivian Clement Duo

9.15pm, Carinthia Lounge, Deck 7, Stairway B

- 7.45pm Cocktail Pianist David Crathorne – Chart Room, Deck 3, Stairway C
- 7.45pm Harpist Yoana Shirkova – Commodore Club, Deck 9, Stairway A
- 7.45pm Caroline & Leanne Folk Duo – Golden Lion Pub, Deck 2, Stairway C
- 8.15pm Showtime: Queens of Rhythm – Royal Court Theatre, Decks 2 & 3, Stairway B
- 9.00pm Night Club Band 'Island Rhythm' – G32, Deck 3L, Stairway D
- 9.00pm Brevis Strings – Grand Lobby, Deck 2, Stairway B
- 9.00pm Cocktail Pianist David Crathorne – Chart Room, Deck 3, Stairway C
- 9.00pm Red & Gold Gala Night with the Queens Room Musicians – Queens Room, Deck 3
- 9.00pm Lucky Draw - The King's Birthday Bash – Empire Casino, Deck 2, Stairway B
- 9.15pm Music Icons who Changed the World - The Vivian Clement Duo – Carinthia Lounge
- 9.15pm Red and Gold Gala Trivia – Golden Lion Pub, Deck 2, Stairway C
- 9.15pm Commodore Club Live with Pianist Craig Edwards – Commodore Club
- 9.45pm It's Karaoke Time! – G32, Deck 3L, Stairway D
- 10.00pm Movie: Better Man - Duration: 2hr 15m – Illuminations
- 10.00pm Caroline & Leanne Folk Duo – Golden Lion Pub, Deck 2, Stairway C
- 10.00pm The Jazz Club with the Vlad Zinchenko Trio – Chart Room, Deck 3, Stairway C
- 10.15pm Showtime: Queens of Rhythm – Royal Court Theatre, Decks 2 & 3, Stairway B
- 10.15pm Vivian Clement Duo – Carinthia Lounge, Deck 7, Stairway B
- 11.45pm Night Club Band 'Island Rhythm' – G32, Deck 3L, Stairway D
- 12.30am Dance The Night Away with DJ Cliff – G32, Deck 3L, Stairway D

Showtime: Queens of Rhythm

Queens of Rhythm are a stunning female vocal trio who pay authentic tribute to the eras of Soul, Motown and Disco. The ladies will take you on a journey exploring all the greatest hits from artists such as Aretha Franklin, Tina Turner and more!

Be prepared to be immersed in show filled with first class vocals and slick routines.

Presented by Entertainment Director, Amanda Reid.

8.15pm & 10.15pm, Royal Court Theatre, Decks 2 & 3



Red & Gold Gala Night

Cunard's signature gala event, the Red & Gold gala night, celebrating the glamour and elegance of Cunard through the ages with the Queens Room Musicians and vocals from Viktoria Rubinzova and Steven Tilley.

At 9.30pm, enjoy a special dance performance from professional dance couple, Iryna and Alexey.

9.00pm, Queens Room, Deck 3, Stairway D

SHOPPING

- 9.00am Cunard Memorabilia Collection – Fashion Boutique, Deck 3
- 10.00am Bering Watches Showcase – Fashion Boutique, Deck 3
- 10.00am Flash Clearance Sale! – Market Place, Deck 3
- 11.00am Bremont Seminar – Champagne Bar, Grand Lobby, Deck 3
- 11.30am Discover Pandora Travel Charms Collections – Fashion Boutique, Deck 3
- 12.00pm Explore The World Of Fragrances – Beauty Boutique, Deck 3, Stairway B
- 12.15pm EFFY Emerald Seminar – Champagne Bar, Grand Lobby, Deck 3
- 1.00pm Weather the Elements in Style with Barbour Jackets – Fashion Boutique
- 2.00pm Chanel Fragrance and Chanel Handbag Presentation – Fine Watches Boutique
- 3.30pm Unforgettable moment with Pandora – Fashion Boutique, Deck 3
- 4.30pm Sparkle with Glendi Australian Crystals – Fashion Boutique, Deck 3
- 5.00pm Absolut Vodka Tasting Event – Duty Free Boutique, Deck 3



Movie: Better Man

A biographical film depicting the life of British pop star Robbie Williams, exploring his rise to fame, personal struggles, and musical journey.

