Dinner.

Appetisers.

Sautéed Chicken Livers

Crispy Hen's Egg* and a Bacon and Chicken Vinaigrette

Green Asparagus and Pink Grapefruit

Beetroot Mayonnaise and a Citrus Dressing (v) (gf)

Indonesian Chicken, Papaya and Avocado Salad

Pecan Nuts and Gingered Citrus Dressing (gf)

Seared Tuna*

Tamari, Red Pepper and Sesame (gf) 188/4/1 (9)

Fattoush Salad (v)

Cucumber, Dill and Radish

Yoghurt Dressing (v) (gf)

Duck Consommé

Wild Rice (gf)

Mushroom Soup

Tarragon Crème Fraîche (v) (gf)

Signature Entrées.

Chef Recommendation

Beef Bucco Gremolata

Red Wine Braising Jus, Mashed Potatoes, Glazed Root Vegetables Classic Roast

Lemon and Thyme Roast Chicken

Roasted Potatoes, Buttered Carrots and Bread Sauce

© Canyon Ranch Spa Selection
Nutrition key: Calories/Fat (Grams)/Fibre (Grams)

(v) Denotes vegetarian. (gf) Denotes gluten free.

Some of our dishes may contain allergens including nuts or nut extracts. Information pertaining to allergies and intolerances available on request.

*Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of foodborne illness, especially if you have certain medical conditions.



Dinner.



Assiette of Seafood

Vegetable Noodles, Soy, Mirin and Sesame

Roast Breasts of Squab Pigeon
Barley and Sage Risotto, Pancetta, Spring Pea and

Broad Bean Fricassee and a Red Wine Sauce (gf)

Seared Salmon

Lemon, Sautéed Kale, Leeks and Cannellini Beans (gf) 405/17/1 ®

Roasted Veal Striploin*

Potato Rösti, Green Beans wrapped in Leeks, Courgette and Mushroom Provençal and Salsa Verde (gf)

Potato and Root Vegetable Gratin

Watercress Coulis (v)

Crisp Polenta and Grilled Artichokes

Salsa Verde (vegan) (gf)

Desserts.

Warm Spiced Chocolate Molten Cake

Cardamom Caramel and Vanilla Ice Cream

Caramelised Pear Napoleon

Golden Syrup and Pear Compote

Matcha Tiramisu

Yuzu Curd, Lychee and Mango Pearls

Lemon Cupcake

Strawberry Butter Cream Frosting 175/8/1 ®

Low Sugar Courgette Cake

Mascarpone Cream (gf)

Strawberry and Mint Choc Chip Ice Cream

Lemon Sorbet and Caramel Sauce

A Selection of British

and International Cheeses

Bread, Biscuits, Chutney, Dried Fruit and Nuts

Coffee and Petit Fours.

Vanilla Fudge and Lemon Cream

