



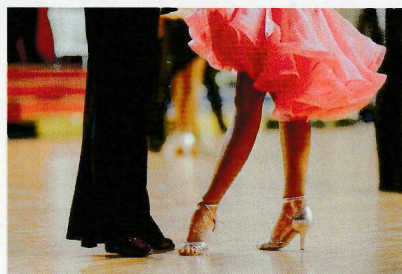
# Daily Programme.

## From the Navigator.



After following her reciprocal track from Tromsø in the early hours of this morning, Queen Elizabeth headed back into the Norwegian sea, following the Troms Og Finnmark county coastline south towards Narvik. The Troms Og Finnmark used to be two separate counties, but were merged due to regional reform. The coast is indented by large fjords, many of which are actually false fjords, as they were not carved out by glaciers.

## Music & Dancing with the Queens Room Orchestra.

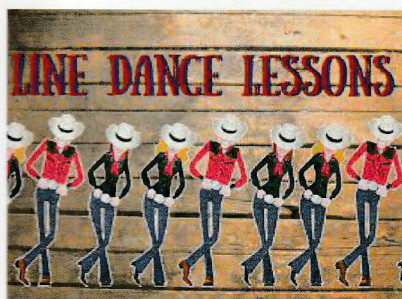


Dance to the Queens Room Orchestra in the majestic setting of our ballroom, under the musical direction of Joel Andrews.

**At 8.45pm until late,**

**Queens Room, Deck 2, Midships**

## Line Dancing Lesson.



Join a member of the Royal Court Theatre Company for some 'Boot Scootin Boogie' fun and learn how to fix an 'Achy Breaky Heart' in this exciting and easy to learn line dancing class.

**At 9.15am, Queens Room, Deck 2, Midships**

## CUNARD INSIGHTS John Maclean FRAS.

**At 10.00am**

### 'Viking Astronomy - Fact And Legend!'

Explore the Viking era of astronomy and discover the Myths and legends as well as their unique method of navigation.

## Dr Stephen Musgrave.

**At 11.00am**

### 'The Voyages of Norwegian Adventurer Thor Heyerdahl.'

The Voyages of Norwegian Adventurer Thor Heyerdahl - epic expeditions across the Pacific on a balsa wood raft and a paper boat across the Atlantic.

**Royal Court Theatre,  
Decks 1, 2 & 3, Forward**

## 'Aurora Watch with John Maclean FRAS.'



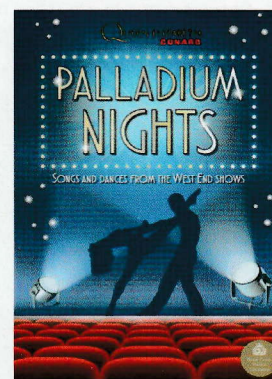
Come and join us out on deck tonight as John Maclean provides intermittent commentary under the stars whilst we wait in hope of seeing this natural phenomenon.

Don't forget your cameras as John will provide tips on how best to capture any special moments that may occur.

Keep yourselves warm as you wait by purchasing some speciality hot drinks from our bar team including mulled wine and hot chocolate. Warm clothes and appropriate footwear is advised. (Nature and Weather permitting)

**From 8.00pm until 12.00am  
Lido Pool, Deck 9, Aft**

## Tonight's highlight entertainment. Palladium Nights, Featuring the Royal Court Theatre Company.



This is a homage to the iconic and much loved British TV show, 'Sunday Night at the London Palladium', showcasing songs from the stars of the '60s and '70s. Starting with Britain's 'Mr. Showbiz' Frankie Vaughan, with his signature hat and cane, moving to the romantic ballads of Engelbert Humperdinck, 'Blue-Eyed Soul' from Dusty Springfield, Eurovision fun from Lulu, classic Tom Jones, the ever popular songs of Cliff Richard and a glamorous finale featuring the songs of Shirley Bassey tied up with a James Bond theme. Presented by Entertainment Director, Sally Sagoe.

**At 8.00pm & 10.00pm,**

**Royal Court Theatre, Decks 1, 2 & 3**

Please be aware the Theatre doors will open 30 minutes prior to the performance.

