



Daily Programme.

From the Navigator.



Early this morning Queen Elizabeth transited the Messina strait passing Messina on our starboard side and Villa San Giovanni to port, once clear of the strait we set a south easterly course towards Piraeus transiting the Ionian Sea. Later tonight we will approach the south coast of the Peloponnisos entering the Hellenic trench.

Kenyon Medel Jewellery Seminar



Join Bruno, our international jewellery designer as he talks you through what inspires his unique and modern jewellery creations and what gemstones he uses. After the seminar Bruno will unveil his stunning collection of exquisite gemstones and pearls.

At 11.00am

ConneXions 2 & 3, Deck 3, Midships

Ice Carving Demonstration.

Join our talented food artistes on the open deck as they show you how they create masterpieces out of a simple block of ice.

1.15pm, Lido Pool Area, Deck 9 Aft



Guess the Melody.



Come and join the Entertainment Team and see how many songs you can name!

2.00pm Lido Pool deck 9 aft

At sea en route to Piraeus, Greece.

Celebrity Speaker Margaret Gilmore

"Reporting Terrorism, Writing History."

At 11.00am

Royal Court Theatre, Decks 1, 2 & 3.



Tonight's Showtime Singer, Comedian, Impressionist Allan Stewart.



Allan has appeared in many television shows in his long career. Including Copy Cats, Chain Letters and 3 Royal Variety performances. His theatre credits include the lead in Jolson the Musical, Stones in his Pockets and most recently, Roger De Bris in Mel Brooks the Producers. Allan is looking forward to appearing once again on 'Queen Elizabeth.' Hosted by Entertainment Manager Amanda Reid.

At 8.30pm & 10.30pm

Royal Court Theatre, Decks 1, 2 & 3

Cunard Insights Lecture.

Phil Holt

"Lest we forget - The Battle of Britain Memorial Flight."

At 10.00am

Nigel Vardy

"Writing for the Love of Mountains - Crossing the Divide."

At 12.15pm

Royal Court Theatre, Decks 1, 2 & 3.

Classical Concert Geoffrey Haydock, clarinet & Penelope Smith, pianist



Today's performance "Times and Seasons."

From Johann Strauss's brilliant 'Voices of Spring' to George Gershwin's beautiful 'Summertime' we travel through the seasons and mark the times of day with Elgar's 'Chanson de Matin' and Debussy's 'Clair de Lune'. The programme also includes wonderful music by Beethoven and Mendelssohn.

At 2.00pm Queens Room, Deck 2.

Roaring 20's Ball



Tonight the Queens Room features a tribute to the wild and carefree days of the roaring twenties. Dance the Charleston, Fox Trot and Quickstep on one of the most glamorous dance floors at sea. Featuring a special dance performance by Sergey and Olga.

9.15pm to 12.00am.

Queens Room, Deck 2, Midships.



Today's activities.

6am

6.00am GOOD MORNING QUEEN ELIZABETH
With Entertainment Manager Amanda Reid and guests (until 12.00pm), Followed by the Movie 'The Jungle Book' which will be repeated continuously throughout the day.
Stateroom TV, Channel 22

6.00am CUNARD INSIGHTS LECTURE
An opportunity to see 'Writing for the love of mountains-Lost Communication', presented by Nigel Vardy earlier this voyage.
Stateroom TV, Channel 44 (repeated continuously)

7am

7.00am FITNESS: STRETCH & RELAX
Royal Spa Fitness Centre, Deck 9

7.30am FITNESS: FAB ABS CLASS
Royal Spa Fitness Centre, Deck 9

8am

8.00am FITNESS: YOGA CLASS
Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9am

9.00am FITNESS: INDOOR CYCLING
Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9.00am CROSSWORD PUZZLES & QUIZZES AVAILABLE
Library, Deck 2, Midships

9.30am BEGINNERS BRIDGE LESSON
Card Room, Deck 3, Midships (until 10.30am)

9.30am INTRODUCTION TO FACEBOOK
No booking required seats are on a first come first seated basis.
ConneXions 1, Deck 1 Grand Lobby. (until 10.30am)

