

# Daily Programme

Monday, 17 February 2025		Tonight: Smart Attire	
Queen Mary 2	Voyage M504	Time Zone: GMT	
Sunrise 7.34am	Sunset 5.56pm		

# At sea, en route to Lisbon, Portugal Showtime Tonight with Allan Stewart



From the Navigator



Queen Mary 2 has continued her southerly course, now passing the mouth of the Bay of Biscay and leaving the coastlines of France and northern Spain behind. As we make our way towards the Iberian Peninsula, we are approaching the Finisterre Traffic Separation Scheme, which lies off the northwest coast of Spain. This busy maritime route ensures safe passage as vessels navigate the waters around Cape Finisterre. After rounding the cape, Queen Mary 2 will alter course to the south. This will take us down the west coast of Portugal, where we will maintain a steady course towards Lisbon, picking up the local pilot in the early morning hours.

## Port Presentation on La Palma & Tenerife

Jane Reid will be showcasing our next 2 dramatic destinations to experience the best of these islands with an overview of the ports and by exploring further afield. This talk will be shown on stateroom television channel 49 later today.

12.15pm, Illuminations, Deck 3, Stairway B



### Movie: The Martian

An astronaut becomes stranded on Mars after his team assume him dead, and must rely on his ingenuity to find a way to signal to Earth that he is alive and can survive until a potential rescue.

Starring: Matt Damon, Jessica Chastain, and Kristen Wiig. Duration: 2 hours 21 minutes.

5.30pm & 9.15pm, Illuminations, Deck 3, Stairway E



### For your information

#### What to Wear: Smart Attire

From 6.00pm on board, we request you wear collared shirt and trousers, top and skirt or stylish trousers, or a dress. Of course, if you prefer to spend tonight in more relaxed attire, a selection of casual dining and entertainment venues are available for your enjoyment. Feel free to dress casually as you visit any of the following venues: Kings Court, Golden Lion Pub, Casino, Carinthia Lounge, and G32. Please note non-ripped, jeans are appropriate, but please refrain from wearing shorts, sports attire, swim wear or sleeveless t-shirts outside of the gym, spa and deck spaces.

#### Alcohol policy

Guests who are under 18 years of age are not permitted to purchase or consume alcohol on board. However, while in US waters, Cunard enforces and abides by the US legal drinking age of 21 years. You may be asked for proof of government identification.

#### Deck chairs

Deck chairs operate on a first-come, first-served basis and cannot be reserved. For the consideration of all guests, please ensure you take your belongings when leaving a deck chair for a period of 30 minutes, or they will be removed and taken to the Purser's Office for collection.

#### Internet assistance

For any guests seeking guidance and help for the on board Wi-Fi or My Voyage app, there will be assistance in ConneXions 1, Deck 2, Stairway A from 9.00am to 12.00pm and 3.00pm to 5.00pm. Alternatively, a step-by-step guide can also be found in the My Voyage Guide located in your stateroom should these venues be busy at peak time.

#### Prohibited items on balconies

For safety reasons and to protect and preserve the marine environment, no towels or any other personal belongings are to be left on the balcony when the stateroom occupants are not present.

#### Ship's security and safety notice in Lisbon

Whilst thousands of tourists visit Lisbon each year without incident, we would like to remind you about the ongoing threat caused by pickpockets. Pickpockets like busy areas because they may operate undetected due to the general commotion. Therefore, exercise caution when taking public transportation, going to crowded marketplaces, or visiting any of the island's numerous tourist destinations.

There are a few simple things that will reduce the chances of you becoming a victim of crime:

- · Please do not carry high value items.
- Always zip or close your bags.
- Do not take all your bank or credit cards with you.
- Keep a close eye on any bag (backpack/handbag) while eating in restaurants. Try and keep them within view.
- Avoid items which easily identify you as a tourist.
- Leave your passport on the ship, unless required as a form of identification by the port officials.
   Your safety and security are always our prime concern when you are on board the ship. While the chances of you being affected by pickpockets is slim, it is important for us that you are aware of this localised issue and remain vigilant.

