



Daily Programme.

At sea en route to Southampton.

Time Change Notice.



Please be advised that early tomorrow morning the ship's time will be SET BACK by ONE HOUR. Please set your watches BACK before retiring this evening, Sunday 23 October.

From the Navigator.



Rounding Cape Finisterre in the small hours of this morning, Queen Elizabeth began the transit of the Bay of Biscay. Late this afternoon we will shall round the North Western tip of France and pass Ushant Traffic Separation Scheme to enter the English Channel. Heading North East up the channel, Queen Elizabeth will pass the Cherbourg peninsular late tonight before crossing the shipping lanes towards Southampton.

Guest Talent Show.



Join your fellow guests as they showcase their hidden talents.

At 2.00pm, Queens Room, Deck 2

Queen Elizabeth Harmony Choir.

Support your fellow guests as this voyage's choir perform popular songs for your listening pleasure.

Conducted by Piano Entertainer David Crathorne.

At 3.00pm, Royal Court Theatre, Decks 1, 2 & 3.



Traditional Maritime Church Service

Conducted by Captain Aseem A. Hashmi MNM.

At 10.00am Royal Court Theatre, Decks 1, 2 & 3, Forward

Interview with

Captain Aseem Hashmi MNM

Entertainment Manager Amanda Reid interviews the Master of Queen Elizabeth and talks about his career and what life is really like in the Captain's seat.



At 11.00am Royal Court Theatre, Decks 1, 2 & 3.

Nautical Chart Auction

Entertainment Manager Amanda Reid will auction the chart used on this voyage. All proceeds are donated to the Prince's Trust.



Immediately after the Captain's Q & A. Royal Court Theatre, Decks 1, 2 & 3.

Cunard Insights Lecture.

John Sherlock

"Renaissance and Revival."

At 12.15pm

Dave Mallinder.

"The Frank Sinatra Story."

At 1.15pm

Royal Court Theatre, Decks 1, 2 & 3.

Final Snowball Jackpot Bingo.

Don't Miss out on your chance to win the Final Jackpot for this voyage.

Tickets on sale from 10.00am - 4.45pm at the Casino Cash Desk, Deck 2.

5.00pm Queens Room, Deck 2, Midships.

Variety Showtime: Featuring the Royal Cunard Singers and Dancers & Suzanne Godfrey & Roy Walker



Presented by Entertainment Manager, Amanda Reid.

At 8.30pm & 10.30pm

Royal Court Theatre, Decks 1, 2 & 3.

Ballroom & Latin Dancing.



Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Thomas Harris.

Featuring vocalist Harry Nijkamp.

9.15pm to 12.00am.

Queens Room, Deck 2, Midships.

Farewell Trivia

Come and join the Entertainment Team for your final chance to be crowned trivia champions!

9.45pm Golden Lion Pub, Deck 2, Forward



Today's activities.

6am

6.00am GOOD MORNING QUEEN ELIZABETH

With Entertainment Manager Amanda Reid and guests (until 12.00pm). Followed by the Movie 'Star Trek: Beyond' which will be repeated continuously throughout the day.
Stateroom TV, Channel 22

6.00am CUNARD INSIGHTS LECTURE

An opportunity to see 'Superpowers & Spies', presented by Margaret Gilmore earlier this voyage.
Stateroom TV, Channel 44 (repeated continuously)

7am

7.00am FITNESS: STRETCH & RELAX

Royal Spa Fitness Centre, Deck 9

7.30am FITNESS: FAB ABS CLASS

Royal Spa Fitness Centre, Deck 9

8am

8.00am FITNESS: YOGA CLASS

Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9am

9.00am FITNESS: INDOOR CYCLING

Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9.00am CROSSWORD PUZZLES & QUIZZES AVAILABLE

Library, Deck 2, Midships

9.30am TABLE TENNIS COMPETITION

Deck 9, A Stairway



9.30am BEGINNERS BRIDGE LESSON

Card Room, Deck 3, Midships (until 10.30am)

