Queen Elizabeth Voyage Q208N

Sunday, 20 March 2022

Sunrise 6.43am Sunset 6.57pm



Tonight: Smart Attire At sea en route to Ålesund, Norway

# Daily Programme.

# From the Navigator.



Overnight Queen Elizabeth has been making her way north across the North Sea, a relatively shallow expanse of water. This morning you may notice some offshore platforms engaged in drilling for oil.

By early afternoon Queen Elizabeth will have the south-east coast of Norway on her starboard side. She will continue to follow the Norwegian coastline north until the early tomorrow morning when she will alter to the east on her approach to Alesund.

# Fime change reminder.



Please be advised that early this morning at 2.00am, the ship's clocks were set forward by one hour.

Let the Good Times Roll with DJ Bobby.



Join DJ Bobby as he spins music from the 1950s, 1960s, and beyond. From 10.45pm, Yacht Club, Deck 10

# Staple Hill Duo.



Enjoy the musical stylings of Jack Staples and Alice Ravenhill. At 7.15pm & 10.45pm, 7 Queens Room, Deck 2, Midships

# Traditional Maritime Church Service.



Conducted by Captain Stephen Howarth. Collection boxes will be available at the Deck 2 entrances after the service. At 10.00am, **?** Royal Court Theatre, Decks 1, 2 & 3, Forward

# CUNARD INSIGHTS

# Dr Stephen Musgrave.

At 11.00am 'Vikings, Saxons, Celts and Romans in Britain.' Exploring the invasions and migration of our predecessors over the past three millennia. Viking leader Rollo, a Norwegian from Alesund altered the course of history in the British Isles; along with the Celtish leaders transformed the British Isles and its people.

⑦ Royal Court Theatre, Decks 1, 2 & 3, Forward

# Port Presentation: Narvik.

At 12.15pm Join Lesley, who will introduce you to Narvik, a port town sitting at the tip of the peninsula between the Rombaksfjord and Beisfjord.



This gateway port allows you to explore mountains, waterways and untouched countryside. Lesley is here today to show you the highlights, so that you can enjoy a fabulous day ashore.

> ⑦ Royal Court Theatre, Decks 1, 2 & 3, Forward

# Tonight's highlight entertainment. West End leading lady and Star of 'We Will Rock You.' Jenna Lee-James



Jenna takes you on a journey through her incredible career from humble beginnings in Scotland to making her debut in Theatreland, and beyond. With music and stories from performances all around the world including The London Palladium, Madison Square Garden and Hollywood Bowl. Featuring songs from her debut album

Featuring songs from her debut album 'On the edge', some musical favourites and much more. Presented by Entertainment Director, Sally Sagoe.

#### At 8.00pm & 10.00pm, ⑦Royal Court Theatre, Decks 1, 2 & 3

Please be aware the Theatre doors will open 30 minutes prior to the performance. To ensure the well-being of all guests

and crew, face coverings are required to be worn throughout the entire performance. Food and beverages are not permitted.

# Music & Dancing with the Queens Room Orchestra.



Dance to the Queens Room Orchestra in the majestic setting of our ballroom, under the musical direction of Joel Andrews. Featuring vocalists Jack Kenney and Esther Sabine. At 7.15pm & 8.45pm, ØQueens Room, Deck 2, Midships