**To ensure the well-being of all guests and crew, face coverings are required to be worn throughout the entire performance. Food and beverages are not permitted.**

## Full House Party.



Be the first to complete your card as you 'collect' hit songs played by the Entertainment Team.

**At 9.00pm,  
Garden Lounge, Deck 9, Midships**



# Today's activities.

6am

**6.00am Good Morning Queen Elizabeth**  
With Entertainment Director, Sally Sagoe and guests (until 12.00pm). Followed by the movie 'Never too late' which will be repeated continuously throughout the day.  
**Stateroom TV, Channel 52**

**6.00am Cunard Insights Talk**  
An opportunity to see the recent talks presented from the Royal Court Theatre. Enjoy these talks from the comfort of your stateroom on Ch. 50.  
**Stateroom TV, Channel 50 (repeated continuously)**

8am

**8.00am Sports Activities Open**  
Golf Nets, Shuffleboard, Paddle Tennis, Bowls, Croquet and Table Tennis are available for use. As a courtesy to your fellow guests, we ask that you please sanitise the equipment before and after each use. Our sports venues are located in various areas around Decks 10 and 11.  
**Games Deck, Decks 10 & 11 (until 8.00pm)**

9am

**9.00am Card and Board Games for Self-Checkout**  
Fancy a game to play? You may checkout a deck of cards or one of many board games from our selection from our library personnel. Keep as long as you like, but kindly return when finished playing.  
**Library, Decks 2 & 3, Port Side, Grand Lobby (until 6.00pm)**

**9.00am Christian Fellowship Gathering**  
**Yacht Club, Deck 10, Forward**

**9.15am Line Dancing**  
Join a member of the Royal Court Theatre Company for some 'Boot Scootin Boogie' fun and learn how to fix an 'Achy Breaky Heart' in this exciting and easy to learn line dancing class.  
**Queens Room, Deck 2, Midships**

10am

**10.00am Insights Lecture: John Maclean**  
Viking Astronomy – Fact And Legend.  
Explore the Viking era of astronomy and discover the myths and legends as well as their unique method of navigation.  
**Royal Court Theatre, Decks 1, 2 & 3, Forward**

**10.00am Beginners Bridge Lesson**  
With Bridge Instructor, Ron Hounsell.  
We kindly ask guests who wish to play other tile, board and card games to make use of the other public rooms.  
**Card Room, Deck 3, Port Side, Grand Lobby**

**10.00am Solo Travellers' Morning Coffee Chat**  
For all those guests sailing solo, come and join this informal get together and meet your fellow solo travellers.  
**Britannia Restaurant, Deck 3, Port Side, Aft**

**10.00am Social Table Tennis**  
Led by your fellow guests.  
**Deck 9, Forward**

**10.00am Watercolour Art Class**  
All skill levels are welcome with Watercolour Artist, Patricia Langewis. Art kits are available at a cost of \$35. Space is limited.  
**Britannia Restaurant, Deck 3, Starboard Side, Aft**

**10.00am Citizen Seminar**  
Citizen is a pioneer in watchmaking and innovative technology, founded in 1918 on the principle of creating watches for all citizens of the world. Join our Watch Specialist Raees to discover more.  
**ConneXions 2 & 3, Deck 3, Port Side, Midships**

**10.15am Chairotics**  
Join Entertainment Host, Charlie for an energetic and fun workout you can do while sitting down. This is a light movement and fitness class, please wear appropriate attire.  
**Queens Room, Deck 2, Midships**

**10.15am Morning Team Trivia**  
Meet new friends and earn bragging rights in this fun and light-hearted quiz. Hosted by the Entertainment Team.  
**Garden Lounge, Deck 9, Midships**

11am

**11.00am Cunard Insights Talk: Dr. Stephen Musgrave**  
The Voyages of Norwegian Adventurer Thor Heyerdahl - Epic expeditions across the Pacific on a balsa wood raft and a paper boat across the Atlantic. This will be broadcast live on stateroom television, on channel 49.  
**Royal Court Theatre, Decks 1, 2 & 3, Forward**

