



Daily Programme.

At sea en route to Tortola.

From the Navigator.

Queen Mary 2 will continue heading South, south easterly across the North American Basin crossing the Nares Abyssal Plain and then the Puerto Rico Trench. This is the deepest part of the Atlantic Ocean, with depths exceeding 8000m in places. Overnight we will pass Savana Island off the western point of Saint Thomas before altering to the East then North East to approach our berth.



Port Shopping Seminar: Watch Seminar.

Join Gail on a journey through Swiss watch history to modern day innovations and learn about the best market in the world to acquire a Swiss timepiece; the Caribbean. Watches are not just about telling the time anymore, they are about the appreciation of artwork, craftsmanship, innovation and style. Gail will cover manufacturers duty free savings and where to shop in our Caribbean ports.

**At 2.30pm, ConneXions Room 5,
Deck 2, Stairway A**

Tonight In The Queens Room. A Night At The Ballroom.

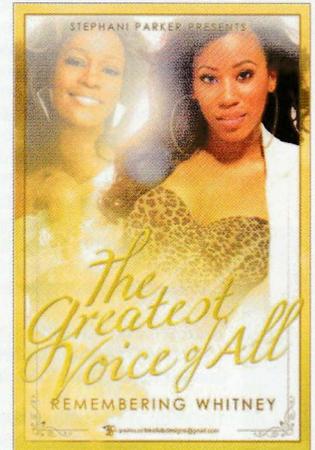


Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Blake Waters.

**From 9.45pm until 12.00am.
Queens Room, Deck 3, Stairway D**

Tonight's Featured Entertainment.

The Las Vegas Diva of the Seas,
Stephani Parker presents,
'Remembering Whitney -
The Greatest Voice of All.'



Stephani Parker is an international vocalist, songwriter, pianist, and guitarist whose gifts are out of this world. Born in Gary, Indiana, birth place to Michael Jackson and the Jackson 5 she began to sing and play piano around the house at the age of three. After attending Indiana University School of Music, in 2003, Stephani went to Harlem, New York where she appeared twice on "Showtime At The Apollo." Stephani also entered and won Chicago Idol where the prize was a single produced by Grammy award winning producer Kanye West. She has worked with many different artists such as Michael Jackson, Kenneth "Babyface" Edmonds, Jamie Foxx, Faith Evans, Mo'Nique, Johnny Gill, Eric Benet, Al Green, Chaka Khan, Tyler Perry, Oprah Winfrey, and Yolanda Adams to name a few. Many people compare her powerhouse voice to that of the late Whitney Houston.

With the Royal Court Theatre Orchestra, under the musical direction of Jeff Hughes. Presented by Assistant Entertainment Director, John Consiglio.

At 8.45pm & 10.30pm

Royal Court Theatre, Decks 2 & 3, Stairway B

Celebrity Lecturer, Jonathan Haslam CBE.

'Order, Order! Questions to the Prime Minister's Spokesman'.

Your chance to put Jonathan Haslam CBE on the spot. In more than 6 years at No 10 he has fielded thousands of media questions and coached the Prime Minister and Cabinet Ministers in how to answer them – and how not to! He will also make sure you are well placed to make your voice heard. The Speaker of Queen Mary 2, Entertainment Director Catherine Kennedy, is on hand to see fair play.

At 11.00am, Royal Court Theatre, Deck 2, Stairway B



Howard Parkin.

'Meteors, Meteorites and Comets'.

This lecture covers the phenomenon of meteor showers and when to observe them. And ancient and recent meteoric impacts, it concludes with a look at historical observations of comets and meteor showers visible in our skies.

At 10.00am, Illuminations, Deck 3, Stairway B

Joe Bishop.

'The Bermuda Triangle: Fact or Fiction'.

Is there any scientific reason for the unexplained disappearances?

At 3.00pm, Illuminations, Deck 3, Stairway B

Gloria Barnett.

'Coral Reef Ecosystems'.

Gloria's talk today describes how coral is formed, and how millions of different species co-exist in one of the most beautiful ecosystems on Earth.

At 4.00pm, Illuminations, Deck 3, Stairway B





Today's Activities.

6am

6.00am Movie: 'Bottom of the 9th'
Yesterday's theatre movie, repeated continuously on Stateroom TV. Channel 24.