6am	<ul> <li>6.00am Good Morning Queen Elizabeth</li> <li>With Entertainment Director, Sally Sagoe and guests (until 12.00pm). Followed by the movie 'Ghostbusters: Afterlife' which will be repeated continuously throughout the day.</li> <li>Stateroom TV, Channel 52</li> <li>6.00am Cunard Insights Talk</li> <li>An opportunity to see the recent talks presented from the Royal Court Theatre. Enjoy these talks from the comfort of your stateroom TV, Channel 50 (repeated continuously)</li> </ul>	11pn 12pr
Sam	8.00am Sports Activities Open Golf Nets, Shuffleboard, Paddle Tennis, Bowls, Croquet and Table Tennis are available for use. As a courtesy to your fellow guests, we ask that you please sanitise the equipment before and after each use. Our sports venues are located in various areas around Decks 10 and 11. Games Deck, Decks 10 & 11 (until 8.00pm)	
9am	<ul> <li>9.00am Card and Board Games for Self-Checkout</li> <li>Fancy a game to play? You may checkout a deck of cards or one of many board games from our selection from our library personnel. Keep as long as you like, but kindly return when finished playing.</li> <li>Library, Decks 2 &amp; 3, Port Side, Grand Lobby (until 6.00pm)</li> <li>9.00am Christian Fellowship Gathering</li> <li>Yacht Club, Deck 10, Forward</li> <li>9.15am Line Dancing</li> <li>Join a member of the Royal Court Theatre Company for some</li> <li>'Boot Scootin Boogie' fun and learn how to fix an 'Achy Breaky Heart' in this exciting and easy to learn line dancing class.</li> <li>''Queens Room, Deck 2, Midships</li> </ul>	1pm
10am	<ul> <li>10.00am Traditional Maritime Church Service</li> <li>Royal Court Theatre, Decks 1, 2 &amp; 3, Forward</li> <li>10.00am Beginners Bridge Lesson</li> <li>With Bridge Instructor, Ron Hounsell.</li> <li>We kindly ask guests who wish to play other tile, board and card games to make use of the other public rooms.</li> <li>Card Room, Deck 3, Port Side, Grand Lobby</li> <li>10.00am Solo Travellers' Morning Coffee Chat</li> <li>For all those guests sailing solo, come and join this informal get together and meet your fellow solo travellers.</li> <li>Britannia Restaurant, Deck 3, Port Side, Aft</li> </ul>	2pn
	<ul> <li>10.00am Social Shuffleboard Led by your fellow guests.</li> <li>Deck 10, Aft, Port Side</li> <li>10.00am A Winner For Beginners A Winner for Beginners! Spend your first \$20 in the slots and receive an extra \$5! See the casino staff for more details</li> <li>Casino, Deck 2, Forward (until late)</li> <li>10.00am Watercolour Art Class All skill levels are welcome with Watercolour Artist, Patricia Langewis. Art kits are available at a cost of \$35. Space is limited.</li> </ul>	
	<ul> <li>Britannia Restaurant, Deck 3, Starboard Side, Aft</li> <li>10.00am Diamond Seminar</li> <li>The Diamond is more than just aesthetically beautiful, it's an enduring symbol of love, romance, and commitment. Join our Jewellery Specialist Jackson to discover the all important 4 C's and learn why Diamonds really are a girl's best friend.</li> <li>ConneXions 2 &amp; 3, Deck 3, Port Side, Midships</li> <li>10.15am Chairobics</li> <li>Join Entertainment Host, Charlie for an energetic and fun workout you can do while sitting down. This is a light movement and fitness</li> </ul>	
	class, please wear appropriate attire. <b>?Queens Room, Deck 2, Midships</b> <b>10.15am Morning Team Trivia</b> Meet new friends and earn bragging rights in this fun and light-hearted quiz. Hosted by the Entertainment Team. <b>Garden Lounge, Deck 9, Midships</b>	
11am	<ul> <li>11.00am Cunard Insights Talk: Dr. Stephen Musgrave 'Vikings, Saxons, Celts and Romans in Britain.' This will be broadcast live on stateroom television, on channel 49.</li> <li> 'Royal Court Theatre, Decks 1, 2 &amp; 3, Forward </li> <li>11.00am Intermediate Bridge Lesson With Bridge Instructor, Ron Hounsell. We kindly ask guests who wish to play other tile, board and card games to make use of the other public rooms. Card Room, Deck 3, Port Side, Grand Lobby </li> <li>11.15am Ballroom Dance Class: Beginner's Tango With its origins in the lower-class districts between Buenos Aires and Montevideo, the Tango is an exhilarating partner and social dance that is vibrant, playful, and expressive. Led by instructor Sergey. </li> </ul>	3pr

#### Dancers without partners welcome. ?Queens Room, Deck 2, Midships



## 11.15am Croquet Tournament 🛎

Hosted by the Entertainment Team. For our guests 18 years or older. Games Deck, Deck 11, Forward

#### 12.00pm Navigational Announcement Information from the Bridge over the public address system

#### 12.00pm Movie: Ghostbusters: Afterlife

When a single mom and her two kids arrive in a small town, they begin to discover their connection to the original Ghostbusters and the secret legacy their grandfather left behind. Rating: 12A, Duration: 124 minutes. Stateroom TV, Channel 52

## 12.00pm Recorded Ballroom & Latin Music

ŶQueens Room, Deck 2, Midships (until 1.00pm)

12.15pm Port Presentation: Narvik Join Lesley, who will introduce you to Narvik, a port town sitting at the tip of the peninsula between the Rombaksfjord and Beisfjord. **Royal Court Theatre, Decks 1, 2 & 3, Forward** 