9.30am BAGGO COMPETITION
Deck 10, B Stairway



10am

10.00am LINE DANCING
Queens Room, Deck 2, Midships

10.00am FITNESS: BODY SCULPT BOOT CAMP
Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

10.00am WATERCOLOUR ART CLASS
Art kits are available for \$35.00.
Britannia Restaurant, Deck 3, Aft (until 11.00am)

10.00am INSIGHTS LECTURE: PHIL HOLT
"Lest we forget - The Battle of Britain Memorial Flight." There can be no better tribute to "The Few" than a flight of fully airworthy World War 2 aircraft. It is moving to see these aircraft in 21st century skies, as they commemorate all airmen & airwomen who have given their lives in all conflicts since the formation of the RAF in 1918.
Royal Court Theatre, Decks 1, 2 & 3

10.00am MORNING TRIVIA
Golden Lion Pub, Deck 2, Forward



10.00am HOW TO LOSE UP TO 8 INCHES
Ionithermie: Offers wellness solutions for women and men. This is an instant result driven treatment where you can loose up to 8 inches in 1 session.
Royal Spa, Deck 9, Forward

10.30am INTERMEDIATE BRIDGE LESSON
Card Room, Deck 3, Midships (until 11.30am)

11am

11.00am SECRETS TO A FLATTER STOMACH
Join our Personal Trainers as they demonstrate tried and tested ways of losing abdominal fat.
Royal Spa, Deck 9, Forward

11.00am SOCIAL TABLE TENNIS
Deck 9, A Stairway

11.00am CELEBRITY SPEAKER: MARGARET GILMORE
"Reporting Terrorism, Writing History" Drawing on her experiences as a leading British TV Correspondent Margaret Gilmore investigates how defining moments in modern history are reported, giving new insight into events including the July 7 London bomb attacks, 9/11 and the most recent attacks in Europe.
Royal Court Theatre, Decks 1, 2 & 3

11am

11.00am KENYON MEDEL JEWELLERY SEMINAR
ConneXions 2 & 3, Deck 3, Midships

11.00am SIGN UP FOR FOIL FENCING
A beginners' fencing class. Spaces limited to 12 per class.
Queens Room, Deck 2 (until 11.45am)

11.00am COUPLES MASSAGE WORKSHOP
Join us today and learn how to relieve muscle tension at home with your partner. Allow our international qualified massage therapist to educate you and illustrate how this should be done. Attend this workshop for \$48.00 per couple and also receive a complimentary oil to continue with your treatment at home.
Royal Spa, Deck 9, Forward (until 12.00pm)

11.00am SOLO TRAVELLER'S COFFEE MORNING
Lido Buffet, Deck 9 Aft, Starboard Side

11.15am KILLER DARTS COMPETITION
Golden Lion Pub, Deck 2, Forward



12pm

12.00pm NAVIGATIONAL ANNOUNCEMENT
Information from the bridge over the public address system.

12.00pm LOW LIMIT GAMING
Empire Casino, Deck 2 (until 5.00pm)

12.00pm STRESS, LONGEVITY & DIGESTION: CHINESE MEDICINE
Herbal remedies are natural solutions to your common health conditions. They can be used to treat digestive problems, stress, insomnia and maintain good health.
Royal Spa, Deck 9, Forward (until 12.45pm)

12.15pm BALLROOM DANCE CLASS: RUMBA
With international ballroom instructors Sergey and Olga.
Queens Room, Deck 2 (until 1.00pm)

12.15pm INSIGHTS LECTURE: NIGEL VARDY
"Writing for the Love of Mountains-Crossing the Divide." Sometimes, love pushes us to our limits, both mentally and physically. For five years I undertook a challenge, which drove me with a deep passion. As I stood on the highest peak in Madagascar I completed a British Climbing first, but I felt lost. All my energy had been spent chasing a dream, but when that dream came real, I had lost my purpose.
Royal Court Theatre, Decks 1, 2 & 3