9.30am RUNNING WINDOWS ON THE APPLE MAC

No booking required seats are on a first come first serve basis.
ConneXions 1, Deck 1 Grand Lobby (until 10.30am)

10am

10.00am TRADITIONAL MARITIME CHURCH SERVICE

Conducted by Captain Aseem A. Hashmi MNM.
Royal Court Theatre, Decks 1, 2 & 3, Forward (until 10.30am)

10.00am LINE DANCING

With the Royal Cunard Dancers.
Queens Room, Deck 2, Midships

10.00am WATERCOLOUR ART CLASS

Art kits are available for \$35.00.
Britannia Restaurant, Deck 3, Aft (until 11.00am)

10.00am FITNESS: BODY SCULPT BOOT CAMP

Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

10.00am MORNING TRIVIA

Golden Lion Pub, Deck 2, Forward



10.00am COLLAGEN BOOST FACE AND BODY WITH THERMAGE

Thermage smooths lines and wrinkles and remodels collagen for the overall health of the skin. Hosted by Dr Eduardo Ramirez.
Royal Spa, Deck 9, Forward (until 11.00am)

10.30am INTERMEDIATE BRIDGE LESSON

Card Room, Deck 3, Midships (until 11.30am)

10.45am A WORLD OF SCULPTURE TALK

Clarendon Fine Art Gallery, Deck 3

11.00am ARTHRITIS & BACK PAIN SOLUTIONS

Acupuncture treats aches and pains from head to toe. Safe, effective, and time tested. Conducted by our internationally qualified Acupuncturist, Amanda.
Royal Spa, Deck 9, Forward

10.45am SIGN UP FOR FOIL FENCING

A beginners' fencing class. Spaces limited to 12 per class. Class starts at 11.00am.
Queens Room, Deck 2 (until 11.45am)

11am

11.00am SOLO TRAVELLER'S COFFEE MORNING

Lido Buffet, Deck 9 Aft, Starboard Side

11.00am SOCIAL BAGGO

Deck 10, B stairway (unhosted)

11am

11.00am DETOX FOR HEALTH AND WEIGHTLOSS

Join our personal trainers and learn about what toxins are, how they affect your body and how you can detox your body and boost your health and energy.
Royal Spa Fitness Centre, Deck 9, Forward

11.00am INTERVIEW WITH CAPTAIN ASEEM HASHMI MNM

Royal Court Theatre, Decks 1, 2 & 3

11.00am NAVIGATIONAL CHART AUCTION

Will take place after the Captains interview at approximately 11.45am.
Royal Court Theatre, Decks 1, 2 & 3

11.15am KILLER DARTS COMPETITION

With a member of the Entertainment Team.
Golden Lion Pub, Deck 2, Forward



12pm

12.00pm NAVIGATIONAL ANNOUNCEMENT

Information from the bridge over the public address system.

12.00pm LOW LIMIT GAMING

Empire Casino, Deck 2 (until 5.00pm)

12.00pm LEARN HOW TO REVITALISE YOUR LEGS

Join Rachel our body specialist to find out what causes fluid retention, swollen ankles and poor circulation. Special offers on our exclusive Leg Therapy treatment to all who attend.
Royal Spa, Deck 9, Forward (until 1.00pm)

12.15pm FINAL REHEARSAL QUEEN ELIZABETH HARMONY CHOIR

Yacht Club, Deck 10, Forward

12.15pm INSIGHTS SPEAKER: JOHN SHERLOCK

"Renaissance and Revival." Starting in 15th century Italy, a new love of classical building design spread across Europe. And then, in 19th century Britain, medieval building design was revived incorporating new industrial techniques. John explains how all this came about.
Royal Court Theatre, Decks 1, 2 & 3

12.15pm BALLROOM DANCE CLASS: VIENNESE WALTZ

With international ballroom instructors Sergey and Olga.
Queens Room, Deck 2 (until 1.00pm)