#### 12.30pm The Winner Takes It All - Blackjack Tournament

Pit your luck against fellow guests in an exhilarating Blackjack Tournament, open to all levels. The top seven scores will compete in the grand finale for a chance to win the cash prize. Purchase your ticket from the Casino Cashier, it's just \$10.00 to enter. Casino, Deck 2, Forward

#### 12.30pm Guitarist and Saxophonist Atanas Stavrev Golden Lion Pub, Deck 2, Forward



1.30pm The Great Queen Elizabeth Photo Scavenger Hunt Did you find them all? Come redeem your prize.



Please note you must attend this event in order to receive your prize. Garden Lounge, Deck 9, Midships

1.45pm Ballroom Dance Class: Advanced Tango Led by instructor Sergey. Dancers without partners welcome.  $\vartheta$  Queens Room, Deck 2, Midships

Redemption 🛎

2.00pm Quick Hit Music Trivia S Join DJ Bobby as he tests your knowledge on a variety of songs. Garden Lounge, Deck 9, Midships

#### 2.00pm A World of Art Talk: The Subtlety of Naïve Art.

A look into the movement of Naive art from the early innovators to the modern day talents. This uplifting style of artwork has collectors from all across the world as it celebrates the fun, whimsical side of life. This talk will tell you more about the lives of Rebecca Lardner, Doug Hyde and more. ConneXions 2 & 3, Deck 3, Port Side, Midships

#### 2.00pm Paddle Tennis Tournament 🛎

Hosted by the Entertainment Team. For our guests 18 years or older. Games Deck, Deck 11, Forward

#### 2.00pm Duplicate Bridge Tournament 🏶

With Bridge Instructor, Ron Hounsell. We kindly ask that guests wear masks during the tournament and make use of the hand sanitiser provided. No food or drink permitted. Card Room, Deck 3, Port Side, Grand Lobby

#### 2.00pm Hobby Corner

Bring your needlework, crafts, projects or even just yourself for a fun and informal get together with your fellow guests. This event is unhosted. Commodore Club, Deck 10, Forward

#### 2.00pm Watercolour Art Class

All skill levels are welcome with Watercolour Artist, Patricia Langewis. Art kits are available at a cost of \$35. Space is limited. Britannia Restaurant, Deck 3, Starboard Side, Aft

#### 2.00pm Movie: No Time to Die

James Bond has left active service. His peace is short-lived when Felix Leiter, an old friend from the CIA, turns up asking for help, leading Bond onto the trail of a mysterious villain armed with dangerous new technology. Rated: 12A, Duration 163 munites. ? Royal Court Theatre, Decks 1, 2 & 3, Forward

#### 3.00pm Afternoon Tea

Featuring Guitarist, Atanas Stavrev. We kindly ask that guests do not reserve seats due to limited seating. 7 Queens Room, Deck 2, Midships

#### 3.00pm Snowball Jackpot Bingo

Join us for a Bingo extravaganza for your chance to win one of four cash prizes every session. Pre-purchase your tickets from the Casino. Garden Lounge, Deck 9, Midships

#### 3.00pm Masonic Brethren Get Together

A informal meeting for all lodge members from around the world. Please adhere to the social distancing measures and guidelines. Admiral's Lounge, Deck 10, Forward



