

Sunrise 6.15am Sunset 8.19pm GMT+1



Daily Programme.

From the Navigator.



Yesterday evening, the Queen Elizabeth let go her lines, thrust off her berth and began her transit of Southampton water into the Solent. After passing Dock Head on her port side, a her way pact Fawley Power as the state of the solent.

she made her way past Fawley Power Station. She then made several bold alterations of course round the Calshot and Brambles turns and passed between the Solent forts. From here she altered to the south, disembarked her local pilot and began her passage to the south. In the early hours of the morning Queen Elizabeth set south westerly courses through the English Channel: continuing to head south, some 30 nautical miles to the north of Cherbourg, France.

Flower Arranging... with a Black and White twist.

Join Michael, the on board Florist to learn the art of making corsages, buttonholes and eye-catching centrepieces with a beautiful take on our monochrome theme of the day. A fee applies for attending the class, \$30.00 for one day and \$50.00 for two days.



At 9.00am, ConneXions 2 & 3, Deck 3, Port Side, Midships

Frederique Constant Unveiling.



Visit our Fine Jewellery and Watch Boutique this evening as we unveil two very special watches.

At 8.00pm, Fine Jewellery & Watch Boutique, Royal Arcade, Deck 3



and elegant celebration with tonight's eye-catching Black & White Gala Evening. Don your finest black and white evening wear to complement the monochrome theme as we bring you the very best of Cunard.

Please refer to the ◆ symbol throughout for full details of our Black & White feature events.

CUNARD

INSIGHTS

John Maclean FRAS.

At 9.00am

'A Journey Through the Solar System.'
A close look at our galactic address, how the Solar System was formed with a close look at the planets. An informative talk illustrated with the latest images

talk illustrated with the latest images of our Solar System and wonderful animations.

Philip Price.

At 10.45am 'Three Great British Sharks.'

What is the nature of the basking shark and the enigmatic Greenlander? True British monster fish that inhabit our coastal waters. Are we about to be joined by a third?

Dr Helen Doe.

At 12.30pm 'Ships, the Men and the Women of Nelson's Navy.'

Trafalgar was the last great battle of the sailing navy but like any successful event it depended on many factors. This talk looks at Trafalgar in the context of the events that led up to it and the aftermath.

This is not just a story of great naval tactics but the everyday people who were caught up in the events including Nelson's spies to the men and women who were on board during battle.

® Royal Court Theatre, Decks 1, 2 & 3, Forward

At 8.00pm and 10.00pm, Royal Court Theatre.

The Captain's welcome address and introduction of her Senior Officers.

Tonight's highlight entertainment:



Join the Royal Court Theatre
Company as they welcome you aboard
Queen Elizabeth. Start your voyage
in the Royal Court Theatre where a
warm welcome awaits. Introducing
Paul O'Loughlin, your Entertainment
Director. You are cordially invited to
"Be Our Guest!"

At 8.00pm & 10.00pm, プRoyal Court Theatre, Decks 1, 2 & 3, Forward

To ensure the well-being of all guests and crew, face coverings are required to be worn throughout the entire performance. Food and beverages are not permitted.

The Black & White Quiz.

Join the Entertainment Team for a fun and challenging quiz in the theme of tonight's gala event.

At 9.00pm, Garden Lounge, Deck 9

Feature Dance Performance.



Join resident dance instructors,
Alex and Liuba for two exciting dance
performances, choreographed specially
for the theme of the evening.

At 9.00pm & 11.00pm,
©Queens Room, Deck 2, Midships



6.00am Good Morning Queen ElizabethWith Entertainment Director, Paul O'Loughlin and guests (until 12.00pm). Followed by the movie 'Guns Akimbo' which will be repeated continuously throughout the day.