**11.00am Intermediate Bridge Lesson**  
With Bridge Instructor, Ron Hounsell.  
We kindly ask guests who wish to play other tile, board and card games to make use of the other public rooms.  
**Card Room, Deck 3, Port Side, Grand Lobby**

**11.15am Ballroom Dance Class: The Cha Cha**  
Created by a Cuban violinist, the Cha Cha was named after the shuffling sound of the dancer's shoes and is one of the most popular Ballroom dances in the world today. Led by instructor Sergey. Dancers without partners welcome.  
**Queens Room, Deck 2, Midships**

11am

**11.15am Croquet Tournament**  
Hosted by the Entertainment Team. For our guests 18 years or older.  
**Games Deck, Deck 11, Forward**

12pm

**12.00pm Navigational Announcement**  
**Information from the Bridge over the public address system**

**12.00pm Movie: Never too late**  
A group of elderly people decide to break out of their retirement home but end up in unexpected and hilarious situations.  
Rating: 12A, Duration: 98 minutes.  
**Stateroom TV, Channel 52**

**12.00pm Recorded Ballroom & Latin Music**  
**Queens Room, Deck 2, Midships (until 1.00pm)**

**12.00pm Gaming Lessons**  
Join an interactive workshop for a chance to learn the most popular table games direct from our expert dealers.  
**Casino, Deck 2, Forward (until 12.30pm)**

**12.30pm Guitarist and Saxophonist Atanas Stavrev**  
**Golden Lion Pub, Deck 2, Forward**

**12.30pm Slot Clinic**  
Ever wondered what was behind all those flashing lights? Join the casino host for a beginners guide to slot machines for a chance to ask those burning questions and learn about the different games and themes available.  
**Casino, Deck 2, Forward (until 1.00pm)**

1pm

**1.30pm The Great Queen Elizabeth Photo Scavenger Hunt**  
The clues are all around you. Find them all while exploring this beautiful ship. Don't forget your smartphone or camera.  
**Garden Lounge, Deck 9, Midships**

**1.45pm Crown Jewels**  
Kings and Queens of England have stored crowns, robes, and other items of their ceremonial regalia at the Tower of London for over 600 years. Join our Jewellery Specialist Jackson as he discusses some of the impressive gemstones which make up the Crown Jewels.  
**Queens Room, Deck 2, Midships**

2pm

**2.00pm Quick Hit Music Trivia**  
Join DJ Bobby as he tests your knowledge on a variety of songs.  
**Garden Lounge, Deck 9, Midships**

**2.00pm Paddle Tennis Tournament**  
Hosted by the Entertainment Team. For our guests 18 years or older.  
**Games Deck, Deck 11, Forward**

**2.00pm Duplicate Bridge Tournament**  
With Bridge Instructor, Ron Hounsell.  
We kindly ask that guests wear masks during the tournament and make use of the hand sanitiser provided. No food or drink permitted.  
**Card Room, Deck 3, Port Side, Grand Lobby**

**2.00pm Exclusive Northern Lights Art Exhibition**  
View this mesmerizing collection of eight original works from award winning artist, Philip Gray. This is your opportunity to own the ultimate reminder of your time on board from an artist that has a passion for adventure like no other.  
**Clarendon Fine Art Gallery, Deck 3**

**2.00pm Hobby Corner**  
Bring your needlework, crafts, projects or even just yourself for a fun and informal get together with your fellow guests. This event is unhosted.  
**Commodore Club, Deck 10, Forward**

**2.00pm Watercolour Art Class**  
All skill levels are welcome with Watercolour Artist, Patricia Langewis. Art kits are available at a cost of \$35. Space is limited.  
**Britannia Restaurant, Deck 3, Starboard Side, Aft**

**2.00pm Movie: Mass**  
Aftermath of a violent tragedy that affects the lives of two couples in different ways. Staring Jason Isaacs, Martha Plimpton, Ann Dowd.  
Rated: PG-13, Duration 111 minutes.  
**Royal Court Theatre, Decks 1, 2 & 3, Forward**

