

## BRITANNIA RESTAURANT

### Breakfast

#### CHILLED JUICES

Choice of Orange, Grapefruit, Cranberry, Apple, Prune, Pineapple, Grape, Tomato and VS Juices  
Chef's Fresh Fruit Smoothie of the Day

#### FRESH FRUIT, COMPOTE AND YOGHURTS

Sectioned Half Grapefruit  
Fresh Melon Platter  
Spa Fresh Fruit Salad  
Compote of Stewed Fruits  
Choice of Plain or Mixed Fruit Yoghurts available as Regular or Low Fat

#### HOT AND COLD CEREALS

Choice of Oatmeal, Cream of Wheat  
Swiss Muesli  
All Bran, Corn Flakes, Special K, Fruit and Fibre, Sugar Puffs, Bran Flakes,  
Frosties, Rice Krispies, Shredded Wheat, Alpen Original, Alpen No Added Sugar and Weetabix

#### FRESH FROM THE BAKERY

Freshly Baked Danish Pastries and Croissants, served at your Table  
Toasted Bagels, White or Whole Wheat Toast, Rye Bread, Pumpernickel, White Rolls  
Banana Bread  
A Selection of Preserves and Marmalades

#### FROM THE HOT GRIDDLE AND IRON, PANCAKES AND WAFFLES

Fresh Buttermilk Pancakes with Maple Flavoured Syrup or Honey  
Fresh Blueberry or Banana Pancakes with Maple Flavoured Syrup  
Golden Waffles with Fresh Fruit Kebab  
French Toast with Whipped Butter and Maple Flavoured Syrup or Honey



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### BREAKFAST ENTRÉES

#### SELECTION OF EGGS

Fried and Poached Eggs Cooked to Order \*  
Scrambled Eggs

#### SELECTION OF FRESHLY COOKED TO ORDER OMELETTES\*

Choose from the following Ingredients

Ham, Swiss Cheese, Cheddar Cheese, Tomato, Onion, Smoked Salmon, \*  
Mixed Bell Peppers, Mixed Herbs, Spinach, Mushrooms

Spa Egg White Omelette with Onions, Peppers, Tomato and Cheese  
Eggs Benedict on English Muffin and Bacon with Hollandaise Sauce \*  
Toasted Bagel with Smoked Salmon, Cream Cheese, Red Onion and Capers \*  
Grilled Scottish Kippers with Sautéed Potatoes  
Poached Haddock with Melted Butter  
(Please ask your server for low cholesterol egg alternatives)

#### SIDE ORDERS

English Bacon, Streaky Bacon,  
Chicken Sausages, Cumberland Sausages,  
Mushrooms, Baked Beans, Grilled Tomatoes  
Sautéed Potatoes, Hash Browns  
Corned Beef Hash

#### ASSORTED COLD CUTS AND CHEESE

Black Forest Ham\*, Smoked Turkey, Roast Beef\*, Italian Salami\*, Liver Pâté  
Emmental, Camembert, Cottage Cheese, Cream Cheese, Blue Cheese

(v) - Denotes vegetarian choice

\* Whilst all the food we serve on board is prepared to the highest health and safety standards, Public Health Services have determined that consuming uncooked or partially cooked meats, poultry, fish, eggs, milk and shellfish may increase your risk of foodborne illness, especially if you have certain medical conditions. Some of our products may contain allergens. If you are sensitive to any of these, please speak to a member of staff before dining.

Please note that some of these dishes may contain nuts or nut extracts.

