

Saturday 8 October 2016

At Sea

Sunrise 7.33am

Sunset 7.01pm



Daily Programme.

Time Change Notice.



Please be advised that early tomorrow morning, the ship's time will be SET FORWARD ONE HOUR. Please set your watches FORWARD before retiring this evening, Saturday 8 October.

From the Navigator.



Sailing out of Southampton yesterday Queen Elizabeth passed the Fawley Oil Refinery to starboard and then negotiated the Thorn Channel with a sharp turn to starboard and then back to port just before passing Cowes on the starboard side. Continuing out through the Solent, Portsmouth was visible to port shortly before we disembarked our local pilot near the famous Nab tower and set southerly and then south-westerly courses through the English Channel. Early this morning Queen Elizabeth rounded Ushant and altered course to the south west, thus beginning our transit of the Bay of Biscay. This typically takes around 18 hours, so we should be clear of the bay early tomorrow morning.

One Day to Go! Rolex Launch Seminar



We are pleased to announce the arrival of a very special collection of fine watches here on board. Join us tomorrow at 11.00am for the official launch Seminar of our range of Pre-owned Rolex watches from the leaders in fine watch restoration, Ponte Vecchio Time. Our Watch Experts will lead the seminar, telling you all you need to know about this exclusive range and the intricate restoration process each timepiece undergoes.

Tomorrow 9 October
At 11.00am Queens Room, Deck 2

Cunard Insights Lecture.

Nigel Vardy

"Is Modern Communication Destroying Adventure?"

At 11.00am

Philip Holt

"The Crowded Sky."

At 12.15pm

Royal Court Theatre, Decks 1, 2 & 3.

Port Presentation: Palma

Palma is a cosmopolitan and sophisticated city, situated along a magnificent bay.

High above, rugged Bellver Castle guards Palma as it has done for centuries. In between, you will find an abundance of superb shops, authentic tapas bars, cafés, restaurants, shady squares and fountain-ornamented gardens.

At 10.00am

Royal Court Theatre, Decks 1, 2 & 3.

Port Presentation: Piraeus

Piraeus is one of the largest cities in Greece and the gateway to countless historic sites, as well as many treasures, including the Acropolis and the Temple of Poseidon. With lots to see and do, Piraeus is a truly exciting port of call. Join James on a visual journey in the Royal Court Theatre.

At 2.00pm

Royal Court Theatre, Decks 1, 2 & 3.

Classical Concert Geoffrey Haydock, clarinet & Penelope Smith, pianist



Today's performance "This Musical World."
At 2.00pm Queens Room, Deck 2.

Tonight's Entertainment: 60s and 70s Rock n' Roll and Country Zach Wunningham.

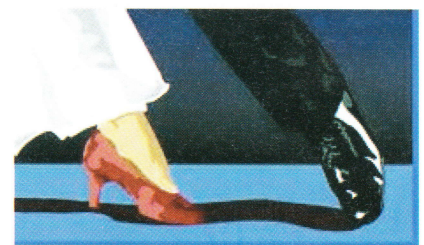


"Zach Wunningham hails from a tiny midwest farm town in the US. His passion for music started at a young age and has quickly transformed into a love of performing. He has been playing music professionally for over a decade on stages all across America, and is thrilled to be performing on this voyage and continuing his success." Presented by Entertainment Manager, Amanda Reid.

At 8.30pm & 10.30pm

Royal Court Theatre, Decks 1, 2 & 3.

Ballroom & Latin Dancing.



Dance to the Queens Room Orchestra in the majestic setting of our ballroom. Under the musical direction of Harry Nijcamp.

Featuring vocalist Thomas Harris.

9.15pm until late.

Queens Room, Deck 2, Midships.



Today's activities.

6am

6.00am GOOD MORNING QUEEN ELIZABETH

With Entertainment Manager Amanda Reid and guests (until 12.00pm). Followed by the Movie 'I Saw The Light' which will be repeated continuously throughout the day.
Stateroom TV, Channel 22

6.00am CUNARD INSIGHTS LECTURE

An opportunity to see a lecture presented by speaker, Henry Blofeld, Ross Friday and Ian Brennan from the previous voyage.
Stateroom TV, Channel 44 (repeated continuously)

6.00am LIVE F1 QUALIFYING RACE JAPAN GRAND PRIX

Garden Lounge, Deck 9, Midships

7am

7.00am FITNESS: STRETCH & RELAX

Royal Spa Fitness Centre, Deck 9

7.30am FITNESS: FAB ABS CLASS

Royal Spa Fitness Centre, Deck 9

8am

8.00am FITNESS: YOGA CLASS

Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9am

9.00am FITNESS: INDOOR CYCLING

Royal Spa Fitness Centre, Deck 9 (A fee applies.)