6.00am Good Morning Queen Mary 2
Your guide to today's entertainment and activities, with Entertainment Director, Catherine Kennedy and guests.
Stateroom TV. Channel 23 (repeated continuously until 12.00pm)

8am

8.30am Catholic Mass
With Father Ken Deasy.
Illuminations, Deck 3, Stairway B

9am

9.00am Christian Fellowship Gathering (unhosted)
Boardroom, Deck 9, Stairway A (Port)

9.00am Foil Fencing: Class B
For those guests who attended Class A.
Queens Room, Deck 3, Stairway D

9.30am Table Tennis Tournament 🏓
Pavilion Pool, Deck 12, Stairway B

9.30am Intermediate Bridge Lesson
Classes run in sequence. Led by instructor, Don Freeland.
Atlantic Room, Deck 11, Stairway A (until 10.15am)

10am

10.00am Insights Lecture: Howard Parkin
'Meteors, Meteorites and Comets'.
Illuminations, Deck 3, Stairway B

10.00am Fun Fitness
Join your Entertainment Host Yumi for a fun work out.
Queens Room, Deck 3, Stairway D

10.00am Watercolour Art Class
Led by Instructor Sasha Howard. Art kits are available for \$35.00.
Britannia Restaurant, Deck 3, Stairway C, Port Side, Forward

10.00am Social Paddle Tennis (unhosted)
Deck 13, Stairway B (Outside)

10.00am Flower Arrangement Class
Belgravia Room, Deck 1, Stairway B (Port)

10.30am Morning Trivia 🎲
Golden Lion Pub, Deck 2, Stairway C (Starboard)

10.30am Deck Quoits Tournament 🎱
Deck 12, Stairway B (Outside, Port)

10.30am Beginners Bridge Lesson
Classes run in sequence. Led by instructor, Don Freeland.
Atlantic Room, Deck 11, Stairway A (until 11.15am)

10.30am Solo Travellers' Coffee Morning
Meet other independent guests for an informal get together.
Carinthia Lounge, Deck 7, Stairway B (until 11.15am)

11am

11.00am Diamonds, Tanzanite & Gemstone Seminar
Join Gail your Port Shopping Guide to explore the world of diamonds and exotic gemstones. As a trained professional, Gail will guide you through the anatomy of a diamond, and introduce you to many more intriguing and collectible gems. Learn how to potentially save thousands when shopping the Caribbean with this knowledge. There will be a complimentary jewellery raffle & all guests in attendance will receive a coupon for a pair of tanzanite earrings collectible ashore.
ConneXions Room 4 & 5, Deck 2, Stairway A

11.00am Celebrity Q & A: Jonathan Haslam CBE
'Order, Order! Questions to the Prime Minister's Spokesman.'
Royal Court Theatre, Decks 2 & 3, Stairway B

11.00am Sapphire Seminar
Please see Discover page for more details.
Champagne Bar, Deck 3, Grand Lobby, Stairway B

11.00am Juggling Workshop with Pete Matthews
Join comedy juggler Pete Matthews to try your own hand at juggling. Please bring three pairs of socks to the workshop, to use as balls.
Queens Room, Deck 3, Stairway D

11.15am Killer Darts 🎯
Golden Lion Pub, Deck 2, Stairway C (Starboard)

11.30am Mini Bowling Competition 🎳
Pavilion Pool, Deck 12, Stairway B

12pm

12.00pm Eight Bells
Grand Lobby, Decks 2 & 3, Stairway B

12.00pm Navigational Announcement
Information from the Bridge over the public address system.

12.00pm Social Shuffleboard (unhosted)
Deck 13, Stairway B (Outside)

12.15pm Pub Lunch Melodies
With Pianist & Musical Director Jeff Hughes.
Golden Lion Pub, Deck 2, Stairway C (Starboard) (until 1.00pm)

12.15pm Ballroom Dance Class: Rumba
With Dance Instructors, Sasha and Daria.
Queens Room, Deck 3, Stairway D (until 1.00pm)

12.30pm Planetarium: 'Dynamic Earth'
See back page for details.
Illuminations, Deck 3, Stairway B

12.30pm Roulette Tournament
Please see Discover page for more details.
Empire Casino, Deck 2, Grand Lobby (Port)