Should it be required, the Lisbon Police (PSP Turismo) are available at Terminal de Cruzeiros de Lisboa, Edifício SW (next to the Cruise Terminal), Av. Infante D. Henrique. The contact details are as follows: Phone: + (00) 351 8804030 or Email: lsbetur@psp.pt.



# Are you enjoying your voyage so far?



We hope you are having a lovely time on board. If you have a moment, we would be grateful if you could share your experiences with us by completing a short survey in My Voyage.

# Today's Activities

# Morning 6.00am - 1.15pm

### Sing Along with the Royal Court Theatre Company Singers 2.00pm, G32, Deck 3L, Stairway D

- 6.00am Good Morning Queen Mary 2 Stateroom TV, Channel 24
- 8.00am Cunard Insights Talks Stateroom TV, Channel 47
- 9.00am Christian Fellowship Gathering (unhosted) Boardroom, Deck 9, Stairway A
- 9.15am Zumba® Gold with Beth16 Queens Room, Deck 3, Stairway D
- 9.30am Baggo Tournament36 Pavilion Pool, Deck 12, Stairway B 🛎
- 9.30am Solo Travellers Get-Together Carinthia Lounge, Deck 7, Stairway B
- 9.30am Beginners Bridge Lesson with Instructor Therese A Koller ConneXions Rooms 4 & 5
- 9.45am Chairobics with the Entertainment Team<sup>16</sup> G32, Deck 3L, Stairway D
- 10.00am Cunard Insights: Dr Alison Norrington Storytelling: Film, TV & Novels Illuminations
- 10.00am Watercolour Art Class with Nick Owen<sup>26</sup> Britannia Restaurant Upper, Deck 3
- 10.15am Line Dancing with Ed & Frankie<sup>16</sup> Queens Room, Deck 3, Stairway D
- 📕 10.30am Morning Trivia Carinthia Lounge, Deck 7, Stairway B 🍇
- 10.45am Intermediate Bridge Lesson with Instructor Therese A Koller ConneXions Rooms 4 & 5
- 11.00am Featured Speaker: Shirley Robertson OBE Royal Court Theatre, Decks 2 & 3
  - 11.00am Practice your French Get-Together with Marine Atlantic Room, Deck 11, Stairway A
- 11.00am Rotary & Service Club Get-Together Boardroom, Deck 9, Stairway A, Port Side
- 11.15am Ballroom Dance Class with Iryna and Michal: Tango<sup>16</sup> Queens Room, Deck 3
- 11.15am Golf Darts Competition36 Golden Lion Pub, Deck 2, Stairway C 🛊
- 12.00pm Navigational Announcement
- 12.00pm Movie: Casablanca Duration: 1 hour 42 minutes Stateroom TV, Channel 24
- 12.00pm Blackjack Tournament Qualifying Rounds7 Empire Casino, Grand Lobby, Deck 2
- 12.15pm Port Presentation on La Palma & Tenerife with Jane Illuminations, Deck 3
- 12.15pm Art Talk: Twentieth Century Masters: Picasso, Dali, Lowry Queens Room, Deck 3
- 1.00pm Shuffleboard Get-Together (unhosted) Outside on Deck 13, Stairway B
- 1.15pm Cunard Insights: Nancy Appleyard Anthropology Illuminations, Deck 3

## Cunard Insights Dr Alison Norrington

"Storytelling: It's Exciting Times for Storytellers".

The world of storytelling and entertainment continues to evolve as audiences choose how, where, and when they connect with the story, disrupting old modes of interaction, distribution, and formats. Find out where (and how) these changes are happening. It is not just one thing, but all have theme as DNA and story at the heart.