# Today's activities.

3pm	3.15pm Killer Darts Tournament It's last man standing in this winner take all showdown. For our guests 18 years or older. Golden Lion Pub, Deck 2, Forward	8pm	
4pm	4.15pm Afternoon Team Trivia 🖲 Test your knowledge for bragging rights and great prizes. Garden Lounge, Deck 9, Midships		e A s
	<b>4.15pm Birthstone Seminar</b> Birthstones and their vivid colours have long been a way to connect to your birth month and these rare and unique gemstones can be a meaningful gift. Discover the romance and folklore behind your birthstone with our Jewellery Specialist, Jackson. <b>?Queens Room, Deck 2, Midships</b>	9pm	
	4.30pm Friends of Bill W. Please adhere to the social distancing measures and guidelines. Admiral's Lounge, Deck 10, Forward		
	4.45pm LGBTQ+ Social Gathering Please adhere to the social distancing measures and guidelines. Commodore Club, Deck 10, Forward		
5pm	5.00pm Social Bowls Led by your fellow guests. Games Deck, Deck 11, Forward	10pm	1
	5.15pm The EOS Strings Enjoy the classical and contemporary repertoire of our string trio. Grand Lobby, Deck 1, Midships		9 1 F
	5.15pm Everglow Duo Agata and Sean Buttigieg perform an exciting mix of contemporary and classic songs. Commodore Club, Deck 10, Forward		1 E
	5.30pm Solo Travellers Evening Meet Point Join your fellow solo travellers for an informal chat. Midships Bar, Deck 3, Starboard Side, Grand Lobby		1 J Y
6pm	6.00pm Grand Lobby Portrait: Sparkle Join our team of friendly photographers and have some fun with our sparkly portrait in the Grand Lobby this evening. Grand Lobby, Deck 2, Midships		
	6.00pm Recorded Ballroom & Latin Music ở Queens Room, Deck 2, Midships (until 7.15pm)	E.	
	6.15pm Pianist Michal Wroblewski Grand Lobby, Deck 1, Midships (until 7.00pm)	Fitness 7.00am 7.45am 9.00am	Cla C F
7pm	7.15pm Music and Dancing with the Queens Room Orchestra Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Featuring vocalists Jack Kenney and Esther Sabine, under the musical direction of Joel Andrews. <b>?Queens Room, Deck 2, Midships</b>	3.00pm 4.00pm 5.00pm Mareel V Well-be	Vell
	<b>7.15pm Wipeout Trivia</b> The trivia with a twist. Will you keep all your points? Hosted by the Entertainment Team. <b>Garden Lounge, Deck 9, Midships</b>	9.45am Discover consulta 10.45am	T hi tior
	7.15pm Guitarist and Saxophonist Atanas Stavrev Golden Lion Pub, Deck 2, Forward	Improve	the
	7.15pm Staple Hill Duo Enjoy the musical stylings of Jack Staples and Alice Ravenhill as they blend together the perfect mix of Guitar and Vocal harmonies. Golden Lion Pub, Deck 2, Forward	11.00am Is the fat Our fitne Yacht Clu	in ss:
	7.15pm The EOS Strings Enjoy the classical and contemporary repertoire of our string trio. Grand Lobby, Deck 1, Midships	12.15pm Learn ab informati eye treat	out ive, me
8pm	8.00pm Tonight's Highlight Entertainment: Vocalist, Jenna Lee-James Presented by Entertainment Director, Sally Sagoe. <b>∂Royal Court Theatre, Decks 1, 2 &amp; 3, Forward</b>	Yacht Clu 2.00pm Would yo knee, hip Yacht Clu	V bul
	8.00pm Recorded Ballroom & Latin Music <b><sup>3</sup>Queens Room, Deck 2, Midships</b>	2.00pm Come an	
	8.45pm The EOS Strings Enjoy the classical and contemporary repertoire of our string trio.	help you for these 3.30pm	
	Grand Lobby, Deck 1, Midships (until 9.30pm)8.45pmFolk Duo: CulaJoin Brian Walsh and Tommy Keating as they perform a wide range ofIrish music and contemporary songs.Golden Lion Pub, Deck 2, Forward (until late)	One luck will recei which ha shape, sk All semir Forward,	y g ve a kin s har

m	8.45pm Music and Dancing with the Queens Room Orchestra Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Featuring vocalists Jack Kenney and Esther Sabine, under the musical direction of Joel Andrews. ?Queens Room, Deck 2, Midships (until 10.30pm)
	8.45pm Piano Entertainer Jacqueline Waugh A sophisticated blend of popular melodies, jazz standards and the subtle rhythms of Latin America. Commodore Club, Deck 10, Forward (until 12.00am)
m	9.00pm Mega Movies Quiz Calling all movie buffs. Take a trip to Tinsel Town and take home the award for the most correct answers. Hosted by the Entertainment Team. Garden Lounge, Deck 9, Midships
	9.30pm DJ Bobby Spins the Hits DJ Bobby will play a range of music that is sure to get you on your feet. Yacht Club, Deck 10, Forward
	9.45pm Pianist Michal Wroblewski Grand Lobby, Deck 1, Midships (until 10.30pm)
	9.45pm Guitarist and Saxophonist Atanas Stavrev Garden Lounge, Deck 9, Midships (until 10.45pm)
om	10.00pm Tonight's Highlight Entertainment: Vocalist, Jenna Lee-James Presented by Entertainment Director, Sally Sagoe. <b>Proval Court Theatre, Decks 1, 2 &amp; 3, Forward</b>
	10.00pm DJ Bobby's Music Quiz How well do you know your music? Come take on DJ Bobby at this trivia. Yacht Club, Deck 10, Forward
	10.45pm Staple Hill Duo Enjoy the musical stylings of Jack Staples and Alice Ravenhill. <b>⑦Queens Room, Deck 2, Midships</b>
	10.45pm Let the Good Times Roll with DJ Bobby Join DJ Bobby for Rock 'n' Roll, '50s, '60s and more. Yacht Club, Deck 10, Forward (until late)