12.30pm Lunchtime Melodies with Pianist Steve Zackim
Carinthia Lounge, Deck 7, Stairway B (until 1.15pm)

12.30pm Poolside Music with Purple Haze
Pavilion Pool, Deck 12, Stairway B (until 1.15pm)

1pm

1.00pm Planetarium: 'Dynamic Earth'
See back page for details.
Illuminations, Deck 3, Stairway B

1.15pm Sea Shanty Choir Rehearsal
Join Social Host, Tommi Baxter-Hill and enlist into our nautical, swashbuckling, Sea Shanty Choir.
G32, Deck 3, Stairway D

1.30pm Planetarium: 'Dynamic Earth'
See back page for details.
Illuminations, Deck 3, Stairway B

2pm

2.00pm Planetarium: 'Dynamic Earth'
See back page for details.
Illuminations, Deck 3, Stairway B

2.00pm Line Dancing
Hosted by Entertainment Host Yumi.
Queens Room, Deck 3, Stairway D

2.00pm Watercolour Art Class
This is a repeat of this morning's class. Art kits are available for \$35.00.
Britannia Restaurant Upper, Deck 3, Stairway C (Port)

2.00pm History Of Impressionism & Sherree Valentine Daines
Please see Discover page for more details.
Clarendon Art Gallery, Deck 3L, Stairway C (Starboard)

2.00pm International Watch Company
Please see Discover page for more details.
Jewellery Boutique, Deck 3, Grand Lobby, Stairway B

2.00pm Baggo Tournament 🎲
Pavilion Pool, Deck 12, Stairway B

2.00pm Duplicate Bridge Tournament
Atlantic Room, Deck 11, Stairway A (until 4.00pm)

2.30pm Port Shopping Presentation: Watch Seminar.
ConneXions Room 4 & 5, Deck 2, Stairway A

2.00pm Social Bridge and Whist
Belgravia Room, Deck 1, Stairway B (Port) (until 4.00pm)

2.00pm Mah-jong Tournament (Unhosted)
Outside Royal Court Theatre, Starboard Side, Deck 2

2.30pm Quick Hit Music Trivia 🎲
Golden Lion Pub, Deck 2, Stairway C (Starboard)

3pm

3.00pm Insights Lecture: Joe Bishop
'The Bermuda Triangle: Fact or Fiction'.
Illuminations, Deck 3, Stairway B

3.00pm Social Target Golf (unhosted)
Deck 13, Stairway B (Outside)



Today's Activities.

3pm

3.00pm Silly Putting Tournament 🎳
Pavilion Pool, Deck 12, Stairway B

3.00pm Host Corner: Needlework & Knitting
Please be advised this is not a class.
Carinthia Lounge, Deck 7, Stairway B (until 4.00pm)

3.15pm Snowball Jackpot Bingo
Please see Discover page for more details.
Golden Lion Pub, Deck 2, Stairway C (Starboard)

3.30pm Afternoon Tea with The Brevis Strings
Queens Room, Deck 3, Stairway D (until 4.30pm)

4pm

4.00pm Complimentary Golf Competition 🏌️‍♂️
Longest drive to the pin. Places are limited. Sign up from 9.30am.
The Fairways, Deck 12, Stairway B

4.00pm Insights Lecture: Gloria Barnett
'Coral Reef Ecosystems'.
Illuminations, Deck 3, Stairway B

4.00pm Tender Boat Operation Briefing
See back page for details.
ConneXions Room 5, Deck 2, Stairway A

4.00pm Whisky & Watches
Please see Discover page for more details.
Jewellery Boutique, Deck 3, Grand Lobby, Stairway B

4.00pm Friends Of Bill W.
Boardroom, Deck 9, Stairway A (Port) (until 5.00pm)

4.15pm Afternoon Trivia 🎲
With a member of the Entertainment Team.
Golden Lion Pub, Deck 2, Stairway C (Starboard)

5pm

5.00pm LGBT Social Hour
Commodore Club, Deck 9, Stairway A (Starboard) (until 6.00pm)

5.15pm Jewish Sabbath Service
We kindly ask a guest to lead the service.
ConneXions Room 4 & 5, Deck 2, Stairway A

5.15pm The Brevis Strings
Carinthia Lounge, Deck 7, Stairway B (until 6.00pm)

5.15pm Pianist Steve Zackim
Chart Room, Deck 3, Stairway C (Starboard) (until 6.00pm)

