Thursday 20 October 2016

Sunrise 8.07am Sunset 7.29pm



Daily Programme.

At sea en route to Cadiz, Spain.

From the Navigator.



Today sees Queen Elizabeth maintaining her westerly course across the Algerian Basin keeping Algeria on our port side. Later this evening we will enter the Alboran Sea keeping Morocco to port and Spain to starboard.

Queen Elizabeth Presents: A Musical Murder Mystery.

The Entertainment Staff present a Sherlock Holmes Murder Mystery. "The Murder of the Master Mariner at Midnight on a Misty Monday Night in the Mid-Atlantic with a Mayan Machete" (Possibly PG rated and definitely NOT recommended for lovers of good entertainment!).

3.00pm Royal Court Theatre, Decks 1, 2 & 3

Virtual Bridge Tour.



A virtual Bridge tour presentation with Captain Aseem A. Hashmi MNM. Fascinating insight into the practicalities of navigating the Queen Elizabeth.

At 10.00am, Royal Court Theatre, Decks 1, 2 & 3

Cooking

Join our Executive Chef Trevor Connolly.as he prepares two mouth watering dishes from his

recipe book.
At 11.00am,
Royal Court Theatre,
Decks 1, 2 & 3.



Cunard Insights Lecture. John Sherlock

"Roman Ingenuity and Engineering." **At 12.15pm**

Dave Mallinder "The Dean Martin Story".

At 2.00pm Royal Court Theatre, Decks 1, 2 & 3.

Today

Shop Clearance Event

Please ask for more details

Huge Reductions

In Today's Discover...

Visit the Royal Spa and be pampered by our friendly staff, book your next holiday on one of our luxurious ships or treat yourself to one of our delicious coffees in Café Carinthia.

Tonight's Entertainment.

The comedy of... Roy Walker



Roy Walker is already well known to TV viewers through top ITV game show 'Catchphrase' and has won a whole new fan base through his regular 'Carpark Catchphrase' feature on Chris Moyles' BBC Radio 1 breakfast show. He guest-starred in 50 Musical Years of Stage and Screen, a gala concert at the Palace Theatre in London's West End and he was invited to perform in New York at a benefit concert Salute to the New York City Firefighters. Presented by Entertainment Manager Amanda Reid.

8.30pm and 10.30pm Royal Court Theatre, Decks 1, 2 & 3

Ballroom & Latin Dancing.



Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Thomas Harris. Featuring vocalist Harry Nijkamp.

7.45pm to 8.30pm & 9.15pm to 12.00am. Queens Room, Deck 2, Midships.



Today's activities.

6.00am GOOD MORNING QUEEN ELIZABETH

With Entertainment Manager Amanda Reid and guests (until 12.00pm), Followed by the Movie 'The Lady In The Van', which will be repeated continuously throughout the day. Stateroom TV, Channel 22

6.00am CUNARD INSIGHTS LECTURE

An opportunity to see 'Greek Origins and Illusions', presented by John Sherlock earlier this voyage. Stateroom TV, Channel 44 (repeated continuously)

7.00am FITNESS: STRETCH & RELAX

Royal Spa Fitness Centre, Deck 9

7.30am FITNESS: FAB ABS CLASS Royal Spa Fitness Centre, Deck 9

8.00am FITNESS: YOGA CLASS

Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9.00am FITNESS: INDOOR CYCLING

Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9.00am CROSSWORD PUZZLES & QUIZZES AVAILABLE Library, Deck 2, Midships

9.30am BEGINNERS BRIDGE LESSON

Classes run in sequence. Card Room, Deck 3, Midships (until 10.30am)

9.30am GOLF TARGET COMPETITION With Sports Host, Jackie.