tness c	lasses.
.00am	Sunrise Stretch
.45am	Core Assets
.00am	Full Cycle (\$)
.00pm	Slow Flow Yoga (\$)
.00pm	HIIT Reboot (\$)
.00pm	Sunset Stretch
areel We	ellness & Beauty Fitness Centre, Deck 9, Forward
ell-bei	ng seminars.
	The Healing Benefits of Acupuncture

9.45am The Healing Benefits of Acupuncture Discover how acupuncture can benefit you. Request a complimentary consultation with our licensed Acupuncturist.

10.45am Tighten your Skin with Thermage mprove the appearance of the face and body in a single treatment. Reserve a complimentary consultation with our Medi-Spa Physician Dr Ricardo Paez 11.00am How to Increase your Metabolism

s the fat in your body resistant to change? Kick your metabolism into high gear. Our fitness seminar will inspire your wellness goals. **Yacht Club, Deck 10, Forward** 

## 12.15pm Bright Eyes

Learn about the cause of those puffy eyes, dark circles, and how to get relief at this nformative, interactive talk with our ELEMIS Facial Therapist. Complimentary are treatments for all who attend.

#### Yacht Club, Deck 10, Forward

#### 2.00pm Walking in comfort with Good feet

Would you like to ease your aches and pains? If you suffer from foot, ankles, knee, hip, lower back, neck or shoulder pain, your footprint may hold the answer. Yacht Club, Deck 10, Forward

# 2.00pm Arthritis and Back pain solutions

Come and find out how acupuncture is effectively used to help relieve pain, to help you enjoy your voyage and beyond. This seminar offers integrative solutions for these chronic conditions.

#### 3.30pm Hair Show Ultimate cut

One lucky guest will receive a win complimentary style. All guests who attend will receive a complimentary hair consultation. Join our Hair Stylists and learn which hair styles and colours complement or clash with your body shape, face shape, skin tone, lifestyle and clothing.

All seminars will take place in the Mareel Wellness & Beauty Spa on Deck 9, Forward, unless otherwise stated

# Dining Times.

©   Log into My Voyage OR to make reservations or join a virtual queue.   Reservations are only required wh	Call On Board Reservations on 38000. nere indicated (*).
Queens Grill (Deck 11, Stairway B). Breakfast: Lunch: Dinner:	
Princess Grill (Deck 11, Stairway B) Breakfast: Lunch: Dinner: Britannia Club (Deck 2, Stairway B	

Lunch:.....12.00pm to 1.30pm 

# Britannia Restaurant (Decks 2 & 3, Stairway C

\*Open Dining:.....7.45pm to 9.00pm

Queens Room (Deck 2, Stairway B).

## Lido Buffet (Deck 9, Stairway B).

Continental Breakfast (Centre Buffet):	6.00am to 7.30am
Breakfast:	7.30am to 10.30am
Lunch:	11.30am to 2.30pm
Pizzeria Lunch:	
Dinner:	6.00pm to 9.00pm
Afternoon Tea (Centre Buffet):	3.00pm to 4.30pm
Spanich Dinner (Port Buffet):	6.00pm to 9.00pm
Late Night Snack (Centre Buffet):	10.00pm to 12.00am

## \*Steakhouse at The Verandah (Deck 2, Stairway B).

Cover charges apply, \$25 per person for lunch and \$45 per person for dinner.