Starring: Robbie Williams (as himself), Jonno Davies

Rated: 15 **Duration:** 2 hours 15 minutes.

6.00pm & 10.00pm, Illuminations, Deck 3, Stairway B

Red & Gold Trivia

Join the Entertainment Team and test your knowledge. Pick your teams and get ready to find out who will take the title of trivia champion.

9.15pm, Golden Lion Pub, Deck 2, Stairway C



It's Karaoke Time!

Sing your heart out to your favourite karaoke classics.

Followed by late night music from

Island Rhythm at 11.45pm.

9.45pm, G32, Deck 3L, Stairway D

For your information

It's Gala Evening time!

Our well-loved Gala Evenings are about embracing the occasion. You're invited to dress to impress and celebrate.

Ideal for the evening: should you need a little inspiration, you could choose tuxedos, smart suits with a tie or bow tie, elegant jumpsuits, floor-length dresses, cocktail dresses, shirts, and smart skirts or trousers. Military uniforms and formal national dress are also welcome.

We kindly ask you avoid non-collared shirts, t-shirts, polo shirts, jeans, or shorts, and that swim and gym wear is reserved for the Fitness Centre, Sports Deck, spa, and poolside.

Alcohol policy

Guests who are under 18 years of age are not permitted to purchase or consume alcohol on board. However, while in US waters, Cunard enforces and abides by the US legal drinking age of 21 years. You may be asked for government identification.

Hand washing and sanitising

To stay healthy, please wash your hands regularly with soap and water and use the hand sanitisers around the ship. Should you experience any symptoms of respiratory or gastrointestinal illness, please immediately return to your stateroom and notify the medical staff by phoning 999 or 911.

Global Blue Norwegian Tax Refund

During our ports of call in Norway, qualifying purchases may be made in certain shops ashore which offer the opportunity to claim a refund of the Norwegian tax. These shops are clearly identified with a Tax-Free sign. During our call in Alesund, 15 November, Global Blue Global Blue representatives will be available to process refund requests in the Grand Lobby, Deck 2, from 2.00pm - 4.00pm. Please ensure you bring your passport, your fully completed tax free cheques from Global Blue Norway, and your credit/debit cards for the refund to be processed. Minimum valid refund amount for purchase is NOK315 (including VAT) for all items other than food. There is no VAT refund on services such as restaurants, taxis, travels and hotels. Norwegian or certain other Scandinavian nationalities are excluded from the refund scheme. Refunds will be available in cash or credit cards. We regret we cannot handle any refund enquiries or requests on board.

<https://bit.ly/30xdGkm>



UK ETA - Entering the United Kingdom

If you do not possess a British or Irish passport, you are required to obtain a UK ETA, visa or must have Settled Status depending on the passport you are travelling on. This applies to all guests, regardless if you are staying on board, going ashore, in transit or disembarking.

It is your responsibility to ensure you meet the necessary entry requirements for the United Kingdom. Failure to be in possession of a valid ETA or visa will result in refusal of entry into the United Kingdom. This applies to all European and non European passport holders.

Create Unforgettable Memories

From vow renewals to birthdays and engagements, or just about any other occasion you may be joining us to celebrate, a Cunard ship is a one-of-a-kind destination on which to toast life's special milestones. Reach out to discuss the ways we can make your voyage even more magical.

Contact the Purser's Office on 22200 to arrange a meeting with your Events Manager.



Opening Times

Main Dining

Restaurants	In the Morning	In the Afternoon	In the Evening
Queens Grill Deck 7, Stairway D (for Queens Grill guests only)	8.00am - 9.30am	12.00pm - 1.30pm	6.30pm - 9.00pm
Princess Grill Deck 7, Stairway D (for Princess Grill guests only)	8.00am - 9.30am	12.00pm - 1.30pm	6.30pm - 9.00pm
Britannia Club Deck 2, Stairway D	8.00am - 9.30am	12.00pm - 1.30pm	6.30pm - 9.00pm
Britannia Deck 2, Stairway C	8.00am - 9.30am	12.00pm - 1.30pm	First Sitting: 6.00pm with last call by 6.15pm Second Sitting: 8.30pm with last call by 8.45pm
Britannia Deck 3, Stairway C (for guests on open dining only)	-	-	Open seating from 6.00pm to 9.00pm