Stateroom TV, Channel 52

6.00am Black & White Gala Featured Movies: The Artist €

In the 1920s, actor George Valentin is a bona fide matinee idol with many adoring fans. While working on his latest film, George finds himself falling in love with an ingenue named Peppy Miller and, what's more, it seems Peppy feels the same way. But George is reluctant to cheat on his wife with the beautiful young actress. The growing popularity of sound in movies further separates the potential lovers, as George's career begins to fade while Peppy's star rises. Rated: PG. Duration: 114 minutes.

: Sunset Boulevard •

An ageng silent film queen refuses to accept that her stardom has ended. She hires a young screenwriter to help set up her movie comeback. The screenwriter believes he can manipulate her, but he soon finds out he is wrong. The screenwriters ambivalence about their relationship and her unwillingness to let go leads to a situation of violence, madness, and death. Rated: U. Duration: 110 minutes. Stateroom TV, Channel 24 (repeated throughout the day)

Sports Activities Open

Golf Nets, Shuffleboard, Paddle Tennis, Bowls, Croquet and Table Tennis are available for use . As a courtesy to your fellow guests, we ask that you please sanitise the equipment before and after each use. Our sports venues are located in various areas around the ship.

Games Deck, Decks 10 & 11 (until 8.00pm)

9am

9.00am Insights Lecture: John Maclean FRAS 'A Journey Through the Solar System

*Royal Court Theatre, Decks 1, 2 & 3, Forward

Simulcast Insights Lecture From The Royal Court Theatre Enjoy the live broadcast direct from the Royal Court Theatre in the comfort of the Golden Lion Pub. Broadcast is also available on your stateroom television on Ch. 49.

Golden Lion Pub, Deck 2, Forward

9.00am Flower Arranging with a Black and White Twist €

Come along for an enjoyable learning experience and brighten up your stateroom with your very own flower arrangement. A fee applies for attending the class, \$30.00 for one day and \$50.00 for two days.

ConneXions 2 & 3, Deck 3, Port Side, Midships

9.00am Card and Board Games for Self-Checkout

Fancy a game to play? You may checkout a deck of cards or one of many board games from our selection from our library personnel. Keep as long as you like, but kindly return when finished playing.

Library, Decks 2 & 3, Port Side, Grand Lobby (until 6.00pm)

9.15am Zumba®

Join Entertainment Host, Zoe for the world's most popular fitness craze. Dance to great music, make new friends, and burn a ton of calories without even realising it.

ிQueens Room, Deck 2, Midships

9.30am Solo Travellers' Meet Point

Join your fellow solo travellers for an informal chat. This is unhosted.

Garden Lounge, Deck 9, Midships

10.00am Watercolour Art Class

Quick and easy vibrant rooster in loose watercolour, led by TV Artist, Marilyn Allis. All abilities welcome. Art kits are available at a cost of \$35.

Britannia Restaurant, Deck 3, Port Side, Aft (space is limited)

10.00am Frederique Constant Seminar

Founded in 1988 Frederique Constant has grown into one of the larger Swiss watch manufacturers, with their workshop in Plan-les-Ouates measuring 3200 square metres, divided over four floors with sectors for movement component production, movement assembly, watch assembly and quality control. Join our Watch Specialist, Shabbir to discover more about this timeless brand.

ConneXions 2 & 3, Deck 3, Midships

10.00am Complimentary Workshop: Demystifying Slot Machines Ever wondered what was behind all those flashing lights? Join the Casino Host for a beginners guide to slot machines for a chance to ask those burning questions and learn about the different games and themes available.

Casino, Deck 2, Forward (until 11.00am)

10.00am Photo Studio: Iconic Cunard

Join us in The Grand Lobby to mark the occasion with a ship's telegram for an embarkation portrait to commemorate your voyage.

Grand Lobby, Deck 2, Midships (until 12.00pm)

10.15am Morning Team Trivia

Meet new friends and earn bragging rights in this fun and lighthearted quiz. Hosted by the Entertainment Team.

Garden Lounge, Deck 9, Midships

10.15am Ballroom Dance Class: The Cha Cha

Created by a Cuban violinist, the Cha Cha was named after the shuffling sound of the dancer's shoes and is one of the most popular Ballroom dances in the world today. Led by instructors Alex and Liuba. Dancers without partners welcome. This class will be repeated at 12.30pm.

