

Dinner.



Appetisers.

Foreman's G&T Cured Salmon*

Watermelon, Basil, Radish and Avocado

Frogs Legs Provençal

Beef Bresaola

Mesclun Salad, Parmesan Shavings and Herb Salad (gf)

Dates, Granny Smith Apples and

Goat's Cheese (v) 196/6/trace

Salad of Apple, Chicory and Gorgonzola

Pecan Nuts (gf)

Tomato and Basil

Kalamata Olive Crumb (v) (gf)

Double Beef Consommé

with Sherry (gf)

Butternut Squash Soup

Crispy Shallots (v) (gf)

Signature Entrées.

Chef Recommendation

Braised Lamb Shank

Creamed Potatoes, Root Vegetable Brunoise and Rioja Sauce (gf)

Classic Roast

Sirloin* and Braised Rib of Beef

Yorkshire Pudding, Roast Potatoes, Glazed Carrots, Fine Beans and Horseradish Cream

Canyon Ranch Spa Selection

Nutrition key: Calories/Fat (Grams)/Fibre (Grams)

(v) Denotes vegetarian. (gf) Denotes gluten free.

Some of our dishes may contain allergens including nuts or nut extracts. Information pertaining to allergies and intolerances available on request.

*Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of foodborne illness, especially if you have certain medical conditions.



Dinner.



Entrées.

Grilled Fillet of Sea Bream

Potato Gnocchi, Asparagus, Peas and a Mustard and Tarragon Sauce

Sautéed Garlic Shrimp

Wilted Spinach and Jasmine Rice (gf)

Breast of Chicken

Marsala Wine and Garlic Butter Sauce, Orzo Risotto and Sautéed Spinach 501/22/1

Roast Breast of Duck*

Leg Pastilla, Beetroot Fondant, Celeriac and Fig Jus

Wild Mushroom and Aged Gouda Tart

Confit Cherry Tomatoes (v)

Roasted Cauliflower

Baby Gem, Carrots, Broccoli and Potato Crisp (vegan) (gf)

Desserts.

Bananas Foster

Rum and Raisin Ice Cream

West Indies Chocolate Tart

Cardamom Crumble and Clotted Cream (gf)

Orange Blackberry Cake

Mascarpone Cream and Lemon Curd

Lavender Cheesecake

Earl Grey and Blackberry Sauce 161/7/1

Low Sugar Roasted Pineapple

Aerated Coconut Sponge and Pineapple Compote (gf)

Strawberry and Mint Choc Chip Ice Cream

Blackcurrant Sorbet and Caramel Sauce

A Selection of British and International Cheeses

Bread, Biscuits, Chutney, Dried Fruit and Nuts

Coffee and Petit Fours.

Salted Caramel Marshmallow and Green Apple Pâté de Fruit