5.15pm Pre-Recorded Dance Class Music
This event is unhosted, however Dance Instructors Sasha and Daria will be on hand to answer your questions.
Queens Room, Deck 3, Stairway D (until 6.00pm)

5.30pm Movie: 'X-Men: Dark Phoenix'
Jean Grey begins to develop incredible powers that corrupt and turn her into a Dark Phoenix. Now the X-Men will have to decide if the life of a team member is worth more than all of humanity. Starring: James McAvoy, Michael Fassbender, Jennifer Lawrence. Rated 12A. Duration: 113 minutes. (Repeated continuously tomorrow on Channel 24)
Illuminations, Deck 3, Stairway B

5.30pm History of the Electric Guitar - The Blues
Guitarist Paul Garthwaite looks in to the music of The Blues.
Golden Lion Pub, Deck 2, Stairway C (Starboard) (until 6.00pm)

6pm

6.30pm Port and Shopping Hospitality Desk
Come and meet Port and Shopping guide Gail Smith to discuss the upcoming ports and exciting shopping opportunities.
Outside the Royal Court Theatre, Deck 2, Stairway B (Starboard) (until 8.30pm)

7pm

7.15pm Pub Duo 'Amethyst'
With Paul and Kathryn from Amethyst.
Golden Lion Pub, Deck 2, Stairway C (Starboard)

7.45pm The Brevis Strings
Carinthia Lounge, Deck 7, Stairway B (until 8.30pm)

7.45pm Pianist Steve Zackim
Chart Room, Deck 3, Stairway C (Starboard) (until 8.30pm)

7.45pm Pianist Akos Somogyi
Commodore Club, Deck 9, Stairway A (until 8.30pm)

8pm

8.00pm Wipeout Trivia
The trivia with a twist - will yours be the last team standing?
Golden Lion Pub, Deck 2, Stairway C (Starboard)

8pm

8.00pm Movie: 'X-Men: Dark Phoenix'
Please see the 5.30pm listing for more details.
Illuminations, Deck 3, Stairway B

8.45pm Showtime: Stephani Parker
The Las Vegas Diva Of The Seas Stephani Parker Presents: Remembering Whitney The Greatest Voice Of All.
Royal Court Theatre, Decks 2 & 3, Stairway B

9pm

9.00pm Recorded Ballroom & Latin Dance Music
Queens Room, Deck 3, Stairway D (until 9.45pm)

9.30pm Pub Duo 'Amethyst'
Golden Lion Pub, Deck 2, Stairway C (Starboard)

9.30pm The Jazz Club With the Vladimir Zencenko Trio
Chart Room, Deck 3, Stairway C (Starboard) (until late)

9.45pm Pianist Steve Zackim
Carinthia Lounge, Deck 7, Stairway B (until 10.30pm)

9.45pm Live Music with Purple Haze
G32, Deck 3, Stairway D (until 10.45pm)

9.45pm A Night At The Ballroom
Under the musical direction of Blake Waters.
Queens Room, Deck 3, Stairway D (until 12.00am)

10pm

10.00pm Movie Madness
Golden Lion Pub, Deck 2, Stairway C (Starboard)

10.00pm Pianist Akos Somogyi
Commodore Club, Deck 9, Stairway A (until 12.00am)

10.30pm Showtime: Stephani Parker
The Las Vegas Diva Of The Seas Stephani Parker Presents: Remembering Whitney The Greatest Voice Of All.
Royal Court Theatre, Decks 2 & 3, Stairway B

10.30pm Movie: 'X-Men: Dark Phoenix'
Please see the 5.30pm listing for more details.
Illuminations, Deck 3, Stairway B

10.45pm Greatest Hits with DJ Felipe
G32, Deck 3, Stairway D (until 11.30pm)

10.45pm Pub Duo 'Amethyst'
Golden Lion Pub, Deck 2, Stairway C (Starboard) (until late)

11pm

11.30pm Live Music with Purple Haze
G32, Deck 3, Stairway D (until 12.30am)

12am

12.00am Recorded Dance Music For Enthusiasts
Queens Room, Deck 3, Stairway D (until 12.30am)

12.30am All Request Express with DJ Felipe
G32, Deck 3, Stairway D (until late)

CANYON RANCH.

spa | beauty | fitness | wellness

ON QUEEN MARY 2

Fitness classes.