3pm

**3.00pm Afternoon Tea**  
Featuring Pianist Michal Wroblewski  
**Queens Room, Deck 2, Midships**

**3.00pm Veterans Gathering**  
An informal gathering for all veterans on board. Everyone welcome.  
**Admiral's Lounge, Deck 10, Forward**

**3.00pm Snowball Jackpot Bingo**  
Join us for a Bingo extravaganza for your chance to win one of four cash prizes every session. Prepurchase your tickets from the Casino.  
**Garden Lounge, Deck 9, Midships**



# Today's activities.

3pm

**3.15pm Killer Darts Tournament** 🎯  
It's last man standing in this winner take all showdown.  
For our guests 18 years or older.  
**Golden Lion Pub, Deck 2, Forward**

4pm

**4.15pm Afternoon Team Trivia** 🎯  
Test your knowledge for bragging rights and great prizes.  
**Garden Lounge, Deck 9, Midships**

**4.15pm A world of art talk: JMW Turner and Philip Gray**  
👉 **Queens Room, Deck 2, Midships**

**4.30pm Friends of Bill W.**  
Please adhere to the social distancing measures and guidelines.  
**Admiral's Lounge, Deck 10, Forward**

**4.45pm LGBTQ+ Social Gathering**  
Please adhere to the social distancing measures and guidelines.  
**Commodore Club, Deck 10, Forward**

5pm

**5.00pm Social Bowls**  
Led by your fellow guests.  
**Games Deck, Deck 11, Forward**

**5.15pm Staple Hill Duo**  
Enjoy the musical stylings of Jack Staples and Alice Ravenhill as they blend together the perfect mix of Guitar and Vocal harmonies.  
**Commodore Club, Deck 10, Forward**

**5.30pm Solo Travellers Evening Meet Point**  
Join your fellow solo travellers for an informal chat. (Unhosted)  
**Midships Bar, Deck 3, Starboard Side, Grand Lobby**

6pm

**6.00pm Royal Arcade Portrait**  
Join our professional photographers in the Royal Arcade this evening for your portrait, featuring the elegant stairs and iconic clock.  
**Royal Arcade, Deck 2, Forward (until 9.00pm)**

**6.00pm Recorded Ballroom & Latin Music**  
👉 **Queens Room, Deck 2, Midships (until 7.15pm)**

7pm

**7.15pm Pianist Michal Wroblewski**  
👉 **Queens Room, Deck 2, Midships (until 8.00pm)**

**7.15pm Wipeout Trivia**  
The trivia with a twist. Will you keep all your points?  
Hosted by the Entertainment Team.  
**Garden Lounge, Deck 9, Midships**

**7.15pm Guitarist and Saxophonist Atanas Stavrev**  
Please adhere to the social distancing measures and guidelines.  
**Golden Lion Pub, Deck 2, Forward**

**7.15pm The EOS Strings**  
Enjoy the classical and contemporary repertoire of our string trio.  
**Grand Lobby, Deck 1, Midships**

8pm

**8.00pm Tonight's Highlight Entertainment: Palladium Nights**  
Presented by Entertainment Director, Sally Sagoe.  
👉 **Royal Court Theatre, Decks 1, 2 & 3, Forward**

**8.00pm Recorded Ballroom & Latin Music**  
👉 **Queens Room, Deck 2, Midships**

**8.00pm Aurora Watch with John Maclean FRAS**  
Join our Northern Lights Expert John Maclean out on deck as he provides intermittent commentary under the stars as we wait in hope to see this natural phenomenon. Warm clothing and suitable footwear is advised. (Nature and Weather permitting)  
**Lido Pool, Deck 9, Aft**

**8.45pm The EOS Strings**  
Enjoy the classical and contemporary repertoire of our string trio.  
**Grand Lobby, Deck 1, Midships**

**8.45pm Folk Duo: Cula**  
Join Brian Walsh and Tommy Keating as they perform a wide range of Irish music and contemporary songs.  
**Golden Lion Pub, Deck 2, Forward (until late)**

**8.45pm Music and Dancing with the Queens Room Orchestra**  
Dance to the Queens Room Orchestra in the majestic setting of our ballroom, under the musical direction of Joel Andrews.  
👉 **Queens Room, Deck 2, Midships (until late)**