9.00am CROSSWORD PUZZLES & QUIZZES AVAILABLE

Library, Deck 2, Midships

9.30am BEGINNERS BRIDGE LESSON

Classes run in sequence.
Card Room, Deck 3, Midships (until 10.30am)

9.30am INTRODUCTION TO iSTUDY & THE SHIPS INTERNET

No booking required seats are on a first come first seated basis.
ConneXions 1, Deck 1 Grand Lobby. (until 10.30am)

9.30am DECK QUOITS COMPETITION

Deck 10, B Stairway



10am

10.00am SHIP'S TOUR

Join an Entertainment Host for a tour of the public rooms
Meet outside Golden Lion Pub, Deck 2 Midships

10.00am BLOODY MARY MORNING

Empire Casino, Deck 2 (until 11.00am)

10.00am PORT PRESENTATION: PALMA

Royal Court Theatre, Decks 1, 2 & 3

10.00am LINE DANCING

Hosted by the Cunard Dancers.
Queens Room, Deck 2, Midships

10.00am FITNESS: BODY SCULPT BOOT CAMP

Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

10.00am WATERCOLOUR ART CLASS

Art kits are available for \$35.00.
Britannia Restaurant, Deck 3, Aft

10.00am MORNING TRIVIA

Golden Lion Pub, Deck 2, Forward



10.00am ARTHRITIS & BACK PAIN SOLUTIONS

Acupuncture treats aches and pains from head to toe. Conducted by our internationally qualified Acupuncturist, Amanda.
Royal Spa, Deck 9, Forward

10.30am CLARENDON TEA AND COFFEE MORNING

Clarendon Fine Art Gallery, Deck 3, Midships (until 11.45am)

10.30am INTERMEDIATE BRIDGE LESSON

Card Room, Deck 3, Midships (until 11.30am)

10.30am THE ROYAL SPA RAFFLE

A chance to win our giveaway of \$500 of luxurious treatments. Your presence is required in order to claim the prize.
Royal Spa Fitness Centre, Deck 9, Forward (until 11.00am)

11am

11.00am SOCIAL GOLF TARGET

Golf Net Area, Deck 10, B Stairway (unhosted)

11am

11.00am HOW TO LOOK 10 YEARS YOUNGER

Get the natural-looking results and learn exactly how fillers and muscle relaxers work. Presented by facial specialist, Dr. Eduardo Ramirez.
Royal Spa, Deck 9, Forward

11.00am HOW TO INCREASE YOUR METABOLISM AT ANY AGE

Join our personal trainers and learn about what toxins are, how they affect your body and how you can detox your body and boost your health and energy.
Royal Spa Fitness Centre, Deck 9, Forward

11.00am INSIGHTS LECTURE: NIGEL VARDY

"Is modern communication Destroying Adventure?" The digital age has brought travel into a new era, as tweets and texts allow instant communication across the world, but is this harming adventure? A session to provoke questions about digital change. Is it really for the better?

Royal Court Theatre, Decks 1, 2 & 3

11.00am SIGN UP FOR FOIL FENCING

A beginners' fencing class. Spaces limited to 12 per class.
Queens Room, Deck 2 (until 11.45am)

11.00am SOLO TRAVELLER'S WELCOME

Meet Social Hostess Janice, for an informal get together.
Yacht Club, Deck 10, Forward

11.15am KILLER DARTS COMPETITION

With a member of the Entertainment Team.
Golden Lion Pub, Deck 2, Forward



12pm

12.00pm NAVIGATIONAL ANNOUNCEMENT

Information from the bridge over the public address system.