Golf Net Area, Deck 10, B Stairway



10.00am FITNESS: BODY SCULPT BOOT CAMP

Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

10.00am WATERCOLOUR ART CLASS

Art kits are available for \$35.00. Britannia Restaurant, Deck 3, Aft (until 11.00am)

10.00am VIRTUAL BRIDGE TOUR WITH CAPTAIN HASHMI Royal Court Theatre, Decks 1, 2 & 3 Forward

10.00am MORNING TRIVIA

With a member of the Entertainment Team. Golden Lion Pub, Deck 2, Forward



10.00am ARTHRITIS & BACK PAIN SOLUTIONS

Acupuncture treats aches and pains from head to toe. Safe, effective, and time tested. Start feeling better today. Health is the best souvenir of all. Conducted by our internationally qualified Acupuncturist, Amanda. Royal Spa, Deck 9, Forward

10.30am INTERMEDIATE BRIDGE LESSON Card Room, Deck 3, Midships (until 11.30am)

10.45am A WORLD OF ART TALK: FINE ART FOR THE FUTURE Clarendon Fine Art Gallery, Deck 3, Midships (until 11.30am)

11.00am HAIR SHOW"THE ULTIMATE CUT"

Join our international hair stylists for this spectacular hair show where one lucky winner will be chosen to receive a free cut and style live on stage.

Yacht Club, Deck 10, Forward (until 11.00am)

11.00am SHORT MAT BOWLS COMPETITION Deck 11, A Stairway



11.00am COOKING DEMONSTRATION

Royal Court Theatre, Decks 1, 2 & 3

11.00am DETOX FOR HEALTH AND WEIGHT LOSS

Join our personal trainers and learn about what toxins are, how they affect your body and how you can detox your body and boost your health and energy. Royal Spa Fitness Centre, Deck 9, Forward

11.00am SOLO TRAVELLER'S COFFEE MORNING

Meet Janice, your Social Hostess, for an informal get together. Lido Buffet, Deck 9 Aft, Starboard Side

11.15am KILLER DARTS COMPETITION

With a member of the Entertainment Team. Golden Lion Pub, Deck 2, Forward



12.00pm NAVIGATIONAL ANNOUNCEMENT

Information from the bridge over the public address system.

12.00pm LOW LIMIT GAMING

Empire Casino, Deck 2 (until 5.00pm)

12.00pm HOW TO LOOK 10 YEARS YOUNGER

Get the natural-looking results you desire with minimal no down time, educate yourself by knowing exactly how fillers and muscle relaxers work. Presented by the one and only, facial rejuvenation specialist, Dr.

Royal Spa, Deck 9, Forward (until 12.45pm)

12.15pm INSIGHTS LECTURE: JOHN SHERLOCK

"Roman Ingenuity and Engineering." With breathtaking feats of daring the Romans celebrated everything they had learnt from earlier generations and added their own flair and ingenuity: in particular their ability to span huge voids with arches, vaults and domes.

Royal Court Theatre, Decks 1, 2 & 3

12.15pm BALLROOM DANCE CLASS: TANGO PART 2

With international ballroom instructors Sergey and Olga. Queens Room, Deck 2 (until 1.00pm)

12.30pm LIVE MUSIC WITH CHANGEZ Lido Pool, Deck 9, Aft (until 1.15pm)

12.30pm COCKTAIL PIANIST PAT PATTON Golden Lion Pub, Deck 2 (until 1.15pm)

1.00pm ROULETTE TOURNAMENT

Empire Casino, Deck 2

1.00pm LEARN HOW TO REVITALISE YOUR LEGS

Join in for this very educational seminar about how we can find relieve with tired, swollen and puffy legs. Always suffered from water retention? Need some relief? Find out how our body specialist, Rachel, can help and advise according to your specific concerns. Royal Spa, Deck 9, Forward

1.00pm QUEEN ELIZABETH HARMONY CHOIR

Yacht Club, Deck 10, Forward

1.00pm WATERCOLOUR ART CLASS

Art kits are available for \$35.00 Britannia Restaurant, Deck 3, Aft (until 2.00pm)

2.00pm INSIGHTS LECTURE: DAVID MALLINDER

"The Dean Martin Story." Today Dave Mallinder will present a talk covering the history of one the world's best loved entertainers in both the worlds of film and popular music. This artist was, without doubt an incredible performer whose unique talent brought us many well-loved hits including 'Volare, 'That's Amore' and 'Everybody Loves Somebody Sometime' and memorable movies which include, 'Rio Bravo', 'Ocean's Eleven', 'Robin And The Seven Hoods' and 'The Sons Of Katie Elder'.

