



Daily Programme.

At sea en route to Palma de Mallorca.

From the Navigator.



Early this morning Queen Elizabeth transited the Gibraltar straits and entered the Alboran sea marking our entrance into the Mediterranean, throughout the day we will be setting various north easterly courses towards our next port of call Palma.

Cake Decorating Demonstration.



Join our Pastry Chef and his amazing pastry team as they create some delectable treats.

11.00am, Grand Lobby, Deck 1 Midships

Classical Concert. Featuring the Eos String Quartet.



**At 2.00pm
Queens Room, Deck 2 Midships**

In Today's Discover...

A chance to treat yourself in the Royal Spa, start reading this voyages book club book, and take advantage of our benefits of booking on board...

Cunard Insights Lecture.

Nigel Vardy
"Writing for the Love of
Mountains-Frozen Passions."

At 11.00am

Phil Holt
"The Red Arrows at 50.' Smoke on-GO!"

At 12.15pm

Royal Court Theatre, Decks 1, 2 & 3.

Port Presentation: Sarande

Visit the UNESCO World Heritage town of Gjirokastra, a fine example of an Ottoman merchant town. Or discover "The Blue Eye" a water spring and natural phenomenon occurring near Muzinë in Vlorë County, Albania. A popular tourist attraction, the clear blue water of the river bubbles forth from a stunning, more than fifty-metre-deep pool."

At 10.00am

Port Presentation: Messina

Messina has had a tragic history, culminating in the disastrous earthquake of 1908 and Allied bombing during the last war. Although much of the city has been re-built, there are many treasures of its past to be discovered. One of the most popular attractions is the medieval town of Taormina with its Greek Roman ruins, and the infamous Mount Etna.

At 2.00pm

Royal Court Theatre, Decks 1, 2 & 3.

Diamond Seminar.

Join our on board Jeweller Daniel for this fascinating talk on Diamonds. Are Diamonds an investment? What to look out for when shopping for Diamonds? We answer these questions and many more today.

At 11.00am ConneXions 2 & 3, Deck 3



Tonight's Entertainment A World Champion Of Magic Marc Oberon



In 2009 Marc Oberon became the first Englishman to win a first place in the World Championships in Magic Beijing, China. Marc won with his Midas act in the Close Up Magic Parlour category where all he touched did turn into Gold. This act will be included within his stage show which is an entertaining blend of Magic, Mind-reading and visual illusion. Hosted by Entertainment Manager Amanda Ried.

8.30pm and 10.30pm

Royal Court Theatre, Decks 1, 2 & 3

Ballroom & Latin Dancing



Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Harry Nijcamp.

Featuring vocalist Thomas Harris.

7.45pm to 8.30pm & 9.15pm until late.

Queens Room, Deck 2, Midships.

Karaoke & Pat Patton

Throw your inhibitions overboard and sing your favourite karaoke classics.

**10.30pm Golden Lion
Pub, Deck 2.**





Today's activities.

6am

6.00am GOOD MORNING QUEEN ELIZABETH
With Entertainment Manager Amanda Reid and guests (until 12.00pm), Followed by the Movie 'Maggie's Plan' which will be repeated continuously throughout the day.
Stateroom TV, Channel 22

6.00am CUNARD INSIGHTS LECTURE
An opportunity to see a lecture presented by speaker, Nigel Vardy and Phil Holt from earlier this voyage.
Stateroom TV, Channel 44 (repeated continuously)

7am

7.00am FITNESS: STRETCH & RELAX
Royal Spa Fitness Centre, Deck 9

7.30am FITNESS: FAB ABS CLASS
Royal Spa Fitness Centre, Deck 9

8am

8.00am FITNESS: YOGA CLASS
Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9am

9.00am FITNESS: INDOOR CYCLING
Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9.00am CROSSWORD PUZZLES & QUIZZES AVAILABLE
Library, Deck 2, Midships

9.30am BEGINNERS BRIDGE LESSON
Classes run in sequence.
Card Room, Deck 3, Midships (until 10.30am)