# Bars & Lounges.

Café Carinthia (Deck 2, Stairway B):	7.00am to 11.00pm
Light snacks served throughout the day.	
Commodore Club (Deck 10, Stairway A):	10.00am to 12.00am
Garden Lounge (Deck 9, Stairway B):	9.00am to 11.00pm
Golden Lion (Deck 2, Stairway A):	10.00am to late
Traditional Pub Lunch:	12.00pm to 2.30pm
Lido Bar, weather permitting (Deck 9, Aft):	11.00am to 6.00pm
Midships Gin & Fizz Bar (Deck 3, Stairway B)	: 5.00pm to 11.00pm
Yacht Club (Deck 10, Stairway A):	

# Retail and Services.

10.00am to 9.00pm
9.00am to 9.00pm
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& 3.00pm to 5.00pm
7.00
7.00am to 7.30pm
/ .30am to 9.30pm
9.00am to 6.00pm
nly, please dial 33000
10.00am to 12.00pm,
nly, please dial 33000 10.00am to 12.00pm, & 6.30pm to 11.00pm
):/.00am to 9.00pm
):7.00am to 9.00pm
7.00am to 9.00pm
airway A):

Pavilion Pool, weather permitting (Deck 9, Stairway A): 7.00am to 9.00pm Pavilion Jacuzzi (Deck 9, Starboard Side, Stairway A): 7.00am to 9.00pm Pavilion Jacuzzi (Deck 9, Port Side, Stairway A): Closed Please be advised that the hot tubs and swimming pools are not supervised.

Sports Equipment Available (open decks):......8.00am to 8.00pm

## What to wear.

Monday, 21 March (Ålesund, Norway)	Smart Attire
Tuesday, 22 MarchGala Evening Attire	(Red and Gold)*
Wednesday, 23 March (Tromsø, Norway)	Smart Attire
Thursday, 24 March	
Friday, 25 March (Narvik, Norway)	Smart Attire
Saturday, 26 March	
Sunday, 27 MarchGala Evening Attir	
Monday, 28 March (Bergen, Norway)	
Tuesday, 29 March	Smart Attire

#### Gala Evenings.

Dinner jacket, tuxedo, or dark suit with regular tie or bow tie for gentlemen. Evening or cocktail dress, smart trouser suit, or formal separates for ladies.

\*Guests are welcome to embellish their Gala Evening attire to fit the applicable theme of the evening, for Black & White night, by dressing in simple, monochrome finery, for Red and Gold night, celebrate the best of Cunard, turn up the glamour with your finest red and gold evening wear, and for Roaring 20s night, go all out glamour or adorn a flourish which embraces the spirit of the decade.

### Smart Attire.

Gentlemen, every night we request you wear trousers with a collared shirt; jacket and tie is optional. Ladies, blouses and skirts or stylish trousers and dresses are welcome.

Feel free to dress casually as you visit any of the following venues: Lido Restaurant, Golden Lion, Casino, Café Carinthia, Garden Lounge and Yacht Club.

Non-ripped jeans are appropriate, but please refrain from wearing shorts, sports attire, swim wear or sleeveless t-shirts outside of the gym, spa and deck spaces.

## Internet connectivity.

Please be advised that on our way and during our voyage, we are likely to have intermittent internet connectivity due to the ship's location. We apologise for the inconvenience and thank you for your understanding.

### Smoking Policy.

In response to customer feedback we have recently updated our smoking policy. All public spaces are designated as non smoking areas within the ship, with the exception of our designated smoking areas, on the starboard side of Decks 3 and 10. Please be aware smoking is not permitted in the area/walkway above the canvas canopy linking the port and starboard side. Smoking is not permitted in your stateroom/suite or on your balcony. Electronic cigarettes and vaporising devices, including those which do not emit smoke/ vapour, are permitted in designated smoking areas only. This change has been made for the safety and comfort of our guests and means that all guests will be able to enjoy full use of all areas of the ship, and their private balconies. Churchill's is a lounge dedicated to cigar and pipe smokers only. Thank you for your cooperation.

## Alcohol Policy.

Guests under 18 years of age are not permitted to purchase or consume alcohol on board. Please be aware that proof of age by means of government issued photographic identification, may be requested. Guests under the age of 18 years are also not permitted in the Yacht Club after 11.00pm.

## EVAC Notice.

We remind all our guests that our EVAC system (toilet evacuation system on board) is not able to process wet wipes. Therefore we kindly ask all our guests to dispose wet wipes using sanitary bags, which can be found below the sink in each stateroom, in the designated toilets bin. Thanks for your understanding and cooperation.

## Noise in Guest areas.

We kindly ask all guests to be respectful to fellow travelling companions as regards keeping noise to a minimum. Please be aware not to slam doors either into corridors or onto balconies and be mindful when using laundrette facilities as guests around you may be resting. We are sure you will understand this small courtesy helps all to enjoy a relaxing voyage.