**8.45pm Piano Entertainer Jacqueline Waugh**  
A sophisticated blend of popular melodies, jazz standards and the subtle rhythms of Latin America.  
**Commodore Club, Deck 10, Forward (until 12.00am)**

9pm

**9.00pm Full House Party**  
Be the first to complete your card as you 'collect' hit songs played by the Entertainment Team. Don't miss this hilarious and fun (free to play) musical Bingo.  
**Garden Lounge, Deck 9, Midships**

9pm

**9.30pm Recorded Music**  
**Yacht Club, Deck 10, Forward (until 2.00am)**

**9.45pm The EOS String**  
Enjoy the classical and contemporary repertoire of our resident string trio.  
**Grand Lobby, Deck 1, Midships**

**9.45pm Guitarist and Saxophonist Atanas Stavrev**  
**Garden Lounge, Deck 9, Midships (until 10.45pm)**

10pm

**10.00pm Tonight's Highlight Entertainment: Palladium Nights**  
Presented by Entertainment Director, Sally Sagoe.  
👉 **Royal Court Theatre, Decks 1, 2 & 3, Forward**

**10.30pm Pianist Michal Wroblewski**  
**Grand Lobby, Deck 1, Midships**

## MAREEL

WELLNESS & BEAUTY

### Fitness classes.

- 7.00am Sunrise Stretch
- 7.45am Core Assets
- 9.00am Full Cycle (\$)
- 3.00pm Slow Flow Yoga (\$)
- 4.00pm Total Tone Pilates (\$)
- 5.00pm Sunset Stretch

**Mareel Wellness & Beauty Fitness Centre, Deck 9, Forward**

### Well-being seminars.

**10.00am Collagen Induction Therapy**  
In as little as one facial like treatment, reduce the appearance of uneven skin tone, pigmentation and fine line and wrinkle on the face, neck and hands whilst stimulating the natural healing process of your skin with Microneedling.

**10.45am Acupuncture Pain Relief**  
Start feeling better today with acupuncture for joint pain, neck/back pain, knee problems, sciatica, arthritis, accidents, injuries and much more. Discover new energy to enjoy your cruise and beyond. Come and learn more at our complimentary seminar.

**Yacht Club, Deck 10, Forward**

**11.00am Burn Fat Faster**  
We need energy to move. Our bodies burn fat to create energy. So why is it so hard to burn fat, lose weight, and increase your energy levels? Let our Personal Trainers explain it all to you and show you how to achieve real results.

**Yacht Club, Deck 10, Forward**

**12.15pm Colour Your Hair With Confidence**  
Discover the hair colour that's best for you, and learn how to keep it in top condition.

**2.00pm Improving Your Posture**  
Would you like to walk in comfort, align your skeletal system, and ease those aches and pains? Join our Foot Specialist at this complimentary seminar and learn what Good Feet can do for you. Complimentary footprint analysis for all who attend.

**Yacht Club, Deck 10, Forward**

**3.00pm Acupuncture And Chinese Herbs**  
Come and find out how acupuncture is effectively used to help relieve pain, and to help you enjoy your voyage and beyond. This seminar offers integrative solutions for these chronic conditions.

**3.30pm Ladies Pamper Party**  
Join the Mareel Spa team for some "me time". Learn all the latest advice for the Health and Beauty industry. All who attend will receive a complimentary Collagen Eye Treatment, Neck and Décolleté Treatment, and a Sun Glow makeover. Please call Mareel Spa on 36002 to reserve a seat. Space is limited.

**All seminars will take place in the Mareel Wellness & Beauty Spa on Deck 9, Forward, unless otherwise stated**

## Environmental.

In order to ensure that the world's oceans and our many beautiful and unique voyage destinations remain pristine, Cunard Line prides itself on maintaining the highest standards of compliance with regards to national and international laws for the protection of the environment. In order to help save fuel and fresh water, guests are kindly asked to turn lights and televisions off when not in their staterooms and not to leave taps running unnecessarily. This would help us with our Environmental Policy, ISO 14001 and 5001, which requires us to continually improve our environmental management and reduce our carbon footprint.