7 Queens Room, Deck 2, Midships

10.45am Insights Lecture: Philip Price

'Three Great British Sharks.'

Royal Court Theatre, Decks 1, 2 & 3, Forward

10.45am Simulcast Insights Lecture

Enjoy the live broadcast direct from the Royal Court Theatre in the comfort of the Golden Lion Pub. Broadcast is also available on your stateroom television on Ch. 49.

Golden Lion Pub, Deck 2, Forward

11.00am Complimentary Workshop: Learn To Play Casino Tables

Join an interactive workshop for a chance to learn the most popular table games direct from our expert dealers.

Casino, Deck 2, Forward (until 12.00pm)

11.15am Line Dancing
Join the Entertainment Team for some 'Boot Scootin Boogie' fun and learn how to fix an 'Achy Breaky Heart' in this exciting and easy to learn line dancing class

プQueens Room, Deck 2, Midships

12pm

12.00pm Navigational Announcement Information from the Bridge over the public address system

12.00pm Movie: Guns Akimbo

Miles is a video game developer who inadvertently becomes the next participant in a real-life death match that streams online. While Miles soon excels at running away from everything, that won't help him outlast Nix, a killer at the top of her game. Rated: R. Duration: 100 minutes.

Stateroom TV, Channel 52

12.30pm Insights Lecture: Dr Helen Doe

'Ships, the Men and the Women of Nelson's Navy.'

This will be broadcast live on stateroom television, on channel 49. **Royal Court Theatre, Decks 1, 2 & 3, Forward**

12.30pm Ballroom Dance Class: The Cha Cha

Created by a Cuban violinist, the Cha Cha was named after the shuffling sound of the dancer's shoes and is one of the most popular Ballroom dances in the world today. Led by instructors Alex and Liuba. Dancers without partners welcome. This is a repeat of the morning class.

↑Queens Room, Deck 2, Midships

12.30pm Premier League Football

Liverpool versus Burnley. Live coverage of the latest round of the 2021/22 Premier League season. Satellite reception permitting. Garden Lounge, Deck 9, Midships

1.00pm Live Music: Alchemy Queen Elizabeth's house band takes to the stage for an upbeat, musical performance

Lido Pool, Deck 9, Aft

Inclement Weather Venue: Garden Lounge, Deck 9, Midships

1.30pm The Great Queen Elizabeth Photo Scavenger Hunt The clues are all around you. Find them all while exploring this beautiful ship. Don't forget your smartphone or camera.

The Yacht Club, Deck 10, Forward

2.00pm Quick Hit Music Trivia

You know the songs, but will you remember the titles?

The Yacht Club, Deck 10, Forward

2.00pm A World of Art Talk: Jack Vettriano

With his work oozing passion and style it's clear to see why Jack is one of the most beloved painters in the UK, and why his original work reached a record price of £744,800 at auction. Learn more about his life and work and some of the symbolism you can find within his iconic paintings with a number of limited editions available to purchase.

ConneXions 2 & 3, Deck 3, Midships

2.00pm Watercolour Art Class

Quick and easy vibrant rooster in loose watercolour, led by TV Artist, Marilyn Allis. All abilities welcome. Art kits are available at a cost of \$35.

Britannia Restaurant, Deck 3, Port Side, Aft (space is limited)

2.00pm Movie: Mulan (2020)

A girl disguises as a male warrior and joins the imperial army in order to prevent her sick father from being forced to enlist as he has no male heir. Rated: 12A. Duration: 120 minutes.

↑ Royal Court Theatre, Decks 1, 2 & 3, Forward

3.00pm Find Your Fragrance

Join us in store and step into the wonderful world of fragrance.