Royal Court Theatre, Decks 1, 2 & 3

2.00pm GUESS THE MELODY Lido Pool deck 9 aft



2.00pm LATIN DANCE CLASS: SALSA

Join Royal Cunard Dancers, for this fun, step by step class. Queens Room, Deck 2 (until 2.45pm)

2.00pm DUPLICATE BRIDGE TOURNAMENT Card Room, Deck 3, Midships (until 4.00pm)



2.00pm INTRODUCTION TO ACUPUNCTURE

Ever tried Acupuncture, wanted more information in regards to how it work and what conditions this could treat? Now is the perfect opportunity for a very educational seminar about the treatment and procedures. Presented by Amanda Hu. Royal Spa, Deck 9, Forward (until 3.00pm)

2.00pm SOCIAL BRIDGE, WHIST AND CHESS

ConneXions 2 Deck 3, Midships (until 4.00pm)

Tonight's Entertainment.

2.00pm RELIEVING BACK PAIN WITH GOOD FEET

Overcome needless lower back pain, aching shoulders, and foot problems with a few tips from our expert. Come along and receive a complimentary foot analysis to address your individual concerns. Royal Spa Fitness Centre, Deck 9, Forward

2.00pm PADDLE TENNIS COMPETITION

With Sports Host, Jackie. Deck 11, A Stairway



2.15pm SERVICE CLUB MEETING Informal gathering of Kiwanis, Rotarians, Lions, Soroptimists and other Service Clubs.

Admirals Lounge, Deck 10 Forward

2.45pm A WORLD OF ART TALK: JACK VETTRIANO

Clarendon Fine Art Gallery, Deck 3, Midships (until 3.30pm)

3.00pm MUSICAL MURDER MYSTERY

The Entertainment Staff present a Sherlock Holmes Murder Mystery. Royal Court Theatre, Decks 1, 2 & 3 Forward

3.00pm HOW TO LOSE UP TO 8 INCHES

Ionithermie: Offers wellness solutions for women and men. Ionithermie is a clinically-trialed treatment. It is the first noninvasive $\ detoxification, firming \ and \ toning \ treatment. This is \ an instant \ result$ driven treatment where you can loose up to 8 inches in 1 session. Royal Spa, Deck 9, Forward

3.00pm HOSTESS CORNER: NEEDLEWORK & KNITTING

Bring your own knitting and needlework projects for an informal gathering with Social Hostess Janice. Yacht Club, Deck 10, Forward (until 3.45pm)

3.00pm SNOWBALL JACKPOT BINGO

Tickets are on sale from 10.00am at the Casino cash desk, Deck 2. Golden Lion Pub, Deck 2, Forward

3.00pm USING YOUR iPAD - GETTING TO KNOW YOUR IPAD

Bring your own iPad and learn how to use it efficiently. Booking required via Purser's office, or iStudy Manager, a nominal fee of \$15

ConneXions 1, Deck 1 Grand Lobby (until 4.00pm)

3.15pm CROQUET COMPETITION

With Sports Host, Jackie. Deck 11, A Stairway



3.30pm QUEENS ROOM AFTERNOON TEA

Featuring cocktail pianist David Crathorne.

Queens Room, Deck 2, Midships (until 4.30pm)

4.00pm COLLAGEN BOOST FACE AND BODY WITH THERMAGE

Thermage smooths lines and wrinkles and remodels collagen for the overall health of the skin.