9.30am CHOOSING THE RIGHT MAC
No booking required seats are on a first come first seated basis.
ConneXions 1, Deck 1 Grand Lobby. (until 10.30am)

9.30am GOLF TARGET COMPETITION 
Golf Net Area, Deck 10, B Stairway

10am

10.00am PORT PRESENTATION: SARANDE
? Royal Court Theatre, Decks 1, 2 & 3

10.00am LINE DANCING
Hosted by the Cunard Dancers.
? Queens Room, Deck 2, Midships

10.00am FITNESS: BODY SCULPT BOOT CAMP
Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

10.00am WATERCOLOUR ART CLASS
Art kits are available for \$35.00.
Britannia Restaurant, Deck 3, Aft

10.00am MORNING TRIVIA 
Golden Lion Pub, Deck 2, Forward

10.00am NON SURGICAL FACE LIFTS
Results you'll see and feel, Results that keep getting better. Come and learn how Radio frequency treatments transforms your skin imperfections that result from age and environmental factors.
Royal Spa, Deck 9, Forward

10.30am CLARENDON TEA AND COFFEE MORNING
Clarendon Fine Art Gallery, Deck 3, Midships (until 11.45am)

10.30am INTERMEDIATE BRIDGE LESSON
Card Room, Deck 3, Midships (until 11.30am)

11am

11.00am SECRETS TO A FLATTER STOMACH
Ever wonder why we always seem gain weight on our stomach and why this weight is often the hardest to shift? Join our Personal Trainers as they demonstrate tried and tested ways of losing abdominal fat.
Royal Spa Fitness Centre, Deck 9, Forward (until 11.00am)

11.00am SOCIAL GOLF TARGET
Golf Net Area, Deck 10, B Stairway (unhosted)

11.00am CAKE DECORATING DEMONSTRATION
Grand Lobby, Deck 1, Midships

11.00am SIGN UP FOR FOIL FENCING
A beginners' fencing class. Spaces limited to 12 per class.
? Queens Room, Deck 2 (until 11.45am)

11am

11.00am ACUPUNCTURE FOR PAIN SOLUTIONS
Find out today how acupuncture can help you get pain free, improve health, and return vitality. Take a vacation from your pain
Royal Spa, Deck 9, Forward

11.00am INSIGHTS LECTURE: NIGEL VARDY
"Writing for the Love of Mountains – Frozen Passions." The path of love doesn't always go the way you hope or think. I climbed on Mount McKinley in 1999, and had a heart full of fear, desire and longing. My brief time on the mountain broke my heart, froze me solid and almost cost me my life.
? Royal Court Theatre, Decks 1, 2 & 3

11.00am SOLO TRAVELLER'S COFFEE MORNING
Meet Janice, your Social Hostess, for an informal get together.
Lido Buffet, Deck 9 Aft, Starboard Side

11.15am KILLER DARTS COMPETITION 
With a member of the Entertainment Team.
Golden Lion Pub, Deck 2, Forward

12.00pm NAVIGATIONAL ANNOUNCEMENT
Information from the bridge over the public address system.

12.00pm LOW LIMIT GAMING
Empire Casino, Deck 2 (until 5.00pm)

12.00pm PUFFY LEGS?
Suffering from water retention? Tightness in the legs? Poor blood circulation? Find out how leg therapy can relieve these symptoms and how to maintain them whilst at home.
Royal Spa, Deck 9, Forward (until 12.45pm)

12.15pm INSIGHTS LECTURE: PHIL HOLT
"The Red Arrows at 50. "Smoke on – GO!" In the second of his presentations on perhaps the world's best aerobatic team, Phil covers the organisation of the display season including training and explains the manoeuvres you'll see in summer skies. As you watch them with pride, you'll be able to say - "I know how they do that!"
? Royal Court Theatre, Decks 1, 2 & 3