12.30pm LIVE MUSIC WITH CHANGEZ
Lido Pool, Deck 9, Aft (until 1.15pm)

12.30pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until 1.00pm)

1pm

1.00pm QUEEN ELIZABETH HARMONY CHOIR
Yacht Club, Deck 10, Forward

1.00pm THERMAGE- LIVE BEAUTIFULLY
The best treatment to look younger and to show real results.
Royal Spa, Deck 9, Forward

1.00pm WATERCOLOUR ART CLASS
Art kits are available for \$35.00.
Britannia Restaurant, Deck 3, Aft (until 2.00pm)

1.15pm ICE CARVING DEMONSTRATION
Lido Pool Area, Deck 9 Aft

2pm

2.00pm DUPLICATE BRIDGE TOURNAMENT
Card Room, Deck 3, Midships (until 4.00pm)



2.00pm SHORT MAT BOWLS COMPETITION
Deck 11, A Stairway



2.00pm WALKING IN COMFORT WITH GOOD FEET
Join us to learn about the biomechanics of walking and how the way your foot striking the ground can affect your whole body. Free Foot Print Analysis for all who attend.
Royal Spa Fitness Centre, Deck 9, Forward

2.00pm CLASSICAL CONCERT
Geoffrey Haydock & Penelope Smith, Clarinet & Pianoforte duo.
Queens Room, Deck 2, Midships

Tonight's Entertainment.

2pm

2.00pm PUFFY LEGS?

Suffering from water retention? Tightness in the legs? Poor blood circulation? Find out how leg therapy can relieve these symptoms and how to maintain them whilst at home.
Royal Spa, Deck 9, Forward

2.00pm SOCIAL BRIDGE, WHIST AND CHESS

ConneXions 2, Deck 3, Midships (until 4.00pm)

2.00pm GUESS THE MELODY

Lido Pool deck 9 aft



2.00pm MOVIE: 'ME BEFORE YOU'

A girl in a small town forms an unlikely bond with a recently paralyzed man she's taking care of. Starring Emilia Clarke, Sam Claflin, Charles Dance, Jenna-Louise Coleman, Matthew Lewis, Vanessa Kirby. Rated PG-13.

(Repeated continuously tomorrow on Channel 22 from 12.00pm)

Royal Court Theatre, Decks 1, 2 & 3 (Duration: 110 minutes)

2.15pm INTEREST CORNER: WOMENS INSTITUTE

Admiral's Lounge, Deck 10 (until 3.00pm)

2.30pm COMPLIMENTARY GAMING LESSONS

Empire Casino, Deck 2

2.45pm KERRY DARLINGTON RELEASE EVENT

Clarendone Fine Art Gallery, Deck 3

3pm

3.00pm PANDORA SEMINAR

Join Jacqueline for a fascinating talk on Pandora. Discover the history behind this brand and why their jewellery is continuously increasing in popularity.
Fine Jewellery Store Deck 3

3.00pm HOSTESS CORNER: NEEDLEWORK & KNITTING

Bring your own knitting and needlework projects for an informal gathering with Social Hostess Janice.
Yacht Club, Deck 10, Forward (until 3.45pm)

3.00pm QUIZZICAL CORNER

Lido Pool deck 9 aft



3.00pm USING YOUR iPad: PHOTOGRAPHS AND VIDEOS

Bring your own iPad and learn how to use it efficiently. Booking required via Purser's office, or iStudy Manager, a nominal fee of \$15 applies.

ConneXions 1, Deck 1 Grand Lobby (until 4.00pm)

3.00pm SNOWBALL JACKPOT BINGO

Tickets are on sale from 10.00am at the Casino cash desk, Deck 2.
Golden Lion Pub, Deck 2, Forward

3.00pm ARTHRITIS & BACK PAIN SOLUTIONS

Royal Spa, Deck 9, Forward

3.15pm DECK QUILTS COMPETITION

Deck 10, B Stairway



3.30pm QUEENS ROOM AFTERNOON TEA

Featuring the Eos String Quartet.