Beauty Boutique, Deck 3, Between Stairway A and B

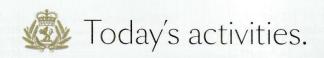
3.00pm Snowball Jackpot Bingo

Join us for a Bingo extravaganza for your chance to win one of four cash prizes every session. Don't miss out, pre-purchase your tickets from the Casino Cashier from 10.00am and get those dabbers at the ready.

Garden Lounge, Deck 9, Midships

3.00pm Gala Cocktail Master Class ◆

Featuring our two new bespoke Black and White cocktails: The White Queen and The Dark Side of (Mai) Tai to reflect the theme of the day. Please refer to your Discover flyer for more details. A fee applies. Commodore Club, Deck 10, Forward



3.00pm Premier League Football

Manchester City versus Norwich City. Live coverage of the latest round of the 2021/22 Premier League season. Satellite reception permitting.

Golden Lion Pub, Deck 2, Forward

3.00pm Afternoon Concert Series: The History of Guitar Part 1 Chuck Berry, Jimi Hendrix, and Eric Clapton are amongst the greatest exponent of the Guitar Riff. Join us to find out more, with Paul Garthwaite. プQueens Room, Deck 2, Midships

3.00pm Live Music: Shane Moran & Cameron Ross
Shane and Cameron will wow you with traditional Scottish and Irish melodies and have you clapping along to fast and energetic jigs and reels.

Lido Pool, Deck 9, Aft

4.00pm A World of Art Talk: L.S. Lowry - A British Icon L.S. Lowry is one of the UK's most recognisable painters and has works in permanent collections across the world. Today we look at the life of this fascinating man and his often misunderstood style of painting before learning a little more about the editions shown on the gallery walls.

ிQueens Room, Deck 2, Midships

4.15pm Afternoon Team Trivia

Bragging rights and fun prizes are all up for grabs in this epic quiz. Hosted by the Entertainment Team.

Garden Lounge, Deck 9, Midships

4.30pm Friends of Bill W.

Admiral's Lounge, Deck 10, Forward

5.00pm Pianist Laurence Knight
Presents an extraordinary array of classical and modern masterpieces.

Commodore Club, Deck 10, Forward

5.00pm Live Music: Alchemy
Queen Elizabeth's house band takes to the stage for an upbeat, musical performance.

Lido Pool, Deck 9, Aft

Inclement Weather Venue: Garden Lounge, Deck 9, Midships

5.30pm Premier League Football

Brighton & Hove Albion F.C. versus Watford F.C. Live coverage of the latest round of the 2021/22 Premier League season. Satellite reception permitting. Golden Lion Pub, Deck 2, Forward

6.00pm Gala Evening Photography ◆

Our professional on board photographers will be located midships on Deck 2 and Deck 3 for this evening's formal portrait photography. Grand Lobby, Decks 2 & 3, Midships (until 10.00pm)

6.15pm Pianist Laurence Knight

Presents an extraordinary array of classical and modern masterpieces.

Commodore Club, Deck 10, Forward

7.15pm Pianist Laurence Knight

Presents an extraordinary array of classical and modern masterpieces. Commodore Club, Deck 10, Forward (until 8.00pm)

7.45pm Live Music: Shane Moran & Cameron Ross

Shane and Cameron will wow you with traditional Scottish and Irish melodies and have you clapping along to fast and energetic jigs and reels.

Garden Lounge, Deck 9, Midships

8.00pm Tonight's Highlight Entertainment: Be Our Guest ◆

Featuring the Royal Court Theatre Company.

Presented by Entertainment Director, Paul O'Loughlin.

₹Royal Court Theatre, Decks 1, 2 & 3, Forward

8.00pm Frederique Constant Unveiling

Visit our Fine Jewellery and Watch Boutique tonight as we unveil two very special watches.