12.15pm BALLROOM DANCE CLASS: SAMBA
With international ballroom instructors Sergey and Olga.
Queens Room, Deck 2 (until 1.00pm)

12.30pm LIVE MUSIC WITH CHANGEZ
Lido Pool, Deck 9, Aft (until 1.15pm)

12.30pm COCKTAIL PIANIST PAT PATTON
Golden Lion Pub, Deck 2 (until 1.15pm)

1pm

1.00pm ROULETTE TOURNAMENT
Empire Casino, Deck 2

1.00pm WELLNESS EVENT
Join your Spa team for five minute taster complimentary spa treatments: Neck and Shoulders, Eye Booster, Foot Print Analysis and Mineral Make Up. This is the perfect opportunity to try some of our most popular treats complimentary.
Garden Lounge, Deck 9, Midships

1.00pm QUEEN ELIZABETH HARMONY CHOIR
There is still room, so come along and enjoy this fun group with David.
Yacht Club, Deck 10, Forward

2pm

2.00pm GUESS THE MELODY 
Come and join the Entertainment Team and see how many songs you can name!
Yacht Club, Deck 10, Forward

2.00pm DUPLICATE BRIDGE TOURNAMENT 
Card Room, Deck 3, Midships (until 4.00pm)

2.00pm CLASSICAL CONCERT WITH THE EOS STRING QUARTET
? Queens Room, Deck 2, Midships

2.00pm IMPROVING POSTURE WITH GOOD FEET
Join us to learn about the biomechanics of walking and how the way your foot striking the ground can affect your whole body. Free Foot Print Analysis for all who attend.
Royal Spa Fitness Centre, Deck 9, Forward

Tonight's Entertainment.

2pm

2.00pm SOCIAL BRIDGE, WHIST AND CHESS
ConneXions 2 & 3, Deck 3, Midships (until 4.00pm)


2.00pm PORT PRESENTATION: MESSINA
Royal Court Theatre, Decks 1, 2 & 3

2.00pm TABLE TENNIS COMPETITION
Deck 9, A Stairway 

2.00pm SKIN TIGHTENING TREATMENTS
Learn about the most used treatments to restore facial youth.
Royal Spa, Deck 9, Forward

2.15pm SERVICE CLUB MEETING
Informal gathering of Kiwanis, Rotarians, Lions, Soroptimists and other Service Clubs.
Admiral's Lounge, Deck 10 (until 3.00pm)

3pm

3.00pm QUIZZICAL CORNER
Lido Pool deck 9 aft 

3.00pm MOVIE: 'DARK HORSE'
An inspirational documentary of a group of friends from a working men's club who decide to take on the elite 'sport of kings' and breed themselves a racehorse. Starring Jan Voxes, Brian Vokes, Howard Davies, Angela Davies. Rated: PG.
(Repeated continuously tomorrow on Channel 22 from 12.00pm)
Royal Court Theatre, Decks 1, 2 & 3 (Duration: 87 minutes)

3.00pm ARTHRITIS SOLUTIONS
Chinese medicine is a proven and complete medical system that is effective for pain, digestive problems and stress. Stop by the spa to find out how it can help you feel better.
Royal Spa, Deck 9, Forward

3.00pm HOSTESS CORNER: NEEDLEWORK & KNITTING
Bring your own knitting and needlework projects for an informal gathering with Social Hostess Janice.
Yacht Club, Deck 10, Forward (until 3.45pm)

3.00pm SNOWBALL JACKPOT BINGO
Tickets are on sale from 10.00am at the Casino cash desk, Deck 2.
Golden Lion Pub, Deck 2, Forward

3.00pm PHOTOSHOP ELEMENTS: ADVANCED REPAIRS & EFFECTS
Booking required via Purser's office, or iStudy Manager, a nominal fee of \$15 applies.
ConneXions 1, Deck 1 Grand Lobby (until 4.00pm)


3.15pm CROQUET COMPETITION
Deck 11, A Stairway 

3.30pm QUEENS ROOM AFTERNOON TEA
Featuring Pianist Davis Crathorne.
Queens Room, Deck 2, Midships (until 4.30pm)