Queens Room, Deck 2, Midships (until 4.30pm)

4pm

4.00pm RESTORE FACIAL CONTOURS WITH DR EDUARDO

Complimentary consultations to all that attend.
Royal Spa, Deck 9, Forward

4.00pm FITNESS: PILATES CLASS

Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

4.15pm AFTERNOON TRIVIA

Golden Lion Pub, Deck 2, Forward



4.30pm CROQUET COMPETITION

Deck 11, A Stairway



5pm

5.00pm SEQUENCE DANCE CLASS

If you can dance basic ballroom steps come along with your partner to learn a Sequence Dance.

Queens Room, Deck 2 Midships (until 5.45pm)

5pm

5.00pm FRIENDS OF DOROTHY

Commodore Club, Deck 10, Forward, Starboard Side (until 6.00pm)

5.00pm FRIENDS OF BILL W

Admiral's Lounge, Deck 10 (until 6.00pm)

5.00pm FITNESS: STRETCH AND RELAX

Royal Spa Fitness Centre, Deck 9

5.15pm PIANO ENTERTAINER PAT PATTON

Golden Lion Pub, Deck 2, Forward (until 6.00pm)

5.30pm HARPIST LARA SZABO

Midships Bar, Deck 3 (until 6.30pm)

6pm

6.45pm HARPIST LARA SZABO

Midships Bar, Deck 3 (until 7.30pm)

7pm

7.00pm BEAT THE CLOCK

Golden Lion Pub, Deck 2, Forward



7.30pm PIANO ENTERTAINER GRAHAM WELLARD

Commodore Club, Deck 10, Forward (until 8.30pm)

7.45pm SEQUENCE DANCING

Queens Room, Deck 2, Midships (until 8.30pm)

7.45pm JAZZ TRIO

Garden Lounge, Deck 9, Midships (until 8.30pm)

7.45pm HARPIST LARA SZABO

Midships Bar, Deck 3 (until 8.30pm)

7.45pm RECORDED BALLROOM & LATIN DANCE MUSIC

Yacht Club, Deck 10, Forward (until 8.30pm)

8pm

8.00pm WIPEOUT TRIVIA

The trivia with a twist - will you keep all your points?
Golden Lion Pub, Deck 2, Forward



8.30pm SHOWTIME: ALLAN STEWART

Royal Court Theatre, Decks 1, 2 & 3 Forward

9pm

9.15pm ROARING 20'S BALL

Queens Room, Deck 2 Midships (until 12.00am)

9.15pm MOTOWN & MORE WITH DJ CLAIRE

Yacht Club, Deck 10, Forward (until 9.45pm)

9.15pm PIANO ENTERTAINER PAT PATTON

Golden Lion Pub, Deck 2, Forward (until 9.45pm)

9.30pm PIANO ENTERTAINER GRAHAM WELLARD

Commodore Club, Deck 10, Forward (until 1.00am)

9.30pm COCKTAIL PIANIST DAVID CRATHORNE

Midships Bar, Deck 3 (until 10.30pm)

9.45pm LIVE MUSIC WITH CHANGEZ

Yacht Club, Deck 10, Forward (until 10.30pm)

9.45pm BOND TRIVIA

Golden Lion Pub, Deck 2, Forward

10pm

10.30pm MOTOWN & MORE WITH DJ CLAIRE

Yacht Club, Deck 10, Forward (until 11.15pm)

10.30pm SHOWTIME: ALLAN STEWART

Royal Court Theatre, Decks 1, 2 & 3 Forward

10.45pm COCKTAIL PIANIST DAVID CRATHORNE

Midships Bar, Deck 3 (until 11.30pm)

10.30pm PIANO ENTERTAINER PAT PATTON

Golden Lion Pub, Deck 2, Forward (until 1.00am)

11pm

11.15am LIVE MUSIC WITH CHANGEZ

Yacht Club, Deck 10, Forward (until 12.15am)

12am

12.15am LATE NIGHT DANCING WITH DJ CLAIRE

Yacht Club, Deck 10, Forward (until late)