## Dining Times.

 <b>Log into My Voyage</b> to make reservations or join a virtual queue. Reservations are only required where indicated (*).	OR	 <b>Call On Board</b> Reservations on 38000.
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### Queens Grill (Deck 11, Stairway B).

Breakfast:..... 8.00am to 9.30am  
 Lunch:..... 12.00pm to 1.30pm  
 Dinner:..... 6.30pm to 9.00pm

### Princess Grill (Deck 11, Stairway B).

Breakfast:..... 8.00am to 9.30am  
 Lunch:..... 12.00pm to 1.30pm  
 Dinner:..... 6.30pm to 9.00pm

### Britannia Club (Deck 2, Stairway B).

Breakfast:..... 8.00am to 9.30am  
 Lunch:..... 12.00pm to 1.30pm  
 Dinner:..... 6.30pm to 9.00pm

### Britannia Restaurant (Decks 2 & 3, Stairway C).

Breakfast:..... 8.00am to 9.30am  
 Lunch:..... 12.00pm to 1.30pm  
 Assigned Dining:..... 6.00pm (doors close 6.15pm)  
 \*Open Dining:..... 7.45pm to 9.00pm

### Queens Room (Deck 2, Stairway B).

Afternoon Tea:..... 3.00pm to 4.00pm

### Lido Buffet (Deck 9, Stairway B).

Continental Breakfast (Centre Buffet):..... 6.00am to 7.30am  
 Breakfast:..... 7.30am to 10.30am  
 Lunch:..... 11.30am to 2.30pm  
 Pizzeria Lunch:..... 12.00pm to 4.00pm  
 Dinner:..... 6.00pm to 9.00pm  
 Afternoon Tea (Centre Buffet):..... 3.00pm to 4.30pm  
 Dinner (Port Buffet):..... 6.00pm to 9.00pm  
 Late Night Snack (Centre Buffet):..... 10.00pm to 12.00am

### \*Steakhouse at The Verandah (Deck 2, Stairway B).

Lunch:..... 12.00pm to 1.30pm  
 Dinner:..... 6.00pm to 9.00pm  
 Cover charges apply, \$25 per person for lunch and \$45 per person for dinner.

## Bars & Lounges.

Café Carinthia (Deck 2, Stairway B):..... 7.00am to 11.00pm  
 Light snacks served throughout the day.  
 Commodore Club (Deck 10, Stairway A):..... 10.00am to 12.00am  
 Garden Lounge (Deck 9, Stairway B):..... 9.00am to 11.00pm  
 Golden Lion (Deck 2, Stairway A):..... 10.00am to late  
 Traditional Pub Lunch:..... 12.00pm to 2.30pm  
 Lido Bar, weather permitting (Deck 9, Aft):..... 11.00am to 6.00pm  
 Midships Gin & Fizz Bar (Deck 3, Stairway B):..... 5.00pm to 11.00pm  
 Yacht Club (Deck 10, Stairway A):..... 9.30pm to late

## Retail and Services.

Art Gallery:..... 5.00am to 9.00pm  
 Bookshop:..... 9.00am to 9.00pm  
 Casino Cash Desk:..... 10.00am to late  
 Casino Tables:..... 11.00am to late  
 Port Shop:..... 9.00am to 9.00pm  
 Royal Arcade:..... 9.00am to 9.00pm  
 The Photo Gallery:..... 9.00am to 9.00pm  
 Grand Lobby Portrait (Deck 2, Midships):..... 6.00pm to 9.00pm  
 Internet Assistance in the Library:..... 9.00am to 6.00pm  
 Library:..... 9.00am to 6.00pm  
 Medical Centre:..... By appointment only, dial 8880  
 ..... from 8.00am to 11.00am & 3.00pm to 5.00pm  
 In case of an emergency dial 999/911.  
 Mareel Fitness Centre:..... 7.00am to 7.30pm  
 Mareel Spa & Salon:..... 7.30am to 9.30pm  
 Tour Office:..... 9.00am to 6.00pm  
 Voyage Sales:..... By appointment only, please dial 33000  
 Lido Pool, weather permitting (Deck 9, Stairway C):..... 7.00am to 9.00pm  
 Lido Jacuzzi (Deck 9, Starboard Side, Stairway C):..... 7.00am to 9.00pm  
 Lido Jacuzzi (Deck 9, Port Side, Stairway C):..... 7.00am to 9.00pm  
 Pavilion Pool, weather permitting (Deck 9, Stairway A):.....  
 ..... 7.00am to 9.00pm  
 Pavilion Jacuzzi (Deck 9, Starboard Side, Stairway A):.....  
 ..... 7.00am to 9.00pm  
 Pavilion Jacuzzi (Deck 9, Port Side, Stairway A):..... Closed  
 Please be advised that the hot tubs and swimming pools are not supervised.  
 Sports Equipment Available (open decks):..... 8.00am to 8.00pm