10.00am, Illuminations, Deck 3, Stairway B

## Nancy Appleyard

"The Chattering Species:
How Humans Learned to Speak".
Why did humans first begin chattering to
each other all those hundreds of thousands of years
ago, and how did they go about it? Was it so that
they could work together and pass on skills? On the
other hand, did they learn to speak so that they could
share their thoughts and feelings or even gossip?
1.15pm, Illuminations, Deck 3, Stairway B





## Featured Speaker: Shirley Robertson OBE

"With just One Medal Chance Every Four Years".

Gold medal success in Olympic sailing is tough.

One entry per nation, fickle sailing conditions in random venues, even the best in the world have failed. As the first British woman ever to win back-to-back Olympic gold medals in any sport, Shirley Robertson OBE reveals what it took, not just to win, but to go back, and do it again.

11.00am, Royal Court Theatre, Decks 2 & 3, Stairway B



# Afternoon - Evening 2.00pm - 6.45pm

### Harmony Strings

5.15pm, 6.45pm & 7.45pm, Chart Room, Deck 3, Stairway C

- 2.00pm Stop the Clock Trivia Carinthia Lounge, Deck 7, Stairway B .
- 2.00 pm Sing Along with the Royal Court Theatre Company Singers G32, Deck 3L, Stairway D
- 2.00pm Table Tennis Tournament<sup>36</sup> Pavilion Pool, Deck 12, Stairway B \*
- 2.00pm Watercolour Art Class with Nick Owen<sup>26</sup> Britannia Restaurant Upper, Deck 3
- 2.00 pm Duplicate Bridge Tournament with Instructor Therese A Koller ConneXions Rooms 4 & 5 \*\*
- 2.00pm Classical Concert: Andrew Zolinsky Classical Pianist Royal Court Theatre
- 2.45pm Planetarium: 'Worlds Beyond Earth'5 Weather permitting Illuminations, Deck 3
- 3.00pm Silly Bowling Tournament<sup>36</sup> Pavilion Pool, Deck 12, Stairway B .
- 3.00pm Hobby Corner Carinthia Lounge, Deck 7, Stairway B
- 3.15pm US\$5,000 Mega-Jackpot Bingo" Golden Lion Pub, Deck 2, Stairway C
- 3.30pm Planetarium: "Worlds Beyond Earth" Weather permitting Illuminations, Deck 3
- 3.30 pm Afternoon Tea with Harpist Magdalena Reising Queens Room, Deck 3, Stairway D
- 4.00pm Golf Putting Competition == Pavilion Pool, Deck 12, Stairway B 🛎
- 4.15pm Planetarium: "Worlds Beyond Earth" Weather permitting Illuminations, Deck 3
- 4.30pm Afternoon Trivia Carinthia Lounge, Deck 7, Stairway B 🕸
- 4.45pm Sparkling Gallery Tour Clarendon Fine Art Gallery, Deck 3L, Stairway C
- 5.00pm LGBTQ+ Social Hour Commodore Club, Deck 9, Stairway A
- 5.00pm Deck Quoits Get-Together (unhosted) Outside on Deck 12, Stairway B, Port Side
- 5.00pm Friends of Bill W. Boardroom, Deck 9, Stairway A
- 5.15pm Blackthorn Irish Folk Duo Carinthia Lounge, Deck 7, Stairway B
- 5.15pm Harmony Strings Chart Room, Deck 3, Stairway C
- 5.15pm Harpist Magdalena Reising Commodore Club, Deck 9, Stairway A
- 5.30pm Solo Travellers Evening Get-Together Champagne Bar, Grand Lobby, Deck 3
- 5.30pm Movie: The Martian Duration: 2 hours 21 minutes Illuminations, Deck 3, Stairway B
- 6.45pm Harmony Strings Chart Room, Deck 3, Stairway C
- 6.45pm Harpist Magdalena Reising Commodore Club, Deck 9, Stairway A