7.00am Fitness: Stretch and Relax - Full Body Stretch

7.30am Foot Clinic - Foot Scan & Posture Analysis

8.00am Pilates*

Queens Room, Deck 3, Stairway D

4.00pm Fitness: Yoga*

5.00pm Fitness: Abs Express

Knightsbridge Room, Deck 1, Stairway C

*\$12 fitness pass and previous sign up required.

Wellbeing seminars.

9.30am Massage: Decreased Mobility in neck & shoulders

10.00am Acupuncture for Sciatic, Hip and Back Pain

11.00am How to Increase Your Metabolism-Fitness Seminar

1.00pm Make up For All Woman

Learn how to get a professional, flawless look. Pick up some time- saving tricks too!

2.00pm 1001 Conditions that can be solved with Chinese Medicine

Learn the Purple Haze with Dr Ross today.

2.30pm Relieving Back Pain and Improve Posture- Fitness Seminar

3.00pm Insomnia - Acupuncture Seminar

All seminars take place in the Canyon Ranch SpaClub, Deck 7, Stairway A.

Queens Grill, Princess Grill & Britannia Club Restaurants.

Breakfast	8.00am to 9.30am
Lunch	12.00pm to 1.30pm
Dinner	6.30pm to 9.00pm

Britannia Restaurant.

Breakfast	8.00am to 9.30am
Lunch	12.00pm to 1.30pm
First sitting dinner	6.00pm, last order 6.30pm
Second sitting dinner	8.30pm, last order 9.00pm
Wine Line	10.00am to 1.00pm

..... Pre-order your wine for the voyage by calling 22062.
Should the evening dinner menu choices not appeal to you please ask your Waiter about our "Always Available" options

Kings Court Buffet Deck 7 (Stairway B).

Continental Breakfast	5.00am to 6.30am
Full Breakfast Buffet	6.30am to 11.30am
Chef's Galley: Healthy Corner	6.30am to 11.00am
Lunch Buffet	11.30am to 3.00pm
Chef's Galley: Burger & Hot-Dogs Station	11.30am to 3.00pm
Afternoon Snack, Forward Starboard	3.30pm to 5.30pm
Chef's Galley: Pizza & Pasta Station	6.00pm to 9.30pm
Dinner Buffet: Deck 7, Forward Port	6.00pm to 10.30pm
Late Snack, Buffet Aft	11.00pm to 2.00am

Gluten Free and Lactose Free items are available at the aft buffet from 7.00am through to 3.00pm. Afternoon Tea and Dinner options are available on request at the forward main buffet, please ask the Head Waiter.

Kings Court Alternative Dining (Stairway C).

A \$19.50 cover charge applies. For reservations please dial 25400 between 8.00am & 6.00pm. **Dress Code Applies.**

Coriander (Indian cuisine)	7.00pm to 9.00pm
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Steakhouse at The Verandah.

Lunch	12.00pm to 1.30pm
Dinner	6.30pm to 9.00pm

Cover charges apply Lunch \$25.00/Dinner \$39.00.

For reservations please call 25400 between 8.00am & 6.00pm.

Bars and Lounges.

Carinthia Lounge	7.00am to 11.00pm
(Light snacks 8.00am to 10.00am, 12.00pm to 2.30pm & 3.30pm to 5.00pm)	
Champagne Bar	11.00am to late
Chart Room	10.00am to late
Commodore Club	10.00am to late
Empire Casino Bar	As per casino opening
Golden Lion Pub	10.00am to late
Pub Lunch	12.00pm to 2.30pm
G32	9.30pm to the wee small hours
..... (Guests under the age of 18 are not permitted in G32)	
Pavilion Pool Bar	10.00am to 4.00pm
Sir Samuel's	9.00am to 11.00pm
Terrace Pool Bar (Weather permitting)	10.00am to 10.00pm
The Verandah Bar	12.00pm to 2.00pm & 6.00pm to 10.00pm
Grills Lounge (Grill guests only)	11.00am to 2.30pm & 6.00pm to 12.00am

Facilities and Retail.