12.00pm LOW LIMIT GAMING

Empire Casino, Deck 2 (until 5.00pm)

12.00pm COMPLIMENTARY LADIES PAMPER PARTY

Join us for some "me time" In order to attend a reservations is required as there is limited space. Contact the Spa reception to book your attendance. Call 36001.
Yacht Club, Deck 10, Forward (until 12.45pm)

12.15pm INSIGHTS LECTURE: PHIL HOLT

"The Crowded Sky." To the casual observer, looking up on a summer's day, you see the white contrails and perhaps the inkling that there is a pattern to it. Who controls it? What are the systems and procedures? How will they keep on sharing out the airspace in "The Crowded Sky"? Phil draws on almost 40 years experience as a controller.
Royal Court Theatre, Decks 1, 2 & 3

12.15pm BALLROOM DANCE CLASS: CHA CHA

With international ballroom instructors Sergey and Olga.
Queens Room, Deck 2 (until 1.00pm)

12.30pm COMPLIMENTARY GAMING LESSONS

Empire Casino, Deck 2

12.30pm LIVE MUSIC WITH CHANGEZ

Lido Pool, Deck 9, Aft (until 1.15pm)

12.30pm COCKTAIL PIANIST PAT PATTON

Golden Lion Pub, Deck 2 (until 1.15pm)

1pm

1.00pm LEARN HOW TO REVITALISE YOUR LEGS

Always suffered from water retention? Need some relief? A seminar about how we can find relief with tired, swollen and puffy legs.
Royal Spa, Deck 9, Forward

1.00pm WATERCOLOUR ART CLASS

Art kits are available for \$35.00.
Britannia Restaurant, Deck 3, Aft

1.00pm QUEEN ELIZABETH HARMONY CHOIR

If you enjoy singing, harmonies and making new friends, come and join David for this fun event.
Yacht Club, Deck 10, Forward

2pm

2.00pm CLASSICAL CONCERT

Featuring Geoffrey Haydock & Penelope Smith, Clarinet & Pianoforte duo.
Queens Room, Deck 2, Midships

Tonight's Entertainment.

2pm

2.00pm SOCIAL BRIDGE, WHIST AND CHESS
ConneXions 2 & 3, Deck 3, Midships (until 4.00pm)

2.00pm GUESS THE MELODY
Yacht Club, Deck 10, Forward



2.00pm DUPLICATE BRIDGE TOURNAMENT
Card Room, Deck 3, Midships (until 4.00pm)



2.00pm RELIEVING BACK PAIN WITH GOOD FEET
Overcome lower back pain, aching shoulders, and foot problems with a few tips from our expert. Come along and receive a complimentary foot analysis to address your individual concerns.
Royal Spa Fitness Centre, Deck 9, Forward

2.00pm PORT PRESENTATION: PIRAEUS
Royal Court Theatre, Decks 1, 2 & 3

2.00pm SHORT-MAT BOWLS COMPETITION
Deck 11, A Stairway



2.00pm INTRODUCTION TO ACUPUNCTURE
Royal Spa, Deck 9, Forward

3pm

3.00pm QUIZZICAL CORNER
Lido Pool deck 9 aft



3.00pm MOVIE: 'DEAR ELEANOR'
Two teenage girls travel across the U.S. in 1962, during the chaos of the Cuban missile crisis, in search of Eleanor Roosevelt. Starring Isabelle Fuhrman, Liana Liberato, Jessica Alba, Josh Lucas, Luke Wilson. Rated: PG.
(Repeated continuously tomorrow on Channel 22 from 12.00pm)
Royal Court Theatre, Decks 1, 2 & 3 (Duration: 89 minutes)

3.00pm HOW TO LOSE UP TO 8 INCHES
Ionithermie: Offers wellness solutions for women and men. It is the first noninvasive detoxification, firming and toning treatment.
Royal Spa, Deck 9, Forward

3.00pm HOSTESS CORNER: NEEDLEWORK & KNITTING
Bring your own knitting and needlework projects for an informal gathering with Social Hostess Janice.
Cafe Carinthia, Deck 2, Grand Lobby (until 3.45pm)

3.00pm SNOWBALL JACKPOT BINGO
Tickets are on sale from 10.00am at the Casino cash desk, Deck 2.
Golden Lion Pub, Deck 2, Forward

3.00pm INTRODUCTION TO THE PHOTOSHOP WORKSHOPS
No booking required seats are on a first come first serve basis.
ConneXions 1, Deck 1 Grand Lobby (until 4.00pm)

3.15pm CROQUET COMPETITION
Deck 11, A Stairway



3.30pm QUEENS ROOM AFTERNOON TEA
Featuring Harpist Lara Szabo.
Queens Room, Deck 2, Midships (until 4.30pm)

4pm

4.00pm COLLAGEN BOOST FACE & BODY: THERMAGE
Seminar and complimentary Facial Rejuvenation consultations available with Dr. Luis.
Royal Spa, Deck 9, Forward (until 3.45pm)

4.00pm FITNESS: PILATES CLASS
Royal Spa Fitness Centre, Deck 9, Forward (A fee applies.)