12.30pm LIVE MUSIC WITH CHANGEZ

Inclement weather venue: Garden Lounge, Deck 9, Midships
Lido Pool, Deck 9, Aft (until 1.15pm)

12.30pm COCKTAIL PIANIST PAT PATTON

Golden Lion Pub, Deck 2 (until 1.15pm)

1pm

1.00pm HOW TO LOOK 10 YEARS YOUNGER

Get the natural-looking results you desire with minimal no down time, educate yourself by knowing exactly how fillers and muscle relaxers work. Presented by facial rejuvenation specialist, Dr. Eduardo Ramirez.
Yacht Club, Deck 10, Forward (until 1.45pm)

1.00pm WATERCOLOUR ART CLASS

Britannia Restaurant, Deck 3, Aft (until 2.00pm)

1.15pm INSIGHTS SPEAKER: DAVE MALLINDER

"The Frank Sinatra Story." Today Dave Mallinder shares with us the history of man whose contribution to our life and times extends far beyond his music, to embrace an exuberance, a zest for life and a sense of style that define what it meant to be young at heart. 'Come Fly With Me', 'The Tender Trap' and 'Strangers In The Night' are just a few of his many, many hits.
Royal Court Theatre, Decks 1, 2 & 3

1.30pm PREMIER LEAGUE LIVE

Manchester City vs. Southampton (satellite reception permitting)
Golden Lion Pub, Deck 2, Forward & Garden Lounge, Deck 9, Midships

2pm

2.00pm POWERFUL POSTURE FOR RELIEF OF KNEE & BACK PAIN

Join us to learn about the biomechanics of walking and how the way your foot striking the ground can affect your whole body. Free foot print analysis for all who attend.
Royal Spa Fitness Centre, Deck 9, Forward (until 3.00pm)

2.00pm WATERCOLOUR ART EXHIBITION

Britannia Restaurant, Deck 3, Aft

Tonight's Entertainment.

2pm

2.00pm SOCIAL BRIDGE, WHIST AND CHESS
ConneXions 2 & 3, Deck 3, Midships (until 4.00pm)

2.00pm GUEST TALENT SHOW
Guests must have attended yesterday's rehearsal to take part.
Queens Room, Deck 2, Midships

2.00pm PADDLE TENNIS COMPETITION
Deck 11, A stairway



2.00pm GUESS THE MELODY
Yacht Club, Deck 10, Forward



2.00pm DUPLICATE BRIDGE TOURNAMENT
Card Room, Deck 3, Midships (until 4.00pm)



2.15pm INFORMAL GET-TOGETHER: WOMENS INSTITUTE
Admiral's Lounge, Deck 10

3pm

3.00pm HOW TO LOSE UP TO 8 INCHES: WHILST AT HOME
Ionithermie is the first noninvasive detoxification, firming and toning treatment. This is an instant result driven treatment where you can loose up to 8 inches in 1 session.
Royal Spa Fitness Centre, Deck 9, Forward (until 4.00pm)

3.00pm QUEEN ELIZABETH HARMONY CHOIR PERFORMANCE
Royal Court Theatre, Decks 1, 2 & 3

3.00pm USING YOUR iPad - PHOTOGRAPHS AND VIDEOS
Bring your own iPad and learn how to use it efficiently. Booking required via Purser's office, or iStudy Manager, a nominal fee of \$15 applies.
ConneXions 1, Deck 1 Grand Lobby (until 4.00pm)

3.00pm HOSTESS CORNER: NEEDLEWORK & KNITTING
Yacht Club, Deck 10, Forward (until 3.45pm)

3.00pm QUIZZICAL CORNER
With a member of the Entertainment Team.
Lido Pool deck 9 aft



3.15pm SHORT MAT BOWLS COMPETITION
Deck 11, A Stairway



3.30pm QUEENS ROOM AFTERNOON TEA
Featuring the Eos String Quartet.
Queens Room, Deck 2, Midships (until 4.30pm)

4pm

4.00pm HERBS THAT HEAL
Find out how Chinese medicine can help you. Discover the formulas, with your acupuncturist on board.
Royal Spa, Deck 9, Forward (until 5.00pm)