Royal Spa, Deck 9, Forward (until 5.00 pm)

4.00pm FITNESS: PILATES CLASS

Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

4.15pm AFTERNOON TRIVIA

With a member of the Entertainment Team. Golden Lion Pub, Deck 2, Forward



4.30pm BAGGO COMPETITION

With Sports Host, Jackie. Deck 10, B Stairway



5.00pm TAP DANCE CLASS

Join Entertainment Host Ross, for a tap dance class and learn fun and easy soft shoe tap routines. Queens Room, Deck 2, Midships

5.00pm FRIENDS OF DOROTHY Commodore Club, Deck 10, Forward, Starboard Side (until 6.00pm)

5.00pm FITNESS: STRETCH AND RELAX

Royal Spa Fitness Centre, Deck 9

5.15pm PIANO ENTERTAINER PAT PATTON

Golden Lion Pub, Deck 2, Forward (until 6.00pm)

5.30pm HARPIST LARA SZABO

Midships Bar, Deck 3 (until 6.30pm)

6.00pm FRIENDS OF BILL W

Admiral's Lounge, Deck 10 (until 7.00pm)

6.45pm HARPIST LARA SZABO

Cafe Carinthia, Deck 2, Grand Lobby (until 7.30pm)

7.00pm BEAT THE CLOCK

Golden Lion Pub, Deck 2, Forward

7.30pm PIANO ENTERTAINER GRAHAM WELLARD Commodore Club, Deck 10, Forward (until 8.30pm)

7.45pm HARPIST LARA SZABO

Cafe Carinthia, Deck 2, Grand Lobby (until 8.30pm)

7.45pm EOS STRING QUARTET

Garden Lounge, Deck 9, Midships (until 8.30pm)

7.45pm BALLROOM AND LATIN DANCING

Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Thomas Harris.

Queens Room, Deck 2, Midships (until 8.30pm)

8.00pm WIPEOUT TRIVIA

The trivia with a twist – will you keep all your points? Golden Lion Pub, Deck 2, Forward



8.30pm SHOWTIME: ROY WALKER

Presented by Entertainment Manager Amanda Reid.
Royal Court Theatre, Decks 1, 2 & 3 Forward

9.15pm BALLROOM AND LATIN DANCING

Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Thomas Harris. Featuring

vocalist Harry Nijkamp. Dueens Room, Deck 2, Midships (until 12.00am)

9.15pm PIANO ENTERTAINER PAT PATTON Golden Lion Pub, Deck 2, Forward (until 9.45pm)

9.15pm REQUEST EXPRESS WITH DJ CLAIRE

Yacht Club, Deck 10, Forward (until 9.45pm)

9.30pm COCKTAIL PIANIST DAVID CRATHORNE

Midships Bar, Deck 3 (until 10.30pm)

9.30pm PIANO ENTERTAINER GRAHAM WELLARD

Commodore Club, Deck 10, Forward (until 1.00am)

9.30pm EOS STRING QUARTET

Garden Lounge, Deck 9, Midships (until 10.15pm)

9.45pm JOKERS WILD

Will you choose the correct category to double your points? Join the Entertainment Team and find out! Golden Lion Pub, Deck 2, Forward (until 10.30pm)

9.45am LIVE MUSIC WITH CHANGEZ

Yacht Club, Deck 10, Forward (until 10.30pm)

10.30pm SHOWTIME: ROY WALKER

Presented by Entertainment Manager Amanda Reid. Royal Court Theatre, Decks 1, 2 & 3 Forward

10.30pm REQUEST EXPRESS WITH DJ CLAIRE

Yacht Club, Deck 10, Forward (until 11.15pm)

10.30pm HARPIST LARA SZABO

Midships Bar, Deck 3 (until 11.30pm)

10.30pm PIANO ENTERTAINER PAT PATTON Golden Lion Pub, Deck 2, Forward (until 1.00am)

11.15am LIVE MUSIC WITH CHANGEZ Yacht Club, Deck 10, Forward (until 12.15am)

12.15am LATE NIGHT DANCING WITH RESIDENT DJ Yacht Club, Deck 10, Forward (until late)