Fine Jewellery & Watch Boutique, Royal Arcade, Deck 3

8.15pm Royal Court Theatre Orchestra ◆

Enjoy an evening of elegance and grandeur with the Royal Court Theatre Orchestra under the musical direction of Hamish Ravell, and featuring vocalists Michael Burke and Brian Moore. At 9.00 pm and 11.00 pm, enjoy a special dance performance from dance instructors, Alex and Liuba. $\hat{\mathcal{T}}$ Queens Room, Deck 2, Midships

8.45pm Live Music: Alchemy Duo

Golden Lion Pub, Deck 2, Forward (until 9.30pm)

8.45pm The EOS Strings

Enjoy the classical and contemporary repertoire of our resident string trio.

Grand Lobby, Deck 1, Midships (until 9.30pm)

9.00pm Live Music: Alchemy Trio

An upbeat live musical performance from the Alchemy Trio. **The Yacht Club, Deck 10, Forward**

9.00pm The Black & White Quiz €

Join the Entertainment Team for a fun and challenging quiz in the theme of tonight's gala event

Garden Lounge, Deck 9, Midships

Piano Entertainer Clarolyn Maier

From the Hits of Broadway to the Great American Songbook

Commodore Club, Deck 10, Forward

10.00pm Tonight's Highlight Entertainment: Be Our Guest ◆ Featuring the Royal Court Theatre Company.

Presented by Entertainment Director, Paul O'Loughlin.

**Royal Court Theatre, Decks 1, 2 & 3, Forward

10.00pm Live Music: Shane Moran & Cameron Ross

Traditional Scottish and Irish melodies that will have you clapping along to fast and energetic jigs and reels

Garden Lounge, Deck 9, Midships (until 10.45pm)

10.15pm Live Music: The John James Trio

An upbeat live musical performance from the Alchemy Trio.

The Yacht Club, Deck 10, Forward

10.30pm Live Music: Alchemy Duo Golden Lion Pub, Deck 2, Forward (until late)

10.45pm The EOS Strings Enjoy the classical and contemporary repertoire of our resident

Grand Lobby, Deck 1, Midships (until 11.30pm)

11.00pm Late Night Wipeout Trivia

The trivia with a twist. Will you keep all your points? Hosted by the Entertainment Team.

Garden Lounge, Deck 9, Midships

11.15pm Live Music: The John James Trio

An upbeat live musical performance from the Alchemy Trio. **The Yacht Club, Deck 10, Forward**

12.00am The Beat Goes On

Listen to classic gold and today's top hits all night long in Queen Elizabeth's late night hot spot.

The Yacht Club, Deck 10, Forward

MAREEL

WELLNESS & BEAUTY

Mindset Guided Meditation 7.00am

Stretch It Out 7.45am

Full Cycle (\$) 8.30am

9.30am Total Tone Pilates (\$)

Slow Flow Yoga (\$) 4.00pm

5.00pm Core Assets

Mareel Wellness & Beauty Fitness Centre, Deck 9, Forward

Well-being seminars.

9.45am Acupuncture - A Life Changing Introduction

The ancient technique of Acupuncture can be effective for countless conditions including back pain, sciatica, arthritis, digestive, sea sickness and weight issues. Start feeling better today. You are invited to learn more at our complimentary

10.45am Go Home Looking 10 Years Younger

Dr. Claudia Gonzalez offers the most effective cosmetic treatments for smoother. youthful looking skin. Return home looking and feeling refreshed and rejuvenated.

11.00am Detox for Health and Weight Loss

When there's a gym on every corner and diet books in every Bookshop, why are we unhealthier than ever before? Receive some great advice from your Personal Trainers on ways to cleanse the body and reap the benefits.

The Yacht Club, Deck 10, Forward

1.15pm Acupuncture for Pain Management

Start feeling better today with acupuncture for joint pain, neck/back pain, knee problems, sciatica, arthritis, accidents, injuries and much more. Discover new energy to enjoy your voyage and beyond. Come and learn more at this complimentary seminar.

2.00pm Improving your Posture

Learn how posture and body alignment can affect your back. We will share some simple techniques to help improve your posture, protect your back, and relieve a number of chronic or acute conditions including lower back, knee, hip

3.30pm Ladies Pamper Party

Join the Mareel Spa team for some "me time". Learn all the latest tips and tricks in the Health and Beauty industry. All who attend will receive a complimentary Collagen Eye treatment and Neck and Bust Lifting treatment. One hour of pure pampering. Join us for a fun, interactive and informative gathering.