Book Shop	9.00am to 1.00pm & 2.00pm to 6.00pm
Canyon Ranch	8.00am to 8.00pm
Clarendon Art Gallery	9.00am to 9.00pm
Empire Casino Cashier:	10.00am to late
Empire Casino Tables:	11.00am to late
Images Photo Gallery	9.00am to 3.00pm
Internet Centre (24 hours) Assistance:	8.30am to 12.00pm & 2.00pm to 5.00pm & 6.30pm to 9.00pm
Library	9.00am to 6.00pm
Mayfair Shops	9.00am to 9.00pm
Medical Centre	9.00am to 11.00am & 4.00pm to 6.00pm
..... (For medical emergencies only, please dial 911 or 999)	
Tour Office	9.00am to 12.00pm & 3.00pm to 6.00pm
Voyage Sales	9.00am to 12.00pm & 3.00pm to 5.00pm
Baby Zone	10.00am to 12.00pm & 2.00pm to 5.00pm
Play Zone	10.00am to 12.00pm, 2.00pm to 5.00pm & 6.00pm to 11.00pm
Kids/Teen Zone	10.00am to 12.00pm, 2.00pm to 5.00pm & 6.00pm to 11.00pm
Night Nursery	6.00pm to 11.00pm

What to Wear: Gala Evening.

It's Showtime. Tonight we invite you to dress to impress and celebrate with us at one of our much anticipated Gala Evenings. That means from 6.00pm on board, its dinner jacket, tuxedo, or dark suit for the men with a regular tie or bow tie. Evening or cocktail dress, smart trouser suit, or formal separates for the ladies please. A range of gentlemen's formal wear is available to hire on board.

If you prefer to spend tonight in more relaxed attire, feel free to dress more casually in the following venues: Kings Court, Golden Lion, Casino, Carinthia Lounge and G32. Please note non-ripped jeans are appropriate, but please refrain from wearing shorts, sports attire, swim wear or sleeveless t-shirts outside of the gym, spa and deck spaces.

Luggage Storage in New York.

Guests who wish to store their luggage prior to their return voyage in the future may do so with 'Luggage Concierge' in New York. Please register at the Purser's Office. The deadline to sign up is today, 6.00pm Friday, 29 November. The cost of this service is \$195 per bag for up to 30 days and an additional \$30 per bag for the next 30 days. This will be charged to your on board account. Bags must be collected in the terminal ashore from the baggage hall and dropped off with the Luggage Concierge Representative after exiting customs.

Alcohol Policy.

Guests under 18 years of age (21 in US ports and territorial waters) will not be served alcoholic beverages nor are they to consume them on board. Please be aware that proof of age by means of government issued photographic identification, may be requested. Guests under the age of 18 are not permitted in G32.

Planetarium - 'Dynamic Earth.'

The award-winning Dynamic Earth explores the inner workings of Earth's climate system. With visualizations based on satellite monitoring data and advanced supercomputer simulations, this cutting-edge production follows a trail of energy that flows from the Sun into the interlocking systems that shape our climate: the atmosphere, oceans, and the biosphere. Audiences will ride along on swirling ocean and wind currents, dive into the heart of a monster hurricane, come face-to-face with sharks and gigantic whales, and fly into roiling volcanoes. Narrated by Liam Neeson.

Tickets are available from the ConneXions desk, Deck 2, Stairway A, at 9.00am. In the event of all tickets being allocated please go to the starboard side entrance 10 minutes prior to the start of the screening in the event of 'no shows' the entertainment staff will try to accommodate. Thank you. Please enter Illuminations on the Starboard side.

Tender Boat Operation Briefing.

During our call to, Castries, St. Lucia, a tender service will be in operation, taking guests ashore by boat. Whilst we do everything in our power to ensure the safety of our guests, the operation can cause major challenges for some of our guests with mobility issues. We ask all guests who feel they have mobility issues to come along at 4.00pm in ConneXions Room 5, Deck 2, Stairway A to the tender briefing where the officers will explain the process and the abilities needed to go ashore.

Jogging on Deck 7.

Please be advised that jogging and power walking on Deck 7 is not permitted before 8.00am or after 8.00pm as this disturbs guests sleeping below. Thank you for your co-operation.

Deck Chairs.

Deck chairs operate on a first-come, first served basis and cannot be reserved. For the consideration of all guests, please ensure you take your belongings when leaving a deck chair for a period of time, or they will be removed and taken to the Purser's Office for collection.