4pm

4.00pm RELIEVING FLUID RETENTION
Come along to this very educational seminar about how to treat these symptoms.
Royal Spa, Deck 9, Forward (until 5.00pm)

4.00pm FITNESS: PILATES CLASS
Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

4.15pm AFTERNOON TRIVIA
With a member of the Entertainment Team.
Golden Lion Pub, Deck 2, Forward 

4.30pm HOOPLAH COMPETITION
Deck 10, B Stairway 

5pm

5.00pm FRIENDS OF DOROTHY
Commodore Club, Deck 10, Forward, Starboard Side (until 6.00pm)

5.00pm ELIMINATE PUFFY EYES AND DARK CIRCLES
Free Collagen Eye treatment for all that attend.
Royal Spa, Deck 9, Forward (until 6.00pm)

5.00pm FRIENDS OF BILL W
Admiral's Lounge, Deck 10 (until 6.00pm)

5pm

5.00pm FITNESS: STRETCH AND RELAX
Royal Spa Fitness Centre, Deck 9

5.15pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until 6.00pm)

5.30pm HARPIST LARA SZABO
Midships Bar, Deck 3 (until 6.30pm)

6pm

6.45pm HARPIST LARA SZABO
Cafe Carinthia, Deck 2, Grand Lobby (until 7.30pm)

7pm


7.00pm PICTURE THIS
Golden Lion Pub, Deck 2, Forward 

7.30pm PIANO ENTERTAINER GRAHAM WELLARD
Commodore Club, Deck 10, Forward (until 8.30pm)

7.45pm HARPIST LARA SZABO
Cafe Carinthia, Deck 2, Grand Lobby (until 8.30pm)

7.45pm BALLROOM & LATIN DANCE MUSIC
Queens Room, Deck 2 Midships (until 8.30pm)

8pm

8.00pm WIPEOUT TRIVIA
The trivia with a twist – will you keep all your points?
Golden Lion Pub, Deck 2, Forward 

8.30pm SHOWTIME: MARC OBERON
Royal Court Theatre, Decks 1, 2 & 3 Forward

8.45pm LIVE 2018 WORLD CUP QUALIFIER
Netherlands vs. France (satellite reception permitting)
Garden Lounge, Deck 9, Midships

9pm

9.15pm BALLROOM & LATIN DANCE MUSIC
Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Harry Nijcamp. Featuring vocalist Thomas Harris.
Queens Room, Deck 2 Midships (until 12.00am)

9.15pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until 9.45pm)

9.15pm 50's & 60's JUKEBOX WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until 9.45pm)

9.30pm JAZZ JAM
Featuring the Royal Court Theatre Orchestra.
Commodore Club, Deck 10, Forward (until 11.30pm)

9.30pm COCKTAIL PIANIST DAVID CRATHORNE
Midships Bar, Deck 3 (until 10.30pm)

9.45pm KARAOKE & PIANIST PAT PATTON
Golden Lion Pub, Deck 2, Forward (until late)

9.45am LIVE MUSIC WITH CHANGEZ
Yacht Club, Deck 10, Forward (until 10.30pm)

10pm

10.15pm THREE QUEENS RAFFLE
Empire Casino, Deck 2

10.30pm SHOWTIME: MARC OBERON
Royal Court Theatre, Decks 1, 2 & 3 Forward

10.30pm 50's & 60's JUKEBOX WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until 11.15pm)

10.30pm EOS STRING QUARTET
Midships Bar, Deck 3 (until 11.30pm)

11pm

11.15am LIVE MUSIC WITH CHANGEZ
Yacht Club, Deck 10, Forward (until 12.15am)

11.45pm BALLADS, BLUES AND BEYOND
With the Royal Court Theatre Orchestra & Graham Wellard
Commodore Club, Deck 10, Forward (until 12.30am)

12am

12.15am LATE NIGHT DANCING WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until late)