<sup>3</sup> For any exercise or dance classes, we ask you to bring your own drinking water. Please wear appropriate footwear for movement and fitness classes. <sup>2</sup> Requires an art kit or or aft kit at an extra cost. <sup>2</sup> Space limited to 20 guests. Must be 18 years or older to participate. <sup>5</sup> Booking required. You can book using My Voyage from any smart device or by calling the Reservations Line on 38000. Arrive 5 minutes before the showing for safety reasons, the doors remain closed after start of show. <sup>5</sup> Activity is on a first-come, first-served basis. <sup>5</sup> Refer to the Discover for more information. <sup>6</sup> Mega-Jackpot Bingo tickets are on sale at the Casino Cash Desk from 10.00am and Golden Lion Pub from 2.00pm. <sup>8</sup> If you will receive a sticker, which you will redeem at the end of your voyage.

### Classical Concert: Andrew Zolinsky - Classical Pianist

"Mediterranean Masters".

Vibrant and colourful music from Italy, Spain, and France, all reflecting the influence of Spanish music.

2.00pm, Royal Court Theatre, Decks 2 & 3, Stairway B



# MAREEL

WELLNESS & BEAUTY

Mareel Wellness and Beauty® elevates every spa treatment, environment and activity to unprecedented levels. Below is the schedule of fitness and well-being seminars taking place.

- 7.00am Mindset Meditation Queens Room, Deck 3, Stairway D
- 8.00am Spinning Class\* Knightsbridge Tender Lounge, Deck 1, Stairway C
- 10.00am Non-Surgical Facelift Mareel Wellness and Beauty, Deck 7, Stairway A
- 10.30am Live Acupuncture Demonstration Mareel Wellness and Beauty, Deck 7, Stairway A
- 11.00am Eat More to Weigh Less Mareel Wellness and Beauty, Deck 7, Stairway A
- 1.00pm Detox and Figure Corrective Treatment Mareel Wellness and Beauty, Deck 7
- 2.00pm Relieving Back, Foot and Leg Pain Mareel Wellness and Beauty, Deck 7, Stairway A
  - 2.30pm Hair Masterclass Mareel Wellness and Beauty, Deck 7, Stairway A
- 3.00pm Diabetes, Weight Loss & Chinese Medicine Mareel Wellness and Beauty, Deck 7
- 4.00pm Tighten your Skin with Thermage Mareel Wellness and Beauty, Deck 7
- 4.00pm Slow Flow Yoga\* Knightsbridge Tender Lounge, Deck 1, Stairway C
- 5.00pm Total Tone Pilates\* Mareel Wellness and Beauty, Deck 7, Stairway A \* A fee applies.