Alternative Dining

Options	In the Afternoon	In the Evening
Steakhouse at The Verandah [§] Deck 8, Stairway D	12.00pm - 1.30pm	6.00pm - 9.00pm
Nordlys at the Kings Court Alternative [§] Deck 7, Stairway C	-	6.00pm - 9.00pm

[§]Steakhouse at The Verandah cover charge Lunch US\$35 pp Dinner US\$65pp | Dinner at Kings Court cover charge US\$35pp
Dress code applies

All Day Dining

Options	In the Morning	In the Afternoon	In the Evening
Kings Court Buffet Deck 7, Stairway B	Continental: 6.00am - 7.00am Buffet: 7.00am - 10.30am	Lunch: 11.30am - 2.30pm Afternoon Tea: 3.00pm - 5.00pm	Dinner: 6.00pm - 9.30pm Late Snack: 11.00pm - 12.30am
Kings Court Chef's Galley Deck 7, Stairway C	Healthy Corner 7.00am - 10.30am	Burgers and Hotdogs: 11.30am - 2.30pm	Pizzas and Pasta: 6.00pm - 9.00pm
Carinthia Lounge - Light Menu Deck 7, Stairway B	Breakfast: 8.00am - 10.00am	Lunch: 12.00pm - 2.30pm	
Golden Lion Deck 2, Stairway C	-	12.00pm - 2.30pm	-
Room Service 24hrs Available from the comfort of your stateroom	Breakfast Menu: 7.00am - 10.00am Brunch Menu: 10.00am - 1.00pm	Day Menu: 12.00pm - 11.00pm	Late Night Menu: 11.00pm - 7.00am

Afternoon Tea - 3.30pm - 4.30pm

Queens Room Afternoon Tea - Deck 3, stairway D

Bar and Lounge times

Boardwalk Café ^A	Closed	C32 (Guests over 18 only)	9.00pm - late
Carinthia Lounge	7.00am - 11.00pm	Grills Lounge (Grill guests only)	11.00am - 2.30pm 6.00pm to 12.00am
Champagne Bar	11.00am - late	Pavilion Pool Bar	10.00am - 5.00pm
Chart Room	10.00am - late	Sir Samuel's	8.00am - 10.00pm
Churchills Cigar Lounge	10.00am - late	Terrace Pool Bar ^A	10.00am - 10.00pm
Commodore Club	10.00am - late		
Golden Lion Pub	10.00am - late		

^Aweather permitting

Facilities and Retail times

Book Shop	9.00am - 1.00pm 2.00pm - 6.00pm	Medical Centre (dial 911 or 999 for medical emergencies) ^{AA}	By appointment only, please dial 8880 9.00am - 11.00am 4.00pm - 6.00pm
Clarendon Fine Art	10.00am - 9.00pm	On board Reservations (ext. 38000) ^A	8.00am - 6.00pm
Empire Casino Cashier	10.00am - late	Play Zone (2 - 7 years old)	10.00am - 12.00pm
Empire Casino Tables	11.00am - late	Kids/Teen Zone (8 - 17)	2.00pm - 5.00pm 6.00pm - 11.00pm
Florist	Order any time at the Purser's Office	Night Nursery (6 - 23 months)	6.00pm - 11.00pm
Images Photo Gallery Screens available 24 hrs	9.00am - 9.00pm	Purser's Office	Open 24 hours
Library	9.00am - 1.00pm 2.00pm - 6.00pm	Shore Experience Office	9.00am - 12.00pm 4.00pm - 6.00pm
Mayfair Shops	9.00am - 9.00pm	Sports Activities	8.00am - 6.00pm
Mareel Spa & Salon	8.00am - 10.00pm	Voyage Sales Make an appointment and secure your future voyage by dialling 22200	9.00am - 6.00pm
Fitness Centre	6.00am - 8.00pm		

All times are subject to change. ^AOn board Reservations to offer assistance with My Voyage and Internet reservations

^{AA}Appointments can be booked between 9.00am - 11.00am and 4.00pm - 6.00pm by dialling 8880. For medical emergencies, guests should dial 999 or 911.