## What to wear.

Friday, 25 March (Narvik, Norway)..... Smart Attire  
 Saturday, 26 March..... Smart Attire  
 Sunday, 27 March..... Gala Evening Attire (Roaring 20s)\*  
 Monday, 28 March (Bergen, Norway)..... Smart Attire  
 Tuesday, 29 March..... Smart Attire

## Gala Evenings.

Dinner jacket, tuxedo, or dark suit with regular tie or bow tie for gentlemen. Evening or cocktail dress, smart trouser suit, or formal separates for ladies.

\*Guests are welcome to embellish their Gala Evening attire to fit the applicable theme of the evening, for Black & White night, by dressing in simple, monochrome finery, for Red and Gold night, celebrate the best of Cunard, turn up the glamour with your finest red and gold evening wear, and for Roaring 20s night, go all out glamour or adorn a flourish which embraces the spirit of the decade.

## Smart Attire.

Gentlemen, every night we request you wear trousers with a collared shirt; jacket and tie is optional. Ladies, blouses and skirts or stylish trousers and dresses are welcome.

## Relax.

Feel free to dress casually as you visit any of the following venues: Lido Restaurant, Golden Lion, Casino, Café Carinthia, Garden Lounge and Yacht Club.

Non-ripped jeans are appropriate, but please refrain from wearing shorts, sports attire, swim wear or sleeveless t-shirts outside of the gym, spa and deck spaces.

## Internet connectivity.

Please be advised that on our way and during our voyage, we are likely to have intermittent internet connectivity due to the ship's location. We apologise for the inconvenience and thank you for your understanding.

## Smoking Policy.

In response to customer feedback we have recently updated our smoking policy. All public spaces are designated as non smoking areas within the ship, with the exception of our designated smoking areas, on the starboard side of Decks 3 and 10. Please be aware smoking is not permitted in the area/walkway above the canvas canopy linking the port and starboard side. Smoking is not permitted in your stateroom/suite or on your balcony. Electronic cigarettes and vaporising devices, including those which do not emit smoke/vapour, are permitted in designated smoking areas only. This change has been made for the safety and comfort of our guests and means that all guests will be able to enjoy full use of all areas of the ship, and their private balconies. Churchill's is a lounge dedicated to cigar and pipe smokers only. Thank you for your cooperation.

## Alcohol Policy.

Guests under 18 years of age are not permitted to purchase or consume alcohol on board. Please be aware that proof of age by means of government issued photographic identification, may be requested. Guests under the age of 18 years are also not permitted in the Yacht Club after 11.00pm.

## Noise in guest areas.

We kindly ask all guests to be respectful with regards to keeping noise to a minimum. Please try not to slam stateroom doors either into corridors or onto balconies, and be mindful when using the launderette facilities as guests around you may be resting. We are sure you will understand this small courtesy helps all to enjoy a relaxing voyage.

## Northern Lights Information.

You will be able to find information regarding the statistical likelihood of Northern Light sightings on channel 45 of your stateroom television. This will be updated every four hours.

We will also be making a broadcast during the night, should there be a sighting. You will be able to hear this broadcast on channel 41 of your television. If you are retiring for the evening and do not want to miss any possible sightings we suggest you leave your television on channel 41.

We will not be broadcasting this information automatically through staterooms.

The only occasion we will disturb you in your stateroom is in the event of an emergency.