## Tonight's dress code: Smart Attire Alternative dining option: Coriander

# Evening 7.30pm - Late

#### Blackthorn Irish Folk Duo

5.15pm, 9.00pm & 10.00pm, Carinthia Lounge, Deck 7, Stairway B

- 7.30pm Wipeout Trivia Carinthia Lounge, Deck 7, Stairway B
- 7.45pm Cocktail Pianist Emmanuel Vass Commodore Club, Deck 9, Stairway A
- 7.45pm Harmony Strings Chart Room, Deck 3, Stairway C
- 7.45pm A&F Duo Golden Lion Pub, Deck 2, Stairway C
- 8.15pm Showtime: Allan Stewart Royal Court Theatre, Decks 2 & 3, Stairway B
- 9.00pm Blackthorn Irish Folk Duo Carinthia Lounge, Deck 7, Stairway B
- 9.00pm '70s Rewind with DJ Steve G32, Deck 3L, Stairway D
- 9.00pm Cocktail Pianist Emmanuel Vass Chart Room, Deck 3, Stairway C
- 9.00pm Dancing Through the Decades Queens Room, Deck 3, Stairway D
- 9.15pm Movie: The Martian Duration: 2 hours 21 minutes Illuminations, Deck 3
- 9:15pm Commodore Club Live with Pianist Campbell Simpson Commodore Club, Deck 9
- 9.15pm Beatles Music Trivia Golden Lion Pub, Deck 2, Stairway C
- 9.45pm 'Changez' G32, Deck 3L, Stairway D
- 10.00pm Blackthorn Irish Folk Duo Carinthia Lounge, Deck 7, Stairway B
- 10.00pm The Jazz Club with the Mark Hodgson Trio Chart Room, Deck 3, Stairway C
- 10.00pm A&F Duo Golden Lion Pub, Deck 2, Stairway C
- 10.00pm Empire Casino Raffle7 Empire Casino, Grand Lobby, Deck 2, Stairway B
- 10.15pm Showtime: Allan Stewart Royal Court Theatre, Decks 2 & 3, Stairway B
- 10.30pm DJ Steve Spins the Hits G32, Deck 3L, Stairway D
- 10.45pm 'Changez' G32, Deck 3L, Stairway D
- 11.30pm DJ Steve Spins the Hits G32, Deck 3L, Stairway D
- 11.45pm 'Changez' G32, Deck 3L, Stairway D
- 12.30am The Beat Goes On with DJ Steve G32, Deck 3L, Stairway D

### Showtime: Allan Stewart

Allan has appeared in many television series, including 3 royal command performances. He has been starring in the Kings Theatre in Edinburgh Pantos for the last 21 years. His musical credits include "Jolson", the musical, and Mel Brooks' "The Producers". Laughter is the main ingredient in his show...he hopes. Presented by Entertainment Director, Amanda Reid.

8.15pm & 10.15pm, Royal Court Theatre, Decks 2 & 3



## Dancing Through the Decades

An opportunity to dance to the sounds of the '40s and '50s through to the new millennium.

Let the Queens Room Musicians take you on a dancing journey through the decades, with vocals from Viktoria Rubizova and Steven Tilley, under the musical direction of Paul Ferrer.

9.00pm, Queens Room, Deck 3, Stairway D



## SHOPPING

Keep an eye open for the specials and the events taking place in the Mayfair Shops.

- 9.30am Handbag Event Buy One, Get the Second with 50% Off Marketplace, Deck 3
  - 10.00am Fossil Watches Showcase Fashion Watches Boutique, Deck 3, Stairway B
- 11.30am Pandora Pinky Party 20% Off Fashion Boutique, Deck 3, Stairway B
- 2.00pm Discover the World of Chanel Presentation Beauty Boutique, Deck 3
- 5.00 pm Discover Cotswolds Single Malt Whisky Liquor Boutique, Deck 3
- 7.00 pm Insight on Gemstones as per your Anniversary Fine Jewellery Boutique