4.15pm AFTERNOON TRIVIA
Golden Lion Pub, Deck 2, Forward



4.30pm BAGGO COMPETITION
Deck 10, B Stairway



5pm

5.00pm LIVE 2018 WORLD CUP QUALIFIER
England vs. Malta (satellite reception permitting)
Golden Lion Pub, Deck 2, Forward

5.00pm FRIENDS OF DOROTHY
Commodore Club, Deck 10, Forward, Starboard Side (until 6.00pm)

5pm

5.00pm FRIENDS OF BILL W
Admiral's Lounge, Deck 10 (until 6.00pm)

5.00pm FITNESS: LEGS, BUMS AND TUMS
Royal Spa Fitness Centre, Deck 9

5.30pm COCKTAIL PIANIST DAVID CRATHORNE
Midships Bar, Deck 3 (until 6.30pm)

6pm

6.45pm EOS STRING QUARTET
Cafe Carinthia, Deck 2, Grand Lobby (until 7.30pm)

7pm

7.00pm PICTURE THIS
Golden Lion Pub, Deck 2, Forward



7.30pm WELCOME ON BOARD PARTY
Clarendon Fine Art Gallery, Deck 3, Midships (until 8.15pm)

7.30pm PIANO ENTERTAINER GRAHAM WELLARD
Commodore Club, Deck 10, Forward (until 8.30pm)

7.45pm EOS STRING QUARTET
Midships Bar, Deck 3 (until 8.30pm)

7.45pm LIVE 2018 WORLD CUP QUALIFIER
Germany vs. Czech Republic (satellite reception permitting)
Garden Lounge, Deck 9, Midships

7.45pm RECORDED BALLROOM, LATIN & SEQUENCE DANCE MUSIC
Queens Room, Deck 2 Midships (until 8.30pm)

8pm

8.00pm WIPEOUT TRIVIA
With a member of the Entertainment Team.
Golden Lion Pub, Deck 2, Forward



8.30pm SHOWTIME: ZACH WINNINGHAM
Royal Court Theatre, Decks 1, 2 & 3 Forward

9pm

9.00pm YOUNG ADULTS GET TOGETHER
Meet fellow guests, ages 18 -25 for an informal get-together.
Yacht Club, Deck 10, Forward

9.15pm BALLROOM & LATIN DANCE MUSIC
Queens Room, Deck 2 Midships (until late)

9.15pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until 9.45pm)

9.15pm ABBA AND MORE WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until 9.45pm)

9.30pm PIANO ENTERTAINER GRAHAM WELLARD
Commodore Club, Deck 10, Forward (until 1.00am)

9.30pm COCKTAIL PIANIST DAVID CRATHORNE
Midships Bar, Deck 3 (until 10.30pm)

9.45pm MAJORITY RULES
The majority determine the right and wrong answers!
Golden Lion Pub, Deck 2, Forward

9.45pm LIVE MUSIC WITH CHANGEZ
Yacht Club, Deck 10, Forward (until 10.30pm)

10pm

10.30pm SHOWTIME: ZACH WINNINGHAM
Royal Court Theatre, Decks 1, 2 & 3 Forward

10.30pm PIANO ENTERTAINER PAT PATTON
Golden Lion Pub, Deck 2, Forward (until 9.45pm)

10.30pm ABBA AND MORE WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until 11.15pm)

10.30pm EOS STRING QUARTET
Midships Bar, Deck 3 (until 11.30pm)

11pm

11.15pm LIVE MUSIC WITH CHANGEZ
Yacht Club, Deck 10, Forward (until 12.15am)

12pm

12.15am LATE NIGHT DANCING WITH DJ CLAIRE
Yacht Club, Deck 10, Forward (until late)