The Yacht Club, Deck 10, Forward

All seminars will take place in the Mareel Wellness & Beauty Spa, Deck 9, Forward, unless otherwise stated,

Dining Times.



Log into My Voyage to make reservations or join a virtual queue.



Call On Board Reservations on 38000.

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Reservations are only required where indicated (*).

Queens Grill (Deck 11, Stairway B).	
Breakfast:	.12.00pm to 1.30pm

Princess Grill (Deck 11, Stairway B).

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Breakfast:	8 00am to 9 30am
Lunch:	
Afternoon Tea:	3.00pm to 4.00pm
Dinner:	6.30pm to 9.00pm

Britannia Club (Deck 2, Stairway B).

Breakfast:	
Lunch:	12.00pm to 1.30pm
Dinner:	6.30 pm to 9.00 pm

Britannia Restaurant (Decks 2 & 3, Stairway C).

Breakfast:	8.00am to 9.30am
Lunch:	12.00pm to 1.30pm
Afternoon Tea (Deck 2):	3.00 pm to 4.00 pm
Assigned Dining:	6.00pm (doors close 6 15pm)
*Open Dining:	7.45pm to 9.00pm

Lido Restaurant (Deck 9, Stairway B).

Breakfast (Starboard Side):	7.30am to 10.30am
Lunch (Starboard Side):	12.30pm to 2.30pm
Lido Grill, weather permitting:	12.00 pm to 5.00 pm
*Dinner at the Lido (Starboard Side):	6.30 pm to 9.00 pm
Late Night Snack (Centre Buffet):	10.00pm to 12.00am
The centre beverage station is open 24 hours	

*Steakhouse at The Verandah (Deck 2 , Stairway B).

Lunch:	12.00 pm to 1.30 pm
Dinner:	6.30 pm to 9.00 pm
Cover charges apply, \$25 per person for	r lunch and \$39 per person
for dinner.	Family 1

Golden Lion (Deck 2, Stairway A).

Lunch:	12.00pm to 2.30pm
LUI 1011	12.00piii to 2.30piii
	The state of the s

Bars & Lounges.

Café Carinthia (Deck 2, Stairway B): Commodore Club (Deck 10, Stairway A):	7.00am to 12.00am
Commodore Club (Deck 10, Stairway A):	10.00am to 1.00am
Garden Lounge (Deck 9, Stairway B):	7.00am to 11.00pm
Golden Lion (Deck 2. Stairway A):	
Lido Bar, weather permitting (Deck 9, Stairw	vay C):
	10 00 am to 10 00 nm

Retail and Services.

Art Gallery: 10.00am to 12.30pm,	1 20nm	to 5	20 nm
& & & &	7.00pm	to 9.	00pm
Bookshop:	.9.00am	to 9.4	00pm
Casino Cash Desk:	10.00	am t	o late
Casino Tables:	0.00am	to 9	o late
Royal Arcade:	.9.00am	to 9.0	mq00
The Photo Gallery:	9 00 am	to 2 (nnm
Gala Evening Photography (Grand Lobby, Decks	2 & 3, N	lidsh	ips):
On Board Reservations (ext. 38000):	o.uupm ti 8 00 am	5 TU.0	Jupm
Internet Assistance: Library	.9.00am	to 6.0	00pm
Library:For appo	9.00am	to 6.0	00pm
Medical Centre:For appo	intments	dial	8880
In case of an emergency dial 999/911.	1.00pm	10 6.0	Jubm
Mareel Fitness Centre:	6.00am	to 8.0	00pm
Mareel Spa & Salon:	8.00am	to 8.0	ma ₀ 0
Tour Office:	3.00pm	to 6.0	00pm
Voyage Sales:	, please	dial 3	3000
Lide 1 dot, weather permitting (beck 9, Stall way	7.00am	to 9.0	00pm
Lido Jacuzzi (Deck 9, Stairway C):	7.00am	to 9.0	00pm
Pavilion Pool, weather permitting (Deck 9, Stair	way A): .		
Pavilion Jacuzzi (Deck 9, Stairway A):	7.00am	to 9.0	JUpm
avition bacazzi (Deck 3, Stall Way A)	7.00am	10 9.0	JOPIN

Please be advised that the hot tubs and swimming pools are not supervised.

Sports Equipment Available (open decks):.....8.00am to 8.00pm

What to wear

Sunday, 22 August	Smart Attire
Monday, 23 August	Smart Attire
Tuesday, 24 August	Smart Attire
Wednesday, 25 AugustGala Evening Attire (R	coaring 20s)*
Thursday, 26 August	Smart Attire

Gala Evening.

Dinner jacket, tuxedo, or dark suit with regular tie or bow tie for gentlemen. Evening or cocktail dress, smart trouser suit, or formal separates for ladies.

*Guests are welcome to embellish their gala evening attire to fit the applicable theme of the evening if they wish, dressing in either a simple combination of black and white finery or a flourish which embraces the spirit on the Roaring 20s.

Smart Attire

Gentlemen, every night we request you wear trousers with a collared shirt; jacket and tie is optional. Ladies, blouses and skirts or stylish trousers and dresses are welcome.

Relay

Feel free to dress casually as you visit any of the following venues: Lido Restaurant, Golden Lion, Casino, Café Carinthia, Garden Lounge and The Yacht Club. Non-ripped jeans are appropriate, but please refrain from wearing shorts, sports attire, swim wear or sleeveless t-shirts outside of the gym, spa and deck spaces.

Alcohol policy.

Guests under 18 years of age are not permitted to purchase or consume alcohol on board. Please be aware that proof of age by means of government issued photographic identification, may be requested. Guests under the age of 18 years are also not permitted in The Yacht Club after 11.00pm.

Credit or debit card note.

If you are settling your account with a credit or debit card, please ensure the card registered with us is the card you wish to settle your on board account with at the end of your voyage.

How to keep healthy on board.

So as to limit your chances of becoming unwell, we recommend you take the following precautionary measures:

- Social distancing should be practiced throughout your holiday.
 We'll make this as easy as possible, with signs and crew to guide you.
- Wear a face mask when moving around indoors and when seated in the theatre.
- Wash your hands often and use hand sanitiser when handwashing facilities are not available.
- Cough or sneeze into a tissue or bent elbow, and not into your hands; throw used tissues in the bin and wash your hands afterwards.
- Avoid contact with anyone you know who is unwell and their close contacts.
- Remain vigilant and report any COVID-19 symptoms to the Medical team by dialling 999 or 911.
- If you are contacted by NHS Test and Trace to self-isolate whilst on board, please contact the Medical team immediately by dialling 999 or 911.

Jogging

For those guests wishing to power-walk or jog, one lap around the outside Promenade on Deck 3 equals 1/3 of a mile. The track is protected from the weather at the forward end. Please only power-walk and jog on Deck 3 after 8.00am or before 8.00pm, as it disturbs guests who might be sleeping in the staterooms below.

My Voyage - help desk.

My Voyage is the new on board digital planner giving you the freedom to personalise your voyage experience. If you would like assistance or have questions, please come along to our help desk at the following time and location:

I IK VAT

Guests should be aware that this is a UK only or Intra UK voyage from Southampton to Southampton. In line with Her Majesty's Revenue & Customs regulations, VAT is payable on items purchased in our gift shops. This is because Duty/Tax free shopping is not available unless our ships call at an international port. Prices displayed in the gift shop are exclusive of the 20% UK VAT which means that UK VAT will be added at the appropriate tax rate. Spa retail products and Art sales are inclusive of any tax requirements. Duty Free alcohol and tobacco items will not be available for sale in the shops on board.