4.00pm FITNESS: PILATES CLASS
Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

4.00pm SOLO TRAVELLERS BON VOYAGE
Yacht Club, Deck 10, Forward

4.15pm AFTERNOON TRIVIA
With a member of the Entertainment Team.
Golden Lion Pub, Deck 2, Forward



4.30pm CROQUET COMPETITION
Deck 11, A Stairway



5pm

5.00pm FINAL SNOWBALL JACKPOT BINGO
Tickets are on sale from 10.00am at the Casino cash desk, Deck 2.
Queens Room, Deck 2, Midships

5.00pm PREMIER LEAGUE LIVE
Chelsea vs. Manchester United (satellite reception permitting)
Garden Lounge, Deck 9, Midships

5.00pm FITNESS: STRETCH AND RELAX
Royal Spa Fitness Centre, Deck 9

5.00pm FRIENDS OF DOROTHY
Commodore Club, Deck 10, Forward, Starboard Side (until 6.00pm)

5pm

5.00pm FRIENDS OF BILL W.
Admiral's Lounge, Deck 10 (until 6.00pm)

5.15pm ACTIVITY REWARD REDEMPTION
For guests disembarking tomorrow bring along your stamped activity reward booklet to exchange them for prizes. Kindly note stamps cannot be exchanged after this time.
Card Room, Deck 3, Midships (until 6.00pm)

5.15pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until 6.00pm)

5.30pm EOS STRING QUARTET
Midships Bar, Deck 3 (until 6.30pm)

6pm

6.45pm HARPIST LARA SZABO
Cafe Carinthia, Deck 2, Grand Lobby (until 7.30pm)

7pm

7.00pm BEAT THE CLOCK
The real test of your trivia knowledge - can you answer all the questions before the clock runs out?
Golden Lion Pub, Deck 2, Forward

7.30pm PIANO ENTERTAINER GRAHAM WELLARD
Commodore Club, Deck 10, Forward (until 8.30pm)

7.45pm HARPIST LARA SZABO
Cafe Carinthia, Deck 2, Grand Lobby (until 8.30pm)

7.45pm RECORDED BALLROOM, LATIN & DANCE MUSIC
Yacht Club, Deck 10, Forward (until 8.30pm)

7.45pm SEQUENCE DANCING
Queens Room, Deck 2, Midships (until 8.30pm)

8pm

8.00pm WIPEOUT TRIVIA
The trivia with a twist - will you keep all your points?
Golden Lion Pub, Deck 2, Forward

8.30pm VARIETY SHOWTIME
Royal Court Theatre, Decks 1, 2 & 3 Forward

9pm

9.15pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until 9.45pm)

9.15pm BALLROOM & LATIN DANCE MUSIC
Queens Room, Deck 2 Midships (until late)

9.15pm FAREWELL DISCO WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until 9.45pm)

9.30pm PIANO ENTERTAINER GRAHAM WELLARD
Commodore Club, Deck 10, Forward (until 1.00am)

9.30pm COCKTAIL PIANIST DAVID CRATHORNE
Midships Bar, Deck 3 (until 10.30pm)

9.45pm LIVE MUSIC WITH CHANGEZ
Yacht Club, Deck 10, Forward (until 10.30pm)

9.45pm FAREWELL TRIVIA
Come and join the Entertainment Team for your final chance to be crowned trivia champions!
Golden Lion Pub, Deck 2, Forward

10pm

10.30pm VARIETY SHOWTIME
Royal Court Theatre, Decks 1, 2 & 3 Forward

10.30pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until late)

10.30pm FAREWELL DISCO WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until 11.15pm)

10.30pm EOS STRING QUARTET
Midships Bar, Deck 3 (until 11.15pm)

11pm

11.15pm LIVE MUSIC WITH CHANGEZ
Yacht Club, Deck 10, Forward (until 12.15pm)

12pm

12.15am LATE NIGHT DANCING WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until late)