# Opening Times

		Main Di	ning		
Restaurants		the Morni		In the Afternoon	In the Evening
Queens Grill Deck 7, stairway D (for Queens Grill guests only)		00am - 9.30a	am	12.00pm - 1.30pm	6.30pm - 9.00pm
Princess Crill Deck 7, stairway D (for Princess Grill guests only)		00am - 9.30a	am	12.00pm - 1.30pm	6.30pm - 9.00pm
Britannia Club Deck 2, stairway D		00am - 9.30a	am	12.00pm - 1.30pm	6.30pm - 9.00pm
Britannia Deck 2, stairway C		8.00am - 9.30am		12.00 pm - 1.30 pm	First Sitting: 6.00pm with last cell by 6.15pm Second Sitting: 8.30pm with last cell by 8.45pm
Britannia Deck 3, stairway C (for guests on open dining only)				Open seating from 6.00pm to 9.00pm	
	Alt	ternative	Din	ing	
Options				In the Afternoon	In the Evening
Steakhouse at The Verandah	USS* Deck 8, st	tairway D		12.00pm - 1.30pm	6.00pm - 9.00pm
Coriander Dinner at Kings C  Steakhouse at The Verandah cover cha Acancellation fee of US\$15 will be a	irge Lunch US\$35p	op Dinner US\$65	ipp   Dinn	er at Kings Court cover charge Ut	6.00pm - 9.00pm S\$35pp. Dress code applies.
produceration for at scope of will see		All Day D			arrive on the back sale.
Options		In the Morning		In the Afternoon	In the Evening
Kings Court Buffet Deck 7, stairway B		Continental: 6.00am - 7.00am Buffet: 7.00am - 10.30am		Lunch: 11.30am - 2.30pm Afternoon Tea: 3.00pm - 5.00pm	Dinner: 6.00pm - 9.30pm Late Snack: 11.00pm - 12.30am
Kings Court Chef's Galley Deck 7, stairway C				Burgers and Hot Dogs: 11.30am - 2.30pm	Pizzas and Pasta: 6.00pm - 9.00pm
Carinthia Lounge - Light Me Deck 7, stairway B		"프리프리아 W (C) ' 프리스 (C)		Lunch: 12.00pm - 2.30p Afternoon Tea: 3.30pm -	
Golden Lion Deck 2, stairway C			12.00pm - 2.30pm		
Room Service <b>24hrs</b> Available from the comfort of your stateroom		Breakfast Menu: 7.00am - 10.00am Brunch Menu: 10.00am - 12.00pm		Day Menu: 12.00pm - 11.00pm Afternoon Tea: 3.00pm - 4.30pm	Late Night Menu: 11.00pm - 7.00am
	Afterno	on Tea -	3.30p	m - 4.30pm	
Qu	eens Room	Afternoon	Tea - D	eck 3, stairway D	
	Bara	and Loui	nge t	imes	
Carinthia Lounge	7.00am - 11.	.00pm (	C32 (Guests over 18 only)		9.00pm - late
Champagne Bar Chart Room	11.00am - la 10.00am - la	9	Grills Lounge (Grill guests only)		11.00am - 2.30pm 6.00pm - 12.00am
Churchill's Cigar Lounge	10.00am - tate 10.00am - late		Pavilion Pool Bar		10.00am - 5.00pm
Commodore Club	10.00am - la	- 1	Sir Samuel's		8.00am - 11.00pm
Colden Lion Pub			Terrace Pool Bar *  *weather permitting		10.00am - 10.00pm
	Faciliti	ies and F		- X-2001-10110 <del>-</del>	
		State of the Party	cctai	times	By appointment only,
Book Shop			Medical Centre (dial 911 or 999 for medical emergencies)		please dial 8880
Clarendon Fine Art	10.00am - 9.00pm		199 TOF 1	medical emergencies)	9.00am - 11.00am 4.00pm - 6.00pm
Empire Casino Cashier	10.00am - late		On Board Reservations		8.00am - 6.00pm
Empire Casino Tables	11.00am - late		(ext. 38000)^		\$100 care and a second
Florist	Order any time at the Purser's Office		Play Zone (2 - 7 years old) Kids/Teen Zone (8 - 17 years old)		10.00am - 12.00pm 2.00pm - 5.00pm 6.00pm - 11.00pm
Images Photo Callery Screens available 24hrs Walkaround Photoshoot &		upm	Night Nursery (6 - 23 months)		6.00pm - 11.00pm
		Purser		s Office	Open 24 hours
10000		- 9.00pm Shore		Experience Office	9.00am - 12.00pm
Library 9.00am - 6.0 Internet Centre Assistance 9.00am - 12.		opin			2.00pm - 5.00pm 8.00am - 6.00pm
ConneXions 1, Deck 2, Stairway A 3.00pm -		00pm i	Sports Activities * Voyage Sales Make an appointment and secure your future voyage		9.00am - 2.00pm
Mayfair Shops 9.00am - 9.00pm		00			
Mareel Spa & Salon 8.00am - 10.00pm		and the same	by dialling 22200		
Fitness Centre	6.00am - 8.00